**2024 COLORADO HIGH SCHOOL STATE TRACK CHAMPIONSHIPS - 5/16/2024 to 5/18/2024**

**Jefferson County Stadium, Lakewood**

**Performance List**

## Event 161 Boys 100 Meter Dash 5A Prelims

**Thursday 5/16/2024 - 8:30 AM**

| | | | |
|---|---|---|---|
| **National:** | **10.13** | **2019** | **Matthew Boling** |
| **Colo. Prep:** | **10.27** | **2012** | **Raymond Bozmans** |
| **State Meet:** | **10.32** | **2007** | **Jeremy Rankin** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Jackson Quammie | 12 | Brighton | 10.70 | |
| 2 | Noah Brown | 11 | Eaglecrest | 10.72 | |
| 3 | Dagan Myers | 12 | Chatfield | 10.75 | |
| 4 | Case Matteson | 10 | Legend | 10.79 | |
| 5 | Dj Ruff | 10 | Fort Collins | 10.80 | |
| 6 | Ryan Elsen | 11 | Brighton | 10.81 | |
| 7 | Jaden Lawrence | 11 | Legend | 10.81 | |
| 8 | Owen Mellish | 12 | Monarch | 10.83 | |
| 9 | Josh Snyder | 12 | Columbine | 10.83 | |
| 10 | Carson Tapia | 11 | Vista Ridge | 10.86 | |
| 11 | Peyton Sommers | 11 | Cherokee Trail | 10.86 | |
| 12 | Marcus Mozer | 11 | Fossil Ridge | 10.90 | |
| 13 | Wilkins Persichina | 11 | Chaparral | 10.90 | |
| 14 | Bryce Bailey | 11 | Mtn. Vista | 10.91 | |
| 15 | Wondame Davis | 12 | Overland | 10.92 | |
| 16 | Isaiah Watson | 10 | Vista Peak | 10.92 | |
| 17 | DaKari Releford | 9 | Fountain-Ft Crsn | 10.92 | |
| 18 | Michael Gambrill | 10 | Regis Jesuit | 10.94 | |
| 19 | Brooklyn Bailey | 9 | Mtn. Vista | 10.94 | |

## Event 162 Boys 200 Meter Dash 5A Prelims

**Thursday 5/16/2024 - 12:05 PM**

| | | | |
|---|---|---|---|
| **National:** | **20.13** | **1985** | **Roy Martin** |
| **Colo. Prep:** | **20.70** | **2005** | **Jeremy Dodson** |
| **State Meet:** | **20.70** | **2005** | **Jeremy Dodson** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Peyton Sommers | 11 | Cherokee Trail | 21.15 | |
| 2 | Dj Ruff | 10 | Fort Collins | 21.59 | |
| 3 | Jackson Quammie | 12 | Brighton | 21.61 | |
| 4 | Kahari Wilbon | 12 | Cherokee Trail | 21.70 | |
| 5 | Wondame Davis | 12 | Overland | 21.71 | |
| 6 | Nick Hoffsetz | 11 | Cherokee Trail | 21.83 | |
| 7 | Marcus Mozer | 11 | Fossil Ridge | 21.91 | |
| 8 | William Germain | 12 | Denver East | 21.94 | |
| 9 | Carson Tapia | 11 | Vista Ridge | 21.96 | |
| 10 | Wilkins Persichina | 11 | Chaparral | 21.97 | |
| 11 | Cole Newman | 12 | Castle View | 21.99 | |
| 12 | Ryan Elsen | 11 | Brighton | 22.04 | |
| 13 | Jameson Leigh | 12 | Denver East | 22.04 | |
| 14 | Peace Warah | 12 | Eaglecrest | 22.09 | |
| 15 | Michael Gambrill | 10 | Regis Jesuit | 22.09 | |
| 16 | Jackie Jordan | 12 | Fountain-Ft Crsn | 22.12 | |
| 17 | Roman Saiz | 11 | Douglas Cty | 22.12 | |
| 18 | Ryan Fick | 10 | ValorChristian | 22.14 | |

