

## Accountability Question Lists

These are lists that people from Central have used and found helpful. They are meant to be used in small groups (5 or less people) that meet regularly. Please note there are four approaches below. Read through them and consider which works best for your group. If you have another awesome list to add [let us know!](#)

### List 1 - Developed by people in our church (from a man's perspective)

Since we met last...

1. Have you spent adequate time in personal Bible study and prayer?
2. Have you given priority time to your wife and family?
3. Have you faithfully used your spiritual gifts to build up Jesus' Kingdom?
4. Have you been honest and hard-working in your job?
5. Have you been with a woman anywhere that might be seen as compromising or had any inappropriate thoughts about women you know?
6. Have you exposed yourself to any sexually explicit material or masturbated?
7. Have you been giving tithes and offerings generously?
8. Have any of your financial dealings lacked integrity?
9. Is there anything else you need to confess or share?
10. Have you just lied to me?

### List 2 - Developed by people in our church

Since we met last...

1. Have you been a testimony this week to the greatness of Jesus Christ with both your words and actions?
2. Have you exposed yourself to sexually explicit material or allowed your mind to entertain inappropriate thoughts about someone who is not your spouse this week?
3. Have you lacked any integrity in your financial dealings this week, or coveted something that does not belong to you?
4. Have you been honoring, understanding and generous in your important relationships this past week?
5. Have you damaged another person by your words, either behind their back or face-to-face?
6. Have you given in to an addictive behavior this week? Explain.
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune so that you might excel?
9. Did you finish your reading this week and hear from the Lord? What are you going to do about it?
10. Have you been completely honest with me?

### List 3 - Developed by John Wesley for his “Holy Club”

John Wesley (1703–1791) was an 18th-century [Anglican](#) clergyman and Christian [theologian](#) who was an early leader in the [Methodist](#) movement.

After being educated at Christ Church College, Oxford, Wesley was ordained in 1725. Upon finishing his studies, Wesley remained at Oxford for a time to teach. At the University John became a member of a small group which had gathered round his brother [Charles Wesley](#). The group of Christians, which included [George Whitefield](#) and James Hervey, became known as the “Holy Club” or the “Oxford Methodists.”

These earnest young men caused a sensation at Oxford by frequently meeting together for Bible study, communion, and prayer. They were derisively referred to as the Holy Club, Sacramentarians, Bible moths (feeding on the Bible as moths on cloth), Bible bigots, and Methodists. John was called the curator or father of the Holy Club.

Reading them in light of romans 8:1 is not a bad idea – “Therefore, there now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death. For what the law was powerless to do in that it was weakened by the sinful nature, God did by sending His own Son in the likeness of sinful man to be a sin offering. (1-3).

Over 200 years ago, members of this club asked themselves these questions in their private devotions. Commit to reflecting on these questions as you spend time with the Lord, journal on them, and let this guide what you talk about when you meet.

1. Am I consciously or unconsciously creating the impression that I'm better than I really am? In other words, am I a hypocrite?
2. Am I honest in all my acts and words, or do I exaggerate?
3. Do I confidentially pass on what was told to me in confidence?
4. Can I be trusted?
5. Am I a slave to dress, friends, work or habits?
6. Am I self-conscious, self-pitying or self-justifying?
7. Did the Bible live in me today?
8. Do I give it time to speak to me everyday?
9. Am I enjoying prayer?
10. When did I last speak to someone else about my faith?
11. Do I pray about the money I spend?
12. Do I get to bed on time and get up on time?
13. Do I disobey God in anything?
14. Do I insist upon doing something about which my conscience is uneasy?
15. Am I defeated in any part of my life?
16. Am I jealous, impure, critical, irritable, touchy or distrustful?
17. How do I spend my spare time?
18. Am I proud?
19. Do I thank God that I am not as other people, especially as the Pharisees who despised the publican?
20. Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what I am doing about it?
21. Do I grumble or complain constantly?
22. Is Christ real to me?

## List 4 - Developed by renovare.org

Common Disciplines		
Tradition	Covenant Agreement	Accountability Questions
<b>Contemplative:</b> <b>The Prayer-filled life</b>	By God's grace, I will set aside time regularly for prayer, meditation, and spiritual reading and will seek to practice the presence of God.	In what ways had God made His presence known to you since our last meeting? What experiences of prayer, meditation, and spiritual reading has God given you? What difficulties or frustrations have you encountered? What joys and delights?
<b>Holiness:</b> <b>The Virtuous Life</b>	By God's grace, I will strive mightily against sin and will do deeds of love and mercy.	What temptations have you faced since our last meeting? How did you respond? Which spiritual disciplines has God used to lead you further into holiness of heart and life?
<b>Charismatic:</b> <b>The Spirit-Empowered Life</b>	By God's grace, I will welcome the Holy Spirit, exercising the gifts and nurturing the fruit while living in the joy and power of the Spirit.	Have you sensed any influence or work of the Holy Spirit since our last meeting? What spiritual gifts has the Spirit enabled you to exercise? What was the outcome? What fruit of the Spirit would you like to see increase in your life? What disciplines might be useful in this effort?
<b>Social Justice:</b> <b>The Compassionate Life</b>	By God's grace, I will endeavor to serve others everywhere I can and will work for justice in all human relationships and social structures.	What opportunities has God given you to serve others since our last meeting? How did you respond? Have you encountered any injustice to or oppression of others? Have you been able to work for justice and shalom?
<b>Evangelical:</b> <b>The Word-Centered Life</b>	By God's grace, I will share my faith with others as God leads and study the Scriptures regularly.	Has God provided an opportunity for you to share your faith with someone since our last meeting? How did you respond? In what ways have you encountered Christ in your reading of the Scriptures? How has the Bible shaped the way you think and live?
<b>Incarnational:</b> <b>The Sacramental Life</b>	By God's grace, I will joyfully seek to show forth the presence of God in all that I say, in all that I do, in all that I am.	In what ways have you been able to manifest the presence of God through your daily work since our last meeting? How has God fed and strengthened you through the ministry of word and sacrament?

\*Originally taken from [www.renovare.org](http://www.renovare.org)