SHAPE
Define your SHAPE for ministry.

HELP ME FIND MY MINISTRY FIT

Spiritual Gifts // Heart // Abilities // Personality // Experience

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Ephesians 2:10

canaan
BAPTIST CHURCH
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WHAT’S YOUR S.H.A.P.E. FOR MINISTRY?

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. Ephesians 2:10

You are God’s unique workmanship – the word can also be translated “masterpiece”—created and crafted for a purpose. What is that purpose? What are the good works that has God prepared for you? Discovering who God made you to be is an important step toward discerning what He intends for you to do. As Max Lucado says: “Can you be anything you want to be? I don’t think so. But can you be everything God wants you to be? I do think so. And you become that by discovering your uniqueness.”

This tool can help you discover your unique “SHAPE” for ministry. Your S.H.A.P.E. profile identifies five key factors that influence who you are. You can use this profile to help you discern the specific way God has designed you to make a difference in the world—your Kingdom purpose.

The ultimate goal of all this activity is to encourage and support you in living a life that draws people to Christ, serves people with the love of Christ, and brings glory to God.

INSTRUCTIONS:
Follow the directions for each section of the S.H.A.P.E. assessment. There are five sections plus an Assets and Opportunity Inventory (Appendix 1). You can also review the other optional resources in the Appendix.

After completing the profile, summarize your observations in the S.H.A.P.E. Profile Summary.

Turn in a copy of your finished profile to a pastor or the church office (keep a copy for yourself). We will contact you in the next few months to review your profile with you and to help you develop specific, immediate steps you can take on your journey toward a richer, more fulfilling relationship with Jesus Christ—that fits your unique S.H.A.P.E and God’s specific plan for your life.

If you have any questions about the S.H.A.P.E. tool or the overall process, please don’t hesitate to contact the church office to speak with a pastor. 314.487.1730 // info@canaanstl.org

The following page is a brief description of each section of the S.H.A.P.E. profile and how it is helpful in understanding your design for ministry.
S = SPIRITUAL GIFTS
“T o each one is given the manifestation of the Spirit for the common good.” (1 Peter 4:10)

What am I gifted to do?

A spiritual gift can be defined as: “an expression of the Holy Spirit in the life of believers which empowers them to serve in the body of Christ, the church” (Gene Wilkes, Jesus on Leadership). God has gifted you with an expression of His Holy Spirit to support the vision and mission of His church. Spiritual gifts are not the same as natural talents or personality traits, though these can overlap. The main difference is that spiritual gifts are always used for the benefit of others, not your own enrichment or enjoyment.

Scripture identifies a number of specific gifts (Romans 12:6-8; 1 Corinthians 12:8-10, 28-30; Ephesians 4:11; and 1 Peter 4:9-11). Descriptions are included in the section on spiritual gifts.

H = HEART
“For where your treasure is, there your heart will be also.” (Matthew 6:21)

What am I passionate about doing?

The Bible uses the term heart to represent the center of one’s motivation, desires and inclinations. Each of us has a “ministry heartbeat” that quickens to different things. Our heart is a driving force in our life. We tend to focus our energies on what we most deeply care about and love to do. The “Heart” section of this tool looks at three areas of passion: Activities, People, and Causes.

A = ABILITIES
“I [God] have filled him with the Spirit of God, with skill, ability and knowledge in all kinds of crafts.” (Exodus 31:3)

What am I good at doing?

God gives everyone natural abilities and talents. You also learn skills through your vocation, home-based responsibilities or hobbies. What can you do with competence and confidence? What are your strengths in relation to working with others and accomplishing goals? This tool looks at two types of abilities: Actions (tasks) and Aptitudes (qualities). Pay special attention to your “Motivated Abilities” – things you both are capable of doing and enjoy doing.

P = PERSONALITY
“Mary sat at the Lord’s feet listening to what he said. But Martha was distracted by all the preparations that had to be made.” (Luke 10:39-40)

What am I best suited to do?

God has created each individual with a unique temperament. The sisters Mary and Martha illustrate how people are wired differently—for example, Mary was relational, Martha was task-oriented. Your personality reflects how you relate to others, how you make decisions, what preferences guide your response to ministry opportunities. You were designed to serve in a certain style. Understanding how God has designed your personality will help you remain motivated and enable you to serve to your greatest potential.

E = EXPERIENCE
“Now I want you to know that what has happened to me has really served to advance the gospel.” (Philippians 1:12)

What has my life history prepared me to do?

Your past experiences have helped to shape your character, hone your abilities and influence your desire to serve. This is especially true of your painful experiences and problems you have overcome with God’s help. Our most powerful witness comes out of our weaknesses, rather than our strengths (2 Corinthians 1:3-4, 11:30, 12:9-10). God wants you to be open to ministering to people who are walking through the same valley you have already passed through! This tool will ask you to consider what life experiences could translate into fruitful ministry.
S.H.A.P.E. MINISTRY PROFILE SUMMARY

Name: ___________________________ Date ___________________

Please give a copy of your completed profile to a pastor or the church office.