## Event 163 Boys 400 Meter Dash 5A Prelims

**Thursday 5/16/2024 - 1:08 PM**

| | | | |
|---|---|---|---|
| **National:** | **45.19** | **2012** | **Aldrich Bailey** |
| **Colo. Prep:** | **45.36** | **2023** | **Tavon Underwood** |
| **State Meet:** | **46.23** | **2006** | **J.T. Scheuerman** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Jameson Leigh | 12 | Denver East | 48.07 | |
| 2 | Kahari Wilbon | 12 | Cherokee Trail | 48.08 | |
| 3 | Collin Koenig | 12 | Lakewood | 48.53 | |
| 4 | Peyton Sommers | 11 | Cherokee Trail | 48.61 | |
| 5 | Gery Lockman | 10 | Poudre | 48.74 | |
| 6 | Richjarion Hines | 12 | Smoky Hill | 48.82 | |
| 7 | William McDavid | 12 | Cherry Creek | 48.89 | |
| 8 | Wondame Davis | 12 | Overland | 49.06 | |
| 9 | Alex Sweeney | 12 | Erie | 49.11 | |
| 10 | Alex Arnold | 12 | Dakota Ridge | 49.12 | |
| 11 | Kaelan Kombo | 11 | Cherokee Trail | 49.17 | |
| 12 | Antonio Wadsworth | 12 | Arapahoe | 49.21 | |
| 13 | Ryan Fick | 10 | ValorChristian | 49.25 | |
| 14 | Sean Donelson | 12 | Denver East | 49.36 | |
| 15 | Daelan Gonzales | 12 | Rocky Mtn. | 49.52 | |
| 16 | Hayden Fox | 11 | Erie | 49.57 | |
| 17 | Thierry Asare | 11 | Eaglecrest | 49.64 | |
| 18 | Nick Hoffsetz | 11 | Cherokee Trail | 49.67 | |

## Event 164 Boys 800 Meter Run 5A

**Friday 5/17/2024 - 12:45 PM**

**Five Alleys with 1-turn Stagger Start**

| | | | |
|---|---|---|---|
| **National:** | **1:46.45** | **1996** | **Michael Granville** |
| **Colo. Prep:** | **1:48.50** | **2021** | **Harrison Witt** |
| **State Meet:** | **1:48.75** | **2021** | **Harrison Witt** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Ben Lee | 10 | ThunderRidge | 1:54.08 | |
| 2 | Cadel Ruthven | 10 | Fort Collins | 1:54.18 | |
| 3 | Jacob Silvis | 12 | Pine Creek | 1:54.70 | |
| 4 | Dane Eike | 12 | ValorChristian | 1:54.80 | |
| 5 | McKay Larsen | 12 | Cherokee Trail | 1:54.92 | |
| 6 | Benjamin Anderson | 11 | Mtn. Vista | 1:54.98 | |
| 7 | William McDavid | 12 | Cherry Creek | 1:55.23 | |
| 8 | David Flaig | 12 | Regis Jesuit | 1:55.44 | |
| 9 | Dylan Smith | 10 | Cherokee Trail | 1:55.94 | |
| 10 | Jacoby Ennis | 12 | Centaurus | 1:56.09 | |
| 11 | Owen Whitney | 11 | Rock Canyon | 1:56.10 | |
| 12 | Nate Lumaye | 12 | Air Academy | 1:56.10 | |
| 13 | Leo Cole | 12 | Fort Collins | 1:56.18 | |
| 14 | Dillon Richardson | 12 | Erie | 1:56.50 | |
| 15 | Jordan Schatz | 12 | Centaurus | 1:56.55 | |
| 16 | Brennan Draper | 12 | Chaparral | 1:56.57 | |
| 17 | Brady Smith | 12 | Cherokee Trail | 1:56.61 | |
| 18 | Gable Rial | 11 | Pine Creek | 1:56.64 | |

