

# 4A STATE GYMNASTICS TIME SCHEDULE @ THORNTON HIGH SCHOOL



## FRIDAY(4A) PRELIMINARY SESSION

|                |                                                                    |
|----------------|--------------------------------------------------------------------|
| 11:30 pm       | Registration/Check-In                                              |
| 11:45 pm       | Coaches Meeting                                                    |
| 12:00 pm       | Judges Meeting                                                     |
| 12:30 pm       | Score Keepers & Timers Meeting                                     |
| 12:10-12:50 pm | Open Gym                                                           |
| 12:50 pm       | Opening Ceremonies – Introduction of teams, presentation of colors |
| 1:00 pm        | 1 <sup>st</sup> Timed Warm-Up (8 minutes)                          |
| 1:10 pm        | Competition Begins                                                 |

|                        | VAULT              | BEAM               | UNEVENS            | FLOOR              |
|------------------------|--------------------|--------------------|--------------------|--------------------|
| <b>Rotation 1</b>      | 1 - Group A        | 2 - Loveland       | 3 - Group C        | 4 - Group B        |
|                        | 5 - Evergreen      | 6 - Northfield     | 7 - Standley Lake  | 8 - Pueblo Central |
|                        | 9 - Palmer Ridge   | 10 - Elizabeth     | 11 - Niwot         | 12 - Roosevelt     |
| <b>Rotation 2</b>      | 4 - Group B        | 1 - Group A        | 2 - Loveland       | 3 - Group C        |
|                        | 8 - Pueblo Central | 5 - Evergreen      | 6 - Northfield     | 7 - Standley Lake  |
|                        | 12 - Roosevelt     | 9 - Palmer Ridge   | 10 - Elizabeth     | 11 - Niwot         |
| <b>20-MINUTE BREAK</b> |                    |                    |                    |                    |
| <b>Rotation 3</b>      | 3 - Group C        | 4 - Group B        | 1 - Group A        | 2 - Loveland       |
|                        | 7 - Standley Lake  | 8 - Pueblo Central | 5 - Evergreen      | 6 - Northfield     |
|                        | 11 - Niwot         | 12 - Roosevelt     | 9 - Palmer Ridge   | 10 - Elizabeth     |
| <b>Rotation 4</b>      | 2 - Loveland       | 3 - Group C        | 4 - Group B        | 1 - Group A        |
|                        | 6 - Northfield     | 7 - Standley Lake  | 8 - Pueblo Central | 5 - Evergreen      |
|                        | 10 - Elizabeth     | 11 - Niwot         | 12 - Roosevelt     | 9 - Palmer Ridge   |

\*NOTE: There will be a 2 minute wait period prior to starting each Vault warm up

### Team Rotations

|             |                   |                 |
|-------------|-------------------|-----------------|
| 1. Group A  | 5. Evergreen      | 9. Palmer Ridge |
| 2. Loveland | 6. Northfield     | 10. Elizabeth   |
| 3. Group C  | 7. Standley Lake  | 11. Niwot       |
| 4. Group B  | 8. Pueblo Central | 12. Roosevelt   |

| Group A        | Group B     | Group C      |
|----------------|-------------|--------------|
| Green Mountain | Alamosa     | Bear Creek   |
|                | Fort Morgan | Denver South |

\*NOTE: Groups A, B & C - Teams must compete in team order established by seeding committee, individual order of gymnasts within the team is chosen by coach

## 4A & 5A FINALS (Saturday)

|                                      |                                       |
|--------------------------------------|---------------------------------------|
| 11:00-11:15 Open warm-up             | 11:45-12:15 Last two events warm-up   |
| 11:15-11:45 First two events warm-up | 12:30 March-in and competition begins |
| Awards at completion of events       |                                       |

**CLASS 4A**  
**GROUP B – Team Rotation #1**

**Vault Competitors**

Kenya Hostetter - Alamosa  
Chloe Kern – Alamosa  
Nichole Goldsberry – Alamosa  
Taylor Off – Alamosa  
Braelyn Martinez – Alamosa

Gabriella Ricks – Fort Morgan

**Beam Competitors**

Kenya Hostetter – Alamosa  
Leah Pintor – Alamosa  
Taylor Off – Alamosa  
Braelyn Martinez – Alamosa