**S = Spiritual Gifts** The gift(s) that the Holy Spirit has given me to use in ministry (write in your three main areas of giftedness)

1. ___________________________ 2. ___________________________ 3. ___________________________

**H = Heart (Passion)** My core motivations; what I most deeply care about and love to do

**Causes** — I feel strongly about: (write in your top three areas of passion)

1. ___________________________ 2. ___________________________ 3. ___________________________

**People** — I am most drawn to be with or work with: (write in your top three people groups)

1. ___________________________ 2. ___________________________ 3. ___________________________

**Activities** — How I love to spend my time: (write in your top three activities)

1. ___________________________ 2. ___________________________ 3. ___________________________

**A = Abilities** My God-given talents, skills and qualities

**Actions** — I have the skills to work in the area of … (identify all of your “motivated abilities”)

________________________________________________________________________

________________________________________________________________________

**Aptitudes** — I am naturally good at: (identify all of your ministry qualities)

________________________________________________________________________

________________________________________________________________________

**P = Personality** The manner in which I serve to my greatest potential

Check the box(es) that correspond to your main personality style:

- ☐ Task Unstructured
- ☐ Task Structured
- ☐ People Unstructured
- ☐ People Structured

**E = Experiences** Ways my life story has prepared me for ministry

Summarize the ways your past has equipped you, energized you, or influenced you for ministry:

________________________________________________________________________

________________________________________________________________________
**PART I. SPIRITUAL GIFTS — What are you gifted to do?**

Every Christian receives spiritual gifts from the Holy Spirit, to be used to benefit others and glorify God. Some gifts are only revealed in action as you become involved in ministry. Other gifts can be discovered through a discernment process, such as this Spiritual Gifts Survey.

**DIRECTIONS**

The survey consists of 80 statements. Some items reflect concrete actions; some are descriptive traits; and others are statements of belief. This is not a test, so there are no wrong answers!

For each item, select the one response you feel best characterizes yourself. Record your answer in the blank beside each item.

Work at your own pace, but try not to spend too much time on any one item. Usually your immediate response is best.

Please give an answer for each item. Do not skip any items.

Do not ask others how they are answering or how they think you should answer.

**YOUR RESPONSE CHOICES ARE:**

5 — Highly characteristic of me / definitely true for me
4 — Most of the time this would describe me / be true for me
3 — Frequently characteristic of me / true for me—about 50 percent of the time
2 — Occasionally characteristic of me / true for me—about 25 percent of the time
1 — Not at all characteristic of me / definitely untrue for me