**2024 COLORADO HIGH SCHOOL STATE TRACK CHAMPIONSHIPS - 5/16/2024 to 5/18/2024**

**Jefferson County Stadium, Lakewood**

**Performance List**

## Event 165 Boys 1600 Meter Run 5A

**Saturday 5/18/2024 - 11:20 AM**

**Five Alleys with 1-turn Stagger Start**

| | | | |
|---|---|---|---|
| **National:** | **3:59.51** | **2001** | **Alan Webb** |
| **Colo. Prep:** | **4:04.36** | **2021** | **Harrison Witt** |
| **State Meet:** | **4:04.36** | **2021** | **Harrison Witt** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Dane Eike | 12 | ValorChristian | 4:10.40 | |
| 2 | Jacob Schwarting | 12 | Centaurus | 4:15.51 | |
| 3 | Benjamin Anderson | 11 | Mtn. Vista | 4:16.54 | |
| 4 | Ben Lee | 10 | ThunderRidge | 4:16.56 | |
| 5 | Brady Hill | 12 | Rock Canyon | 4:17.46 | |
| 6 | Ethan Adams | 12 | Horizon | 4:17.46 | |
| 7 | Owen Whitney | 11 | Rock Canyon | 4:18.00 | |
| 8 | Benjamin Adams | 9 | Mtn. Vista | 4:18.09 | |
| 9 | David Flaig | 12 | Regis Jesuit | 4:18.10 | |
| 10 | Daniel Hruska | 12 | Cherry Creek | 4:18.39 | |
| 11 | Colin Olson | 11 | Loveland | 4:18.47 | |
| 12 | Jonas Scudamore | 11 | Denver East | 4:19.53 | |
| 13 | Tyson Bhalla | 11 | Rocky Mtn. | 4:20.09 | |
| 14 | Cadel Ruthven | 10 | Fort Collins | 4:20.38 | |
| 15 | Dillon Richardson | 12 | Erie | 4:20.43 | |
| 16 | Porter Warren | 11 | ValorChristian | 4:21.07 | |
| 17 | Dylan Smith | 10 | Cherokee Trail | 4:21.11 | |
| 18 | Kaeden Dendorfer | 11 | ValorChristian | 4:21.30 | |

## Event 166 Boys 3200 Meter Run 5A

**Thursday 5/16/2024 - 9:00 AM**

**Two Super Alleys with 1-turn Stagger**

| | | | |
|---|---|---|---|
| **National:** | **8:34.10** | **2023** | **Simeon Birnbaum** |
| **Colo. Prep:** | **8:55.94** | **2021** | **Parker Wolfe** |
| **State Meet:** | **9:05.89** | **2003** | **Brent Vaughn** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Jonas Scudamore | 11 | Denver East | 9:16.84 | |
| 2 | Daniel Hruska | 12 | Cherry Creek | 9:17.39 | |
| 3 | Dane Eike | 12 | ValorChristian | 9:19.64 | |
| 4 | Jacob Schwarting | 12 | Centaurus | 9:19.77 | |
| 5 | Vincent Mangat | 12 | Fairview | 9:20.50 | |
| 6 | Tyson Bhalla | 11 | Rocky Mtn. | 9:20.83 | |
| 7 | Tanner Brown | 12 | Chaparral | 9:21.18 | |
| 8 | Owen Whitney | 11 | Rock Canyon | 9:21.72 | |
| 9 | Brady Hill | 12 | Rock Canyon | 9:22.20 | |
| 10 | Tanner Smith | 11 | Douglas Cty | 9:22.67 | |
| 11 | Braeden Focht | 11 | Regis Jesuit | 9:22.90 | |
| 12 | Kaeden Dendorfer | 11 | ValorChristian | 9:23.20 | |
| 13 | Carter Brazelton | 11 | Fossil Ridge | 9:23.91 | |
| 14 | Porter Warren | 11 | ValorChristian | 9:23.96 | |
| 15 | Benjamin Anderson | 11 | Mtn. Vista | 9:24.20 | |
| 16 | Benjamin Adams | 9 | Mtn. Vista | 9:24.34 | |
| 17 | Owen Casselman | 12 | ThunderRidge | 9:24.70 | |
| 18 | Benjamin Wolff | 11 | Heritage | 9:24.80 | |

