



12,000' Run

June 2, 2018



Manitoqua.org | 815.469.2319

Schedule of Events

- 8:30am | Pre-race registration and t-shirt pick up
- 9:30am | Race begins
- 11:00am | Race closing comments (including raffles)
- 11:30am | End of race event

Race Ages

12 yrs. & older \$20.00

11 yrs. & younger \$15.00
(must be accompanied by an adult)

T-Shirt Size:

XXL XL L M S YL YM YS

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Mail the waiver to 8122 W. Sauk Trail, Frankfort, IL, 60423 or drop off at our office between 8:30am-5:00pm.

First Name: _____ **Last Name:** _____ **Sex:** M F **Email:** _____

Contact Address:

Street _____ City _____ State _____ Zip _____

Phone: (____) _____ - _____ D.O.B: ____/____/____ Current Grade: _____

Emergency Contact: _____ Emergency Phone: (____) _____ - _____

Liability Waiver and Release

Warning of risks, assumption of risks and indemnification of sponsors. Warning – Participation in this Event, the 12,000 Race, may challenge and engage you physically and mentally. Do not participate in the event if you have any health conditions affecting your ability to participate. If you are unsure of your ability to participate in the Event, seek advice from your physician before participating. There are always risks of injury when participating in exercise activities. Not all hazards and dangers can be foreseen. Participation in this event may involve inherent risks, dangers and hazards, which may occur without warning, or be due to poor skill level, lack of conditioning, carelessness and other unforeseen, unidentified or unexpected perils inherent in physical activities. I acknowledge that I understand the risks and dangers. These risks include, but are not limited to: accidents, physical injury, effects of exercise, and the unpredictable nature of the human body engaged in physical exertion. I acknowledge that I am a voluntary participant in this event, and that I am in good physical condition. I further acknowledge that physical exercise and participation in this event will challenge and engage me physically. I have either visited with my physician and received doctor's advice and consent to my exercise program or have waived such advice and consent of my doctor, and accept any and all risks. In consideration for the opportunity to participate in the event described above, the Participant (or parent/guardian if Participant is a minor) acknowledges and accepts the risks of injury associated with participation in the event.

I acknowledge that neither sponsors nor any of their affiliates are insurers of my conduct or safety. I further acknowledge that this Event is potentially hazardous and assume full and complete responsibility for any injury or accident that may occur. To the fullest extent permitted under Illinois Law, I release, waive and hold harmless the Event (the "released parties"). From any and all losses, damages, liabilities, or claims and causes of action including but not limited to property damage, injury or death, that I may suffer arising out of my participation in the Event. I agree that in the event any person brings a claim or cause of action on my behalf or my child's behalf arising out of my or my child's participation in this Event, then I shall indemnify the released parties against all such claims, action, injury or loss. I agree that this agreement shall be binding on my guardian, assignee, heirs, administrators or executors. I give my full permission to this event and their sponsors and corporate sponsors to use any photographs, videotapes or other recordings of me that are made during the course of this event for promotional purposes. I acknowledge that I am over the age of 18 years, otherwise this agreement must be signed by my parent or legal guardian before I may participate in the event.

I agree with all statements listed in the waiver and release (signature): _____