____ 1. I have the ability to organize ideas, resources, time, and people effectively.
____ 2. I am willing to study and prepare for the task of teaching.
____ 3. I am able to relate the truths of God to specific situations.
____ 4. I have a God-given ability to help others grow in their faith.
____ 5. I possess a special ability to communicate the truth of salvation.
____ 6. I have the ability to make critical decisions when necessary.
____ 7. I am sensitive to the hurts of people.
____ 8. I experience joy in meeting needs through sharing possessions.
____ 9. I enjoy studying.
10. I have delivered God’s message of warning and judgment.
11. I am able to sense the true motivation of persons and movements.
12. I have a special ability to trust God in difficult situations.
13. I have a strong desire to contribute to the establishment of new churches.
14. I take action to meet physical and practical needs rather than merely talking about or planning to help.
15. I enjoy entertaining guests in my home.
16. I can adapt my guidance to fit the maturity of those working with me.
17. I can delegate and assign meaningful work.
18. I have an ability and desire to teach.
19. I am usually able to analyze a situation correctly.
20. I have a natural tendency to encourage others.
21. I am willing to take the initiative in helping other Christians grow in their faith.
22. I am acutely aware of other people’s emotions, such as loneliness, pain, fear, or anger.
23. I am a cheerful giver.
24. I spend time digging into facts.
25. I feel that I have a message from God to deliver to others.
26. I can recognize when a person is genuine/honest.
27. I am a person of vision (a clear mental portrait of a preferable future given by God). I can communicate vision in such a way that others commit to making the vision a reality.
28. I am willing to yield to God’s will rather than question and waver.
29. I would like to be more active in getting the gospel to people in other lands.
30. It makes me happy to do things for people in need.
31. I am successful in getting a group to do its work joyfully.
32. I am able to make strangers feel at ease.
33. I have the ability to plan learning approaches.
34. I can identify those who need encouragement.
35. I have trained Christians to be more obedient disciples of Christ.
36. I am willing to do whatever it takes to see others come to Christ.
37. I am attracted to people who are hurting.
38. I am a generous giver.
39. I am able to discover new truths.
40. Scripture gives me spiritual insights about issues and people, compelling me to speak out.
41. I can sense when a person is acting in accord with God’s will.
42. I can trust in God even when things look dark.
43. I can determine where God wants a group to go and help it get there.
44. I have a strong desire to take the gospel to places where it has never been heard.
45. I enjoy reaching out to new people in my church and community.
46. I am sensitive to the needs of people.
47. I have been able to make effective, efficient plans for accomplishing the goals of a group.
48. I often am consulted when fellow Christians are struggling to make difficult decisions.
49. I think about how I can comfort and encourage others in my congregation.
50. I am able to give spiritual direction to others.
51. I am able to present the gospel to lost persons in such a way that they accept the Lord and His salvation.
52. I possess an unusual capacity to understand the feelings of those in distress.
53. I have a strong sense of stewardship based on the recognition that God owns all things.
54. I have delivered to other people messages that have come directly from God.
55. I can sense when a person is acting under God’s leadership.
56. I am not afraid to take risks if it moves God’s work forward.
57. I feel that I should take the gospel to people who have different beliefs from me.
58. I have an acute awareness of the physical needs of others.
59. I am skilled in setting forth positive and precise steps of action.
60. I like to meet visitors at church and make them feel welcome.
61. I explain Scripture in such a way that others understand it.
62. I can usually see spiritual solutions to problems.
63. I welcome opportunities to offer comfort, consolation, encouragement or counseling.
64. I feel at ease in sharing Christ with nonbelievers.
65. I can influence others to perform to their highest God-given potential.
66. I recognize the signs of stress and distress in others.
67. I desire to give generously and unpretentiously to worthwhile projects and ministries.
68. I can organize facts into meaningful relationships.
69. God gives me messages to deliver to His people.
70. I can sense whether people are being honest when they tell of their religious experiences.
71. I enjoy presenting the gospel to persons of other cultures and backgrounds.
72. I enjoy doing little things that help people.
73. I can give a clear, uncomplicated presentation.
74. I have been able to apply biblical truth to the specific needs of my church.
75. God has used me to encourage others to live Christ-like lives.
76. I have sensed the need to help other people become more effective in their ministries.
77. I like to talk about Jesus to those who do not know Him.
78. I have the ability to make strangers feel comfortable in my home.
79. I have a wide range of study resources and know how to secure information.
80. It is not a struggle for me to truly believe that with God, everything is possible.
SCORE YOUR SURVEY

Follow these directions to figure your score for each spiritual gift. See Appendix 2 for a description of each spiritual gift.

1. Place in each box your response (1-5) to the item number indicated below the box.

2. For each gift, add the numbers in the boxes and put the total in the TOTAL box.

<table>
<thead>
<tr>
<th>Spiritual Gift</th>
<th>RESPONSES (1-5) FOR EACH ITEM NUMBER</th>
<th>TOTALS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leadership</td>
<td>6 + 16 + 27 + 43 + 65</td>
<td></td>
</tr>
<tr>
<td>Administration</td>
<td>1 + 17 + 31 + 47 + 59</td>
<td></td>
</tr>
<tr>
<td>Teaching</td>
<td>2 + 18 + 33 + 61 + 73</td>
<td></td>
</tr>
<tr>
<td>Knowledge</td>
<td>9 + 24 + 39 + 68 + 79</td>
<td></td>
</tr>
<tr>
<td>Wisdom</td>
<td>3 + 19 + 48 + 62 + 74</td>
<td></td>
</tr>
<tr>
<td>Prophecy</td>
<td>10 + 25 + 40 + 54 + 69</td>
<td></td>
</tr>
<tr>
<td>Discernment</td>
<td>11 + 26 + 41 + 55 + 70</td>
<td></td>
</tr>
<tr>
<td>Exhortation</td>
<td>20 + 34 + 49 + 63 + 75</td>
<td></td>
</tr>
<tr>
<td>Shepherding</td>
<td>4 + 21 + 35 + 50 + 76</td>
<td></td>
</tr>
<tr>
<td>Faith</td>
<td>12 + 28 + 42 + 56 + 80</td>
<td></td>
</tr>
<tr>
<td>Evangelism</td>
<td>5 + 36 + 51 + 64 + 77</td>
<td></td>
</tr>
<tr>
<td>Apostleship</td>
<td>13 + 29 + 44 + 57 + 71</td>
<td></td>
</tr>
<tr>
<td>Service/Helps</td>
<td>14 + 30 + 46 + 58 + 72</td>
<td></td>
</tr>
<tr>
<td>Mercy</td>
<td>7 + 22 + 37 + 52 + 66</td>
<td></td>
</tr>
<tr>
<td>Giving</td>
<td>8 + 23 + 38 + 53 + 67</td>
<td></td>
</tr>
<tr>
<td>Hospitality</td>
<td>15 + 32 + 45 + 60 + 78</td>
<td></td>
</tr>
</tbody>
</table>
1. For each gift, place a mark across the bar at the point that corresponds to your TOTAL for that gift.