## Event 167 Boys 110 Meter Hurdles 5A Prelims

**Thursday 5/16/2024 - 10:05 AM**

| | | | |
|---|---|---|---|
| **National:** | **13.1h** | **1980** | **Dennis Brantley** |
| **National:** | **13.30** | **1990** | **Chris Nelloms** |
| **Colo. Prep:** | **13.61** | **2004** | **Wilbert Smith** |
| **State Meet:** | **13.62** | **2004** | **Wilbert Smith** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Kyler Lewis | 12 | Fountain-Ft Crsn | 14.33 | |
| 2 | Jaheim Alexander | 12 | Rangeview | 14.52 | |
| 3 | Jack Mokol | 12 | ThunderRidge | 14.70 | |
| 4 | Jackson Conroy | 10 | Loveland | 14.86 | |
| 5 | Solomon Griffen | 11 | Cherokee Trail | 14.87 | |
| 6 | Kyle Phipps | 12 | RalstonValley | 14.91 | |
| 7 | Marco Martinez | 12 | Erie | 15.02 | |
| 8 | Zumari Stivers | 10 | Overland | 15.06 | |
| 9 | Diego Estebanes | 12 | Broomfield | 15.09 | |
| 10 | Alexander Darby | 10 | Broomfield | 15.09 | |
| 11 | Cameron Bell | 10 | Eaglecrest | 15.12 | |
| 12 | Andres Salata | 11 | Centaurus | 15.19 | |
| 13 | Logan Heppe | 12 | Rock Canyon | 15.24 | |
| 14 | Solomon Latimer | 12 | Doherty | 15.26 | |
| 15 | Jericho Andrews | 11 | Grandview | 15.37 | |
| 16 | Charlie Dutmer | 11 | Regis Jesuit | 15.41 | |
| 17 | Jackson Plichta | 12 | RalstonValley | 15.44 | |
| 18 | Francis Ojowa | 9 | Prairie View | 15.46 | |
| 19 | Blaes Kane | 11 | Broomfield | 15.46 | |

## Event 168 Boys 300 Meter Hurdles 5A Prelims

**Friday 5/17/2024 - 11:15 AM**

| | | | |
|---|---|---|---|
| **National:** | **35.02** | **2009** | **Reggie Wyatt** |
| **Colo. Prep:** | **36.41** | **2001** | **Gerren Crochet** |
| **State Meet:** | **36.41** | **2001** | **Gerren Crochet** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Diego Estebanes | 12 | Broomfield | 38.27 | |
| 2 | Francis Ojowa | 9 | Prairie View | 38.60 | |
| 3 | Kyle Phipps | 12 | RalstonValley | 38.69 | |
| 4 | Kyler Lewis | 12 | Fountain-Ft Crsn | 38.84 | |
| 5 | Marco Martinez | 12 | Erie | 39.36 | |
| 6 | Solomon Latimer | 12 | Doherty | 39.47 | |
| 7 | Blaes Kane | 11 | Broomfield | 39.59 | |
| 8 | Logan Heppe | 12 | Rock Canyon | 39.65 | |
| 9 | Joseph Barlow | 11 | Fountain-Ft Crsn | 39.75 | |
| 10 | Charlie Nosler | 11 | Fort Collins | 40.03 | |
| 11 | Charlie Dutmer | 11 | Regis Jesuit | 40.20 | |
| 12 | Jack Mokol | 12 | ThunderRidge | 40.26 | |
| 13 | Jaydon Sundbye | 12 | Arvada West | 40.35 | |
| 14 | Jeremiah Ramos | 11 | Brighton | 40.70 | |
| 15 | Zumari Stivers | 10 | Overland | 40.72 | |
| 16 | Noah Tiley | 11 | Fort Collins | 40.74 | |
| 17 | Conner Vicars | 12 | Fossil Ridge | 40.83 | |
| 18 | Alexander Darby | 10 | Broomfield | 40.86 | |