Gabriella Ricks – Fort Morgan

**Bars Competitors**

Taylor Off – Alamosa  
Kenya Hostetter – Alamosa  
Leah Pintor – Alamosa  
Chloe Kern – Alamosa  
Bella Hooker – Alamosa

Gabrielle Ricks – Fort Morgan  
Dizarey Palisco – Fort Morgan

**Floor Competitors**

Braelyn Martinez – Alamosa  
Kenya Hostetter – Alamosa  
Chloe Kern – Alamosa  
Leah Pintor – Alamosa  
Nicole Goldsberry – Alamosa

Gabrielle Ricks – Fort Morgan



**CLASS 4A**  
**GROUP A – Team Rotation #2**

**Beam Competitors**

Gaby Romero – Green Mountain  
McKenna Flaherty – Green Mountain  
Addy Kennedy – Green Mountain  
Kaiya Bishop – Green Mountain  
Brigid Prince – Green Mountain

**Bars Competitors**

Gaby Romero – Green Mountain  
Addy Kennedy – Green Mountain  
Kaiya Bishop – Green Mountain  
Teagan Edwards – Green Mountain

**Floor Competitors**

Gaby Romero – Green Mountain  
Kaiya Bishop – Green Mountain  
Addy Kennedy – Green Mountain  
Teagan Edwards – Green Mountain  
McKenna Flaherty – Green Mountain  
Signey McQuaid – Green Mountain

**Vault Competitors**

McKenna Flaherty – Green Mountain  
Gaby Romero – Green Mountain  
Josephine Breneman – Green Mountain



**CLASS 4A**  
**GROUP C – Team Rotation #4**

**Floor Competitors**

Myranda MacMillan – Bear Creek  
Emma Dilley - Bear Creek  
Aubrey Owens - Bear Creek

Lily Weiser – Denver South  
Isabel Pexton – Denver South  
Ana Boes – Denver South

**Vault Competitors**

Myranda MacMillan – Bear Creek  
Aubrey Owens - Bear Creek  
Amelia Jane Heng - Bear Creek  
Emma Dilley - Bear Creek

Lauren Sankoff – Denver South  
Isabel Pexton – Denver South  
Ana Boes – Denver South  
Sloane Millard – Denver South  
Lily Weiser – Denver South

**Beam Competitors**

Myranda MacMillan – Bear Creek  
Amelia Jane Heng – Bear Creek  
Aubrey Owens - Bear Creek

Isabel Pexton – Denver South  
Sloane Millard – Denver South  
Lana Berman – Denver South  
Ana Boes – Denver South  
Eleanor Hall – Denver South

**Bars Competitors**

Myranda MacMillan – Bear Creek  
Emma Dilley – Bear Creek  
Amelia Jane Heng – Bear Creek

Lily Weiser – Denver South  
Lauren Sankoff – Denver South  
Isabel Pexton – Denver South  
Ana Boes – Denver South



# 5A STATE GYMNASTICS TIME SCHEDULE @ THORNTON HIGH SCHOOL



## THURSDAY (5A) PRELIMINARY SESSION

|                |                                                                    |
|----------------|--------------------------------------------------------------------|
| 11:30 pm       | Registration/Check-In                                              |
| 11:45 pm       | Coaches Meeting                                                    |
| 12:00 pm       | Judges Meeting                                                     |
| 12:30 pm       | Score Keepers & Timers Meeting                                     |
| 12:10-12:50 pm | Open Gym                                                           |
| 12:50 pm       | Opening Ceremonies – Introduction of teams, presentation of colors |
| 1:00 pm        | 1 <sup>st</sup> Timed Warm-Up (8 minutes)                          |
| 1:10 pm        | Competition Begins                                                 |