2. For each gift, shade the bar below the mark that you have drawn.

3. The resultant graph gives a picture of your gifts. Gifts for which the bars are tall are the ones in which you appear to be strongest.

4. Write down your three main areas of spiritual giftedness:

   
   
   

“Spiritual Gifts” reflection question:
1 Corinthians 12:7 says: “Now to each one the manifestation of the Spirit is given for the common good.” I can imagine using my spiritual gifts to build up the body of Christ by...

[Materials in this section were adapted by permission from LifeWay Christian Resources]
PART II. HEART — What are you passionate about doing?

This section considers your core motivation—what you most deeply care about and love to do. The “Heart” survey includes three areas of passion: Causes, People, and Activities.

A. CAUSES

What issues or concerns do you care most deeply about? Choose any of the following causes that you may feel led to champion.

I feel strongly about...

- Abortion / sanctity of life
- Abuse / violence
- Addiction recovery
- At-risk children & youth
- Bereavement / grief
- Counseling
- Crisis pregnancy / abstinence
- Disabilities / Special Olympics
- Disaster relief
- Divorce recovery
- Education / public schools
- Elder care
- Environment
- Evangelism / discipleship
- Financial management
- Health / fitness
- HIV/AIDS
- Homelessness / housing
- Internationals / refugee
- Jobs / economic development
- Justice / legal system
- Local political issue:
- Marriage / family / relationships
- Missions – general
- Missions - church plants
- Missions – region:
- Parenting / foster care / adoption
- Poverty / hunger
- Public housing / low-income neighborhoods
- Prison ministry/families of prisoners/former offenders
- Racial reconciliation / multicultural relationships
- Ministering to my co-workers/classmates/other contacts
- Ministering to my neighbors / community
- Prostitution / sex trafficking / slavery
- Shut-ins / hospitalized
- Worship
- Intercessory prayer
- International affairs / global needs
- Other: ________________

“Heart for Causes” reflection question: At the end of my life, I'd love to be able to look back and know that I'd done something about...
B. PEOPLE
Which people groups / stages of life do you feel drawn to the most, or connect with the best?

I love to be with or work with...

- Infants
- Toddler / preschool children
- Elementary children
- Middle school students
- High school students
- College/early career
- Young adults / young marrieds

- Singles
- Single parent families
- Empty nesters
- Older adults
- Women
- Men
- Other: _______________________

“Heart for People” reflection question: If I knew for sure that my involvement could make a difference for a specific group of people, I would choose to have an impact on...

C. ACTIVITIES
What do you most love to do? What activity recharges your batteries and picks you up when you are low? What are you doing when you feel most alive? Identify up to five activities that you really enjoy. Don’t worry about whether these activities seem “spiritual” enough – just be honest. (Some examples: sports, movies, music, gardening, quiet evenings at home with the family, going out with friends, being outdoors, video games, reading, using new digital gadgets.)

I love to spend time...

1. ________________________________
2. ________________________________
3. ________________________________
4. ________________________________
5. ________________________________

“Heart for Activities” reflection question: If I could engage in a particular activity in such a way that it was a service or witness to others, I would be enthusiastic about...
PART III. ABILITIES — What are you good at doing?

DIRECTIONS
This section looks at your God-given abilities, whether inborn talents, learned skills or professional qualifications. The survey is in two parts: Actions (tasks you can do) and Aptitudes (qualities of character). Be honest, not modest!

A. ACTIONS
What are you able to do with competence and confidence?

I have the skills to work in the area of...

- Accounting / budgeting
- Building maintenance / repairs
- Business leadership / entrepreneurship
- Crafts
- Childcare / children’s activities
- Coaching / sports
- Computers / technology
- Construction / woodworking
- Consulting
- Cooking / meal planning
- Counseling / mental health
- CPR / lifeguarding
- Crisis intervention / paramedic
- Dance
- Data input / database management
- Decorating / interior design / beautification
- Desktop publishing / newsletters
- Elder care
- Electrical / mechanical
- Engineering
- English as a Second Language instruction
- Events planning
- Foster / adoptive parenting
- Fundraising / resourcing
- Graphics / creative design
- Heavy machinery or equipment
- Janitorial / cleaning
- Job training / placement
- Landscaping / gardening
- Language translation / sign language
- Legal / law enforcement
- Management / human resources
- Medical / dental
- Music
- Nutrition / public health
- Outdoors activities
- Phones / reception / office work
- Photography / videography
- Project management / administration
- Public relations / marketing
- Public speaking
- Real estate / surveying
- Sales
- Sewing / quilting
- Social work
- Teaching / training / mentoring
- Team leadership / group facilitation
- Theater
- Typing / transcription
- Vehicle maintenance / repairs
- Visual arts
- Welcoming / hosting
- Writing / editing
- Other: ____________________

NOW...go back over the boxes you checked and CIRCLE the activities that you genuinely enjoy doing, or find particularly meaningful. These are your "Motivated Abilities." (Just because you can do something doesn’t mean you want to do it!)
## B. APTITUDES

What qualities connected with ministry come naturally to you, or are an ingrained part of your character? These qualities relate to working with others to build a team or accomplish a goal.