**2024 COLORADO HIGH SCHOOL STATE TRACK CHAMPIONSHIPS - 5/16/2024 to 5/18/2024**

**Jefferson County Stadium, Lakewood**

**Performance List**

## Event 169 Boys 4x100 Meter Relay 5A Prelims

**Friday 5/17/2024 - 9:08 AM**

**National:** 39.76 1998 Fort Worth Wyatt HS, TX

**Colo. Prep:** 40.59 2022 Grandview HS

**L Trinrud, D Maldonado, C Dick, E Johnson**

**State Meet:** 41.21 2007 Overland HS

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Brighton | | 41.55 | |
| 2 | Cherokee Trail | | 41.88 | |
| 3 | Eaglecrest | | 41.91 | |
| 4 | Mtn. Vista | | 42.09 | |
| 5 | Regis Jesuit | | 42.14 | |
| 6 | Vista Peak | | 42.22 | |
| 7 | Ponderosa | | 42.32 | |
| 8 | Erie | | 42.32 | |
| 9 | Legend | | 42.38 | |
| 10 | Broomfield | | 42.48 | |
| 11 | Fort Collins | | 42.49 | |
| 12 | Vista Ridge | | 42.49 | |
| 13 | Pine Creek | | 42.52 | |
| 14 | Grandview | | 42.53 | |
| 15 | Chaparral | | 42.58 | |
| 16 | Overland | | 42.60 | |
| 17 | Douglas Cty | | 42.62 | |
| 18 | Fountain-Ft Crsn | | 42.65 | |
| 19 | Castle View | | 42.65 | |

## Event 170 Boys 4x200 Meter Relay 5A Prelims

**Thursday 5/16/2024 - 9:25 AM**

**National:** 1:23.52 2017 Port Arthur Mem. HS, TX

**Colo. Prep:** 1:25.16 2024 Cherokee Trail HS

**J Hughes, K Wilbon, N Hoffsetz, P Sommers**

**State Meet:** 1:25.59 2007 George Washington HS

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Cherokee Trail | | 1:25.16 | |
| 2 | Eaglecrest | | 1:26.33 | |
| 3 | Mtn. Vista | | 1:27.51 | |
| 4 | Brighton | | 1:27.78 | |
| 5 | Vista Ridge | | 1:27.98 | |
| 6 | Broomfield | | 1:28.32 | |
| 7 | Erie | | 1:28.32 | |
| 8 | Fort Collins | | 1:28.34 | |
| 9 | Vista Peak | | 1:28.47 | |
| 10 | Denver East | | 1:28.60 | |
| 11 | Douglas Cty | | 1:29.29 | |
| 12 | Chaparral | | 1:29.33 | |
| 13 | Fossil Ridge | | 1:29.34 | |
| 14 | Ponderosa | | 1:29.40 | |
| 15 | RalstonValley | | 1:29.54 | |
| 16 | ValorChristian | | 1:29.70 | |
| 17 | Pine Creek | | 1:29.71 | |
| 18 | Fountain-Ft Crsn | | 1:29.77 | |

