

Our speaker will be Jared Mellinger, Senior Pastor at our sister church, Covenant Fellowship, in Glen Mills, PA. Jared will be sharing from his book, "Think Again: Relief from the Burden of Introspection".

We've entitled this retreat **GRACE and the Inner Voice**.

"Do you go to bed at night exhausted, with false guilt and real guilt jumbled together, with your heart and mind flooded with the experiences of the day, and with a general sense that you are failing in a lot of things?"

"Do you come away from times with others replaying what you said and how it must have sounded, and wondering what others think of you?"

"Do you find yourself constantly comparing yourself to others?"

We are very eager for this time together and how the Lord will use it to encourage and strengthen us as women.