### I am naturally good at ...

<table>
<thead>
<tr>
<th>Analyzing / strategizing</th>
<th>Motivating / influencing</th>
<th>Planning / developing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communicating / summarizing</td>
<td>Negotiating / problem-solving</td>
<td>Recruiting / mobilizing</td>
</tr>
<tr>
<td>Connecting / networking</td>
<td>Organizing / systematizing</td>
<td>Managing / maintaining</td>
</tr>
<tr>
<td>Coordinating / facilitating</td>
<td>Implementing / following through</td>
<td>Supervising / overseeing</td>
</tr>
<tr>
<td>Nurturing / supporting</td>
<td>Listening / reflecting</td>
<td>Evaluating / assessing</td>
</tr>
<tr>
<td>Leading / directing</td>
<td>Visioning / pioneering</td>
<td>Improving / adapting</td>
</tr>
<tr>
<td>Learning / researching</td>
<td>Other: ____________________</td>
<td></td>
</tr>
</tbody>
</table>

**“Abilities” reflection question:** If I was given unlimited time and resources, and I knew I wouldn’t fail, how would I use my abilities to have a significant ministry impact?

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________
PART IV. PERSONALITY — What am I best suited to do?

Each person is wired with a unique personality that affects both what you do and how you do it. Personality styles are not right or wrong, better or worse—they are all part of God’s design for variety and balance (1 Corinthians 12:14-20).

To demonstrate the importance of working with—not against—your personality, try this: First, write your name. Then write your name again using your opposite hand. Most likely, you could do it, but it felt uncomfortable and took more time and effort. It didn’t feel natural. Similarly, you will serve with greater motivation and effectiveness when you find a good match for your temperament.

Because personalities are so complex, there are multiple ways they could be described. This Personality Survey looks at two factors: how you are energized, and how you are organized. (See Appendix 3 for another helpful—and fun—personality profile.)

DIRECTIONS

• For each item, circle the number you think best describes your preference or tendency in most situations. If you see yourself as a blend of both options, select “3.”

• Do not answer according to what you feel is expected by a spouse, family member, employer, friend, etc.

• Select the option that would come most naturally to you if you could freely express yourself with no restrictions or consequences.

• Add up the circled numbers in each list and write them in the blank beside “Total.”

<table>
<thead>
<tr>
<th>HOW ARE YOU ENERGIZED?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I am more comfortable... Doing things for people</td>
</tr>
<tr>
<td>2. When doing a task, I tend to... Focus on the goal</td>
</tr>
<tr>
<td>3. I get more excited about... Advancing a cause</td>
</tr>
<tr>
<td>4. I feel I have accomplished something when I've Gotten a job done</td>
</tr>
<tr>
<td>5. It is more important to start a meeting... On time</td>
</tr>
<tr>
<td>6. I am more concerned with... Meeting a deadline</td>
</tr>
<tr>
<td>7. I place a higher value on... Action</td>
</tr>
</tbody>
</table>

How are you energized? TOTAL ____________ = E for Energized
## HOW ARE YOU ORGANIZED?

<table>
<thead>
<tr>
<th>Question</th>
<th>Option 1</th>
<th>Option 2</th>
<th>Option 3</th>
<th>Option 4</th>
<th>Option 5</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. In my free time, I prefer to...</td>
<td>Be spontaneous</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. I prefer guidelines that are...</td>
<td>General</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. I prefer to...</td>
<td>Leave my options open</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. I prefer projects that have...</td>
<td>Variety</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. I like to...</td>
<td>Play it by ear</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. I find routine...</td>
<td>Boring</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. I accomplish tasks best...</td>
<td>By working it out as I go</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

**How are you organized?**

**TOTAL =** O for Organized

---

## TABULATE YOUR PERSONALITY PROFILE

- On the “How you are energized” number line below, **CIRCLE** the number that corresponds to your “E” total.

- On the “How you are organized” number line, **CIRCLE** the number that corresponds to your “O” total.

- Your Personality Style is indicated by the terms found beneath your scores. **CIRCLE** the term that fits you.

### HOW YOU ARE ENERGIZED...

<table>
<thead>
<tr>
<th>TASK</th>
<th>PEOPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>8</td>
</tr>
<tr>
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### HOW YOU ARE ORGANIZED...

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UNDERSTANDING YOUR PERSONALITY PROFILE

Now look at the typology below and check the box where you find your Energized/Organized descriptions are paired together. (Some people may be a blend of types.)