## Event 171 Boys 4x400 Meter Relay 5A Prelims

**Friday 5/17/2024 - 3:23 PM**

**National:** 3:07.40 1985 Hawthorne HS, CA

**Colo. Prep:** 3:13.02 2023 Cherokee Trail HS

**K Kombo, K Wilbon, B Gutjahr, P Sommers**

**State Meet:** 3:15.29 2023 ThunderRidge HS

**J Franquemont, C Savko, K Pilgrim, K Carpenter**

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Cherokee Trail | | 3:16.28 | |
| 2 | Cherry Creek | | 3:19.50 | |
| 3 | Eaglecrest | | 3:21.50 | |
| 4 | Regis Jesuit | | 3:22.14 | |
| 5 | Centaurus | | 3:22.66 | |
| 6 | Douglas Cty | | 3:23.46 | |
| 7 | Erie | | 3:24.91 | |
| 8 | Mtn. Vista | | 3:24.92 | |
| 9 | Fountain-Ft Crsn | | 3:25.18 | |
| 10 | Grandview | | 3:25.58 | |
| 11 | Rocky Mtn. | | 3:25.67 | |
| 12 | ThunderRidge | | 3:25.74 | |
| 13 | Vista Peak | | 3:25.85 | |
| 14 | Denver East | | 3:25.85 | |
| 15 | Pine Creek | | 3:25.88 | |
| 16 | Dakota Ridge | | 3:25.90 | |
| 17 | Broomfield | | 3:26.01 | |
| 18 | Castle View | | 3:26.03 | |

## Event 172 Boys 4x800 Meter Relay 5A

**Thursday 5/16/2024 - 10:40 AM**

**Five Alleys with 1-turn Stagger Start**

**National:** 7:33.48 2009 Warrington Central HS, PA

**Colo. Prep:** 7:42.58 2023 Mountain Vista HS

**B Anderson, D Romalia, J Simmons, T Downs**

**State Meet:** 7:42.58 2023 Mountain Vista HS

**B Anderson, D Romalia, J Simmons, T Downs**

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Mtn. Vista | | 7:51.61 | |
| 2 | ThunderRidge | | 7:52.63 | |
| 3 | Castle View | | 7:55.30 | |
| 4 | Douglas Cty | | 7:55.73 | |
| 5 | Air Academy | | 8:02.35 | |
| 6 | Fossil Ridge | | 8:02.73 | |
| 7 | Fairview | | 8:02.93 | |
| 8 | Loveland | | 8:03.43 | |
| 9 | Centaurus | | 8:04.79 | |
| 10 | Fort Collins | | 8:04.84 | |
| 11 | Rock Canyon | | 8:04.88 | |
| 12 | Erie | | 8:05.48 | |
| 13 | Broomfield | | 8:05.52 | |
| 14 | Cherokee Trail | | 8:06.65 | |
| 15 | Cherry Creek | | 8:07.07 | |
| 16 | Pine Creek | | 8:07.24 | |
| 17 | Legend | | 8:07.65 | |
| 18 | Rocky Mtn. | | 8:08.13 | |

**2024 COLORADO HIGH SCHOOL STATE TRACK CHAMPIONSHIPS - 5/16/2024 to 5/18/2024**

**Jefferson County Stadium, Lakewood**

**Performance List**

## Event 173 Boys High Jump 5A

**Friday 5/17/2024 - 1:30 PM**

**Warm-up TBA**

**Start 5'11" - Increments 2" to until 3 jumpers then up by 1"**

| | | | |
|---|---|---|---|
| **National:** | **7-06** | **2017** | **Vernon Turner** |
| **Colo. Prep:** | **7-04.25** | **2024** | **Scottie Vines** |
| **State Meet:** | **7-02** | **1987** | **Jeff Martinez** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Kaleb Kimaita | 12 | Horizon | 6-10.00 | |
| 2 | Yasin Sekue | 9 | Rangeview | 6-06.50 | |
| 3 | Luke Garvin | 12 | Fossil Ridge | 6-06.00 | |
| 4 | Joseph Bermudez | 11 | Centaurus | 6-06.00 | |
| 5 | Finn Conway | 11 | Fort Collins | 6-05.00 | |
| 6 | Trevor Januzzi | 12 | Rock Canyon | 6-04.00 | |
| 7 | Charlie Sparks | 12 | Rocky Mtn. | 6-04.00 | |
| 8 | Joe Cottingham | 12 | Fort Collins | 6-04.00 | |
| 9 | Brandon Avance | 12 | Vista Ridge | 6-04.00 | |
| 10 | Lance Gilbertson | 12 | Rocky Mtn. | 6-04.00 | |
| 11 | Jayden Diggins | 12 | Eaglecrest | 6-04.00 | |
| 12 | Charles Leonard | 12 | Cherry Creek | 6-03.00 | |
| 13 | Anthony Sandoval | 12 | Fountain-Ft Crsn | 6-03.00 | |
| 14 | Braylen Thomas | 12 | Cherokee Trail | 6-03.00 | |
| 15 | Mason Lusche | 11 | Arvada West | 6-03.00 | |
| 16 | Brody Kloster | 10 | Castle View | 6-02.00 | |
| 17 | Wesley Wright | 12 | Vista Ridge | 6-02.00 | |
| 18 | Sumner Cottrell | 11 | Castle View | 6-02.00 | |
| 19 | Shaun Gurtner | 10 | Vista Peak | 6-02.00 | |
| 20 | Nurudeen Diallo | 11 | Cherokee Trail | 6-02.00 | |
| 21 | Ricky Pietras | 11 | Fossil Ridge | 6-02.00 | |