|                        | VAULT               | BEAM                | UNEVENS             | FLOOR               |
|------------------------|---------------------|---------------------|---------------------|---------------------|
| <b>Rotation 1</b>      | 1 – Lakewood        | 2 – Valor Christian | 3 – Group A         | 4 – Group B         |
|                        | 5 – Ponderosa       | 6 – PSD             | 7 – Overland        | 8 – Thornton        |
|                        | 9 – Broomfield      | 10 – Mountain Range | 11 – Chatfield      | 12 – Arvada West    |
| <b>Rotation 2</b>      | 4 – Group B         | 1 – Lakewood        | 2 – Valor Christian | 3 – Group A         |
|                        | 8 – Thornton        | 5 – Ponderosa       | 6 – PSD             | 7 – Overland        |
|                        | 12 – Arvada West    | 9 – Broomfield      | 10 – Mountain Range | 11 – Chatfield      |
| <b>20-MINUTE BREAK</b> |                     |                     |                     |                     |
| <b>Rotation 3</b>      | 3 – Group A         | 4 – Group B         | 1 – Lakewood        | 2 – Valor Christian |
|                        | 7 – Overland        | 8 – Thornton        | 5 – Ponderosa       | 6 – PSD             |
|                        | 11 – Chatfield      | 12 – Arvada West    | 9 – Broomfield      | 10 – Mountain Range |
| <b>Rotation 4</b>      | 2 – Valor Christian | 3 – Group A         | 4 – Group B         | 1 – Lakewood        |
|                        | 6 – PSD             | 7 – Overland        | 8 – Thornton        | 5 – Ponderosa       |
|                        | 10 – Mountain Range | 11 – Chatfield      | 12 – Arvada West    | 9 – Broomfield      |

*\*NOTE: There will be a 2 minute wait period prior to starting each Vault warm up*

### Team Rotations

|    |                 |    |           |     |                |
|----|-----------------|----|-----------|-----|----------------|
| 1. | Lakewood        | 5. | Ponderosa | 9.  | Broomfield     |
| 2. | Valor Christian | 6. | PSD       | 10. | Mountain Range |
| 3. | Group A         | 7. | Overland  | 11. | Chatfield      |
| 4. | Group B         | 8. | Thornton  | 12. | Arvada West    |

| <b>Group A</b> | <b>Group B</b> |
|----------------|----------------|
| Rock Canyon    | Cherry Creek   |
| Columbine      | Heritage       |
| Denver East    |                |
| Pomona         |                |

*\*NOTE: Groups A & B - Teams must compete in team order established by seeding committee, individual order of gymnasts within the team is chosen by coach*

## 4A & 5A FINALS (Saturday)

|                                      |                                       |
|--------------------------------------|---------------------------------------|
| 11:00-11:15 Open warm-up             | 11:45-12:15 Last two events warm-up   |
| 11:15-11:45 First two events warm-up | 12:30 March-in and competition begins |
| Awards at completion of events       |                                       |

**CLASS 5A**  
**GROUP B – Team Rotation #1**

**Vault Competitors**

Sarah Hanson – Cherry Creek  
Keelie Solberg – Cherry Creek  
Linden Ballonoff – Cherry Creek  
Maggie Chang – Cherry Creek

Kate Stevenson - Heritage  
Gen Uhrick - Heritage

**Beam Competitors**

Olivia Marocchi – Cherry Creek  
Maggie Chang – Cherry Creek

Reese Bryant - Heritage  
Addie Fortin - Heritage  
Lauren Atherton - Heritage  
Kate Stevenson - Heritage

**Bars Competitors**

Sarah Hanson – Cherry Creek  
Olivia Marocchi – Cherry Creek  
Keelie Solberg – Cherry Creek

Lauren Atherton – Heritage  
Victoria Reyes – Heritage  
Kalli Lucas - Heritage

**Floor Competitors**

Maggie Chang – Cherry Creek  
Keelie Solbert – Cherry Creek  
Linden Ballonoff – Cherry Creek  
Sarah Hanson – Cherry Creek  
Olivia Marocchi – Cherry Creek

Reese Bryant – Heritage  
Kate Stevenson – Heritage  
Guin Uhrick – Heritage



**CLASS 5A**  
**GROUP A – Team Rotation #4**

**Floor Competitors**

Callista Larson – Rock Canyon

Hailey Hanson – Denver East

Lucy Bashford - Pomona

Hazel Kreutzer - Pomona

**Vault Competitors**

Samatha Zakhem - Columbine

Harper Henrikson – Denver East

Ariyah Silva – Pomona

Tristan Sturm – Pomona

Emily Jespersen - Pomona

**Beam Competitors**

Isha Kumar – Rock Canyon

Samantha Zakhem – Columbine

Harper Henrikson – Denver East

Ariyah Silva – Pomona

Audrey Marshall – Pomona

Mya Pavlovec - Pomona

**Bars Competitors**

Callista Larson – Rock Canyon

Isha Kumar – Rock Canyon

Samantha Zakhem – Columbine

Emilie Harrison – Denver East

Ariya Silva – Pomona

Kennedy Ireland - Pomona