<table>
<thead>
<tr>
<th>TASK UNSTRUCTURED</th>
<th>PEOPLE UNSTRUCTURED</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Guidelines</td>
<td>Spontaneous Situations</td>
</tr>
<tr>
<td>Versatile</td>
<td>Relates Well to Others</td>
</tr>
<tr>
<td>Helps Wherever Needed</td>
<td>Very Conversational</td>
</tr>
<tr>
<td>Likes Tangible Results</td>
<td>Tends to be Flexible</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TASK STRUCTURED</th>
<th>PEOPLE STRUCTURED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Getting the Job Done</td>
<td>Defined Relationships</td>
</tr>
<tr>
<td>Prefers to Follow an Agenda</td>
<td>Projects Warmth</td>
</tr>
<tr>
<td>Focused on Results</td>
<td>Familiar Surroundings</td>
</tr>
<tr>
<td>Appreciates Clear Direction</td>
<td>Enjoys Familiar Relationships</td>
</tr>
</tbody>
</table>

Look over the characteristics of your personality style carefully. Not only is it important that you understand yourself—both your abilities and your limitations, but when partnering with others in ministry, it is also important that they have an idea and understanding about what enables you to function at your best. It further helps if you can learn some of the same things about them.

“Personality” reflection question: Given my personality picture that has emerged from this survey, a ministry context that would be a good fit for my temperament is…

A ministry context that would NOT suit my temperament is…
PART V. EXPERIENCE — What has my life history prepared me to do?

Who you are today is, in part, the product of all your yesterdays. God uses your life experiences—even (or especially) the painful ones—to prepare you to share God’s transforming love and grace with others. As we read in 2 Corinthians 1:3-4, “Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.”

The questions below can help you consider how your life experiences could translate into fruitful ministry. In addition, the Ministry Experience Questionnaire is provided in Appendix 4.

DIRECTIONS

Fill in your responses to the following questions, to the extent that they relate to you.

A. Because of rewarding ministry experiences that I have had (or heard others share about), I am eager to...

B. Because of difficult ministry experiences that I have had (or heard others share about), I need to confront my fears, resistance or resentment about...

C. Because of ministry-related training that I have received (from the church or an outside source), I am especially equipped for...

D. Because of things that have happened to me or to people I am close to, I have special empathy or concern for...

E. Because of my personal faith story and experiences with Christ, I can connect spiritually in a meaningful way with people who...
**APPENDIX 1: MINISTRY ASSETS AND OPPORTUNITIES INVENTORY**

“Here is a boy with five small barley loaves and two small fish, but how far will they go among so many?” (John 6:9)  
“Love your neighbor as yourself.” Mark 12:31

This worksheet will help you take inventory of what you have to offer the Lord to use in ministry with neighbors who need to encounter God’s love. Remembering the miracle of the five loaves and two fishes (John 6:5–14), prayerfully think through what you can offer to Jesus to multiply in Kingdom service. Then identify those whom God has brought into your life as a neighbor. Each relationship represents an opportunity for sharing God’s love.

**I. WHAT DO YOU HAVE TO OFFER?** (Try to give at least 3 responses for each category)

1. **Material resources** that you have that could be used to bless others (e.g. car, sports equipment, back yard):

   ________________________________________________________________

   ________________________________________________________________

   ________________________________________________________________

2. **Connections** you have with influential people or institutions (e.g. employers, professional networks, colleges):

   ________________________________________________________________

   ________________________________________________________________

   ________________________________________________________________

**II. WHO IS YOUR NEIGHBOR?** (Try to give at least 3 responses for each category)

1. **People** you know who need to experience Jesus’ love for the first time or in a deeper way (e.g. neighbors, coworkers, friends):

   ________________________________________________________________

   ________________________________________________________________

   ________________________________________________________________

2. **People** you’ve recently observed needing help in some way (e.g. child care, financial struggle, family crisis):

   ________________________________________________________________

   ________________________________________________________________

   ________________________________________________________________

3. **Service organizations** where you have a connection or an interest (e.g. nursing home, pregnancy clinic, homeless shelter):

   ________________________________________________________________

   ________________________________________________________________

   ________________________________________________________________

4. **Schools** where you have a connection or an interest (e.g., your child’s school, the elementary school in your neighborhood)

   ________________________________________________________________

   ________________________________________________________________

   ________________________________________________________________
APPENDIX 2: DESCRIPTION OF SPIRITUAL GIFTS

A spiritual gift can be defined as an expression of the Holy Spirit in the life of believers which empowers them to serve in the body of Christ. The New Testament gives us representative lists of gifts and roles God has given to the church (see Romans 12:6–8; 1 Corinthians 12:8–10, 28–30; Ephesians 4:11; and 1 Peter 4:9–11). A definition of these gifts follows.

- **Leadership** — Leadership aids the body by leading and directing members to accomplish the goals and purposes of the church. Leadership motivates people to work together in unity toward common goals (Rom. 12:8).

