

Questions for Teenage Self-Evaluation, Growth, and Improvement
Robert D. Jones, adapted from Wayne Mack, *A Homework Manual for Biblical Living*

1. List the three biggest problems you face in your life.

a. _____

b. _____

c. _____

2. What are the biggest problems you face in your:

a. Relationship with your parents? _____

b. Relationship with your brothers and/or sisters? _____

c. School life? _____

d. Relationship with members of the opposite gender (dating, etc.)? _____

e. Relationship with people of the same sex? _____

f. Physical health or body? _____

g. Spiritual or emotional life? _____

3. What do people like and appreciate about you?

a. _____ d. _____

b. _____ e. _____

c. _____ f. _____

4. What constitutes success? What makes a person worthwhile, successful or happy?

a. _____ d. _____

b. _____ e. _____

c. _____ f. _____

5. What are your three biggest fears, the worst things that could ever happen to you?

a. _____

b. _____

c. _____

6. How do you decide between right & wrong? How do you decide what to do, say or think?

7. In your view, who is Jesus Christ? What does he mean to you and your life?

8. If you could change three things about you or your life, what might they be and how might you change them?

a. _____

b. _____

c. _____