## Event 174 Boys Pole Vault 5A

**Thursday 5/16/2024 - 8:30 AM**

**Warm-up TBA**

**Start 11'4" - Increments 6" to until 3 jumpers then up by 3"**

| | | | |
|---|---|---|---|
| **National:** | **19-05.50** | **2018** | **Armand Duplantis** |
| **Colo. Prep:** | **17-07.50** | **1986** | **Pat Manson** |
| **State Meet:** | **17-03.50** | **2018** | **Max Manson** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Tyler Rowan | 12 | Monarch | 16-06.00 | |
| 2 | Aaron Kucinski | 11 | ThunderRidge | 16-01.00 | |
| 3 | Taylor Waters | 11 | Cherokee Trail | 15-07.00 | |
| 4 | Ethan Nuttall | 11 | Monarch | 14-08.00 | |
| 5 | Grayson Pence | 11 | Cherry Creek | 14-07.00 | |
| 6 | Gannon Berglund | 12 | Poudre | 14-03.00 | |
| 7 | Jacob Kress | 10 | Broomfield | 14-02.00 | |
| 8 | Kanyon Schrom | 11 | Rocky Mtn. | 13-08.00 | |
| 9 | Duncan O'Kelly | 11 | Rocky Mtn. | 13-08.00 | |
| 10 | Dutch Neuweiler | 11 | RalstonValley | 13-08.00 | |
| 11 | Sawyer Carr | 11 | Cherokee Trail | 13-07.00 | |
| 12 | Connor Gerdes | 12 | ThunderRidge | 13-03.00 | |
| 13 | Andrew Haag | 12 | Chaparral | 12-08.00 | |
| 14 | Tytus Hettich | 12 | Vista Peak | 12-07.00 | |
| 15 | Cohen JanssenRoets | 12 | Boulder | 12-06.00 | |
| 16 | Merrick Bridgman | 10 | Douglas Cty | 12-06.00 | |
| 17 | Carson Gerdes | 10 | ThunderRidge | 12-02.00 | |
| 18 | Wyatt Miller | 11 | Centaurus | 12-02.00 | |

## Event 175 Boys Long Jump 5A

**Thursday 5/16/2024 - 11:30 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **26-04.75** | **1989** | **James Stallworth** |
| **Colo. Prep:** | **24-08** | **2023** | **Brandon Hills** |
| **State Meet:** | **24-08** | **2023** | **Brandon Hills** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Peace Warah | 12 | Eaglecrest | 23-00.25 | |
| 2 | Marcus Mozer | 11 | Fossil Ridge | 23-00.00 | |
| 3 | Maximus Hufford | 12 | Ponderosa | 22-11.50 | |
| 4 | Nathan Shrestha | 11 | Rock Canyon | 22-11.00 | |
| 5 | Kaleb Kimaita | 12 | Horizon | 22-09.00 | |
| 6 | Cayden Sweets | 12 | Cherokee Trail | 22-07.75 | |
| 7 | Joshua Levine | 12 | Erie | 22-07.75 | |
| 8 | Cullen McReynolds | 12 | Arvada West | 22-07.50 | |
| 9 | Darrell Ishman | 11 | Castle View | 22-06.50 | |
| 10 | Brandon Avance | 12 | Vista Ridge | 22-06.25 | |
| 11 | Mathias Price | 12 | Fountain-Ft Crsn | 22-05.50 | |
| 12 | Wondame Davis | 12 | Overland | 22-02.75 | |
| 13 | Luke Garvin | 12 | Fossil Ridge | 22-02.50 | |
| 14 | Marco Martinez | 12 | Erie | 22-01.50 | |
| 15 | Caleb Jolliff | 11 | Arapahoe | 22-00.50 | |
| 16 | Calix Caldwell | 12 | Fountain-Ft Crsn | 21-11.25 | |
| 17 | Ace Urdiales | 11 | Mtn. Vista | 21-11.00 | |
| 18 | Bryan Bowerfind | 12 | Fossil Ridge | 21-11.00 | |

## Event 176 Boys Triple Jump 5A

**Saturday 5/18/2024 - 8:30 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **52-10.50** | **1980** | **Charles Mayfield** |
| **Colo. Prep:** | **51-00.25** | **1973** | **Victor White** |
| **State Meet:** | **51-00.25** | **1973** | **Victor White** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Kaleb Kimaita | 12 | Horizon | 46-00.50 | |
| 2 | Luke Garvin | 12 | Fossil Ridge | 45-00.50 | |
| 3 | Elijah Roy | 11 | Pine Creek | 44-11.00 | |
| 4 | Cullen McReynolds | 12 | Arvada West | 44-08.50 | |
| 5 | Kai Luna | 12 | Denver East | 44-01.25 | |
| 6 | Owen Pring | 11 | Denver South | 43-11.75 | |
| 7 | Guy Curtis | 10 | Fort Collins | 43-11.75 | |
| 8 | Jamie Padilla | 12 | Horizon | 43-11.25 | |
| 9 | Jason Lomosi | 11 | Cherokee Trail | 43-10.00 | |
| 10 | Nathan Shrestha | 11 | Rock Canyon | 43-10.00 | |
| 11 | Bezalel Tizazu | 12 | Eaglecrest | 43-09.50 | |
| 12 | Savon Johnson | 12 | Eaglecrest | 43-09.25 | |
| 13 | De Marcues Harris | 10 | Cherokee Trail | 43-08.75 | |
| 14 | Jaden Smith | 12 | Cherokee Trail | 43-08.50 | |
| 15 | Jalen Hale | 11 | Doherty | 43-06.00 | |
| 16 | Khaid Smith | 12 | Fountain-Ft Crsn | 43-06.00 | |
| 17 | Zander Besch | 11 | Mtn. Vista | 43-03.50 | |
| 18 | Brandon Lorenzo | 10 | Rock Canyon | 43-03.00 | |

**2024 COLORADO HIGH SCHOOL STATE TRACK CHAMPIONSHIPS - 5/16/2024 to 5/18/2024**

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**Performance List**

### Event 177 Boys Shot Put 5A

**Saturday 5/18/2024 - 10:30 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **77-00** | **1979** | **Michael Carter** |
| **Colo. Prep:** | **71-03.25** | **2009** | **Mason Finley** |
| **State Meet:** | **66-03.25** | **1982** | **Jim Banich** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Charlie Lafore | 12 | Chatfield | 65-04.25 | |
| 2 | Soren Shinofield | 11 | Cherry Creek | 57-00.00 | |
| 3 | Jarrius Ward | 11 | Overland | 55-04.00 | |
| 4 | Jackson Cowgill | 12 | Erie | 53-03.50 | |
| 5 | Camden Bruns | 11 | Rampart | 53-03.00 | |
| 6 | Thomas Goeglein | 12 | Cherry Creek | 51-11.00 | |
| 7 | Zay Amaro | 11 | ValorChristian | 51-10.50 | |
| 8 | Kaiden Major | 12 | Rocky Mtn. | 