- **Administration** — Persons with the gift of administration lead the body by steering others to remain on task. Administration enables the body to organize according to God-given purposes and long-term goals (1 Cor. 12:28).

- **Teaching** — Teaching is instructing members in the truths and doctrines of God’s Word for the purposes of building up, unifying, and maturing the body (1 Cor. 12:28; Rom. 12:7; Eph. 4:11).

- **Knowledge** — The gift of knowledge manifests itself in teaching and training in discipleship. It is the God-given ability to learn, know, and explain the precious truths of God’s Word. A word of knowledge is a Spirit-revealed truth (1 Cor. 12:28).

- **Wisdom** — Wisdom is the gift that discerns the work of the Holy Spirit in the body and applies His teachings and actions to the needs of the body (1 Cor. 12:28).

- **Prophecy** — The gift of prophecy is proclaiming the Word of God boldly. This builds up the body and leads to conviction of sin. Prophecy manifests itself in preaching and teaching (1 Cor. 12:10; Rom. 12:6).

- **Discernment** — Discernment aids the body by recognizing the true intentions of those within or related to the body. Discernment tests the message and actions of others for the protection and well-being of the body (1 Cor. 12:10).

- **Exhortation** — Members with this gift encourage others to be involved in and enthusiastic about the work of the Lord. They are good counselors and motivate others to service. Exhortation exhibits itself in preaching, teaching, and ministry (Rom. 12:8).

- **Shepherding** — The gift of shepherding is manifested in persons who look out for the spiritual welfare of others. Although pastors, like shepherds, do care for members of the church, this gift is not limited to a pastor or staff member (Eph. 4:11).

- **Faith** — Faith trusts God to work beyond the human capabilities of the people. Believers with this gift encourage others to trust in God in the face of apparently insurmountable odds (1 Cor. 12:9).

- **Evangelism** — God gifts His church with evangelists to lead others to Christ effectively and enthusiastically. This gift builds up the body by adding new members to its fellowship (Eph. 4:11).

- **Apostleship** — The church sends apostles from the body to plant churches or be missionaries. Apostles motivate the body to look beyond its walls in order to carry out the Great Commission (1 Cor. 12:28; Eph. 4:11).

- **Service/Helps** — Those with the gift of service/helps recognize practical needs in the body and joyfully give assistance to meeting those needs. Christians with this gift do not mind working behind the scenes (1 Cor. 12:28; Rom. 12:7).

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3 Adapted by permission from Gene Wilkes, Jesus on Leadership (LifeWay Christian Resources 1998).
• **Mercy** — Cheerful acts of compassion characterize those with the gift of mercy. Persons with this gift aid the body by empathizing with hurting members. They keep the body healthy and unified by keeping others aware of the needs within the church (*Rom. 12:8*).

• **Giving** — Members with the gift of giving give freely and joyfully to the work and mission of the body. Cheerfulness and liberality are characteristics of individuals with this gift (*Rom. 12:8*).

• **Hospitality** — Those with this gift have the ability to make visitors, guests, and strangers feel at ease. They often use their home to entertain guests. Persons with this gift integrate new members into the body (*1 Pet. 4:9*).
## APPENDIX 3: DISCOVER YOUR PERSONALITY TYPE

Check **one adjective per line** that you think best describes you.

| 5. Refreshing| 5. Resourceful | 5. Respectful  | 5. Reserved  |
| 17. Lively  | 17. Leader    | 17. Loyal    | 17. Listener |
| 32. Talkative | 32. Tactless  | 32. Too-sensitive | 32. Timid |
| 33. Disorganized | 33. Domineering | 33. Depressed | 33. Doubtful |
| 34. Inconsistent | 34. Intolerant | 34. Introvert | 34. Indifferent |
| 37. Loud    | 37. Lord over others | 37. Loner | 37. Lazy |
| 38. Scatterbrained | 38. Short-tempered | 38. Suspicious | 38. Sluggish |

To score, count your check marks in each column and write your totals at the bottom.

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<td>MELANCHOLY</td>
<td>PHLEGMATIC</td>
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<td>Total:</td>
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Discover Your Personality Type (Continued)

DECIPHERING YOUR PERSONALITY

The personality type which received the highest score is the one most likely to describe you. If you have two high scores that are equal or close, you may be a blend of personality types.

SANGUINE
Keyword: Popular
Best at: Making initial contact with people
Creating enthusiasm and excitement
Encouraging and uplifting others
Ensuring the group has fun

Presents as: Outgoing and engaging

Major need: Fun and adventure

Strengths: Appealing personality, talkative storyteller, life of the party, good sense of humor, memory for color, physically holds on to a listener, emotional and demonstrative, curious, good on stage, thrives on compliments, loves people, prevents dull moments, and cheerful

Weakness: Compulsive talker, dwells on trivia, naïve, gets taken in, forgetful, looks for credit

CHOLERIC
Keyword: Powerful
Best at: Motivating people to action
Giving quick and clear instruction
Getting it done
Leading

Presents as: Authoritative and convincing

Major needs: Action and excitement

Strengths: Born leader, dynamic and active, must correct wrongs, strong-willed and decisive, not easily discouraged, independent and self-sufficient, will lead and organize, is usually right, and exudes confidence

Weakness: Bossy, impatient, quick-tempered, can't relax, dominates others, is unsympathetic, can do everything better, is not complimentary, tends to use people, is inflexible

MELANCHOLY
Keyword: Perfect
Best at: Planning and explaining the details
Doing it right
Sensitive to the needs of others
Good with numbers, charts, graphs, etc.

Presents as: Accurate and sincere

Major needs: Order and understanding

Strengths: Deep and thoughtful, analytical, serious and purposeful, talented and creative, artistic or musical, deep concern for other people, moved to tears with compassion, sensitive to other, content to stay in the background and avoids causing attention as well as faithful and devoted

Weakness: Remembers the negative, moody and depressed, low self-image, self-centered, lives through others, critical, suspicious of people, and too introspective
Deciphering Your Personality (Continued)

PHLEGMATIC

Keyword: Peaceful

Best at: Staying calm and functional
  - Not over reacting to a negative situation
  - Effective listener
  - Making sure the group is relaxed and comfortable

Presents as: Believable

Major needs: Rest and quiet time

Strengths: Low-key personality, easygoing and relaxed, calm and collected, happily reconciled to life, pleasant and enjoyable, easy to get along with, enjoys watching people, has many friends, good listener, is patient and well-balanced

Weakness: Fearful and worried, indecisive, avoids responsibility, too shy, dampens enthusiasm, is not exciting, and resists change

[Adapted from Florence Littauer, Personality Plus (2000)]
APPENDIX 4: MINISTRY EXPERIENCE QUESTIONNAIRE

Note: Our church is exploring ways of sharing God’s sacrificial love in word and deed, in our own community and around the world. We want to learn more about your background, interests and experiences in ministry. We appreciate your taking time to answer these questions. (Use the back of this sheet if you need more room.)

Name: ________________________________________________________________

Phone: ___________________________ Email: ________________________________

1. Please describe experiences you have had as a volunteer/participant in any type of missions or ministry through Canaan Baptist Church (CBC), both (a) currently and (b) in the past (give the dates of service if possible).

2. Please describe other nonprofits, ministries or missions work outside CBC you have been involved with, both (a) currently and (b) in the past (give the dates of service if possible).

3. Please describe any ministry-related training you have received, whether at CBC, through another agency, or online.

4. What has been your most positive experience with missions or local ministry? Describe what made it particularly meaningful or worthwhile.

THANK YOU!
APPENDIX 5: PAUL’S S.H.A.P.E. FOR MINISTRY

Paul’s **Spiritual Gifts**: “And of this gospel I was appointed a herald and an apostle and a teacher.” (2 Tim. 1:11)

Paul’s **Heart**: “It has always been my ambition to preach the gospel where Christ was not known, so that I would not be building on someone else’s foundation.” (Rom. 15:20)

Paul’s **Ability**: “...Paul went to see them, and because he was a tentmaker as they were, he stayed and worked with them. Every Sabbath he reasoned in the synagogue, trying to persuade Jews and Greeks...” (Acts 18:2b–4)

Paul’s **Personality**: “For you have heard of my previous way of life in Judaism, how intensely I persecuted the church of God and tried to destroy it. I was advancing in Judaism beyond many of my own age among my people and was extremely zealous for the traditions of my fathers...” (Gal. 1:13–14)

Paul’s **Experiences**:

- His **spiritual** experiences:
  - Watching Stephen be stoned (Acts 8:1)
  - Conversion on the Damascus Road (Acts 9:1–20)
  - 3 years maturing in Arabia (Gal. 1:18)
  - Special vision from God (2 Cor. 12:2–7)

- His **painful** experiences:
  - “…I have been in prison more times... near death often... been whipped five times with 39 lashes by the Jews and three times by the Romans... once stoned... I’ve been in three shipwrecks... and once spent 24 hours in the water... In my travels I’ve been in danger from floods... robbers... enemies...wild animals and false friends... I’ve served long hours without sleep or food or shelter or even clothing...” (2 Cor. 11:23–27)
  - “…or because of these surpassingly great revelations. Therefore, in order to keep me from becoming conceited, I was given a thorn in my flesh, a messenger of Satan, to torment me.” (2 Cor. 12:7)

- His **educational** experiences:
  - “I am a Jew, born in Tarsus of Cilicia, but brought up in this city. I studied under Gamaliel and was thoroughly trained in the law of our ancestors. I was just as zealous for God as any of you are today.” (Acts 22:3)

- His **ministry** experiences:
  - Read the Book of Acts!

[Adapted from Rick Warren, Discovering My Shape for Ministry (1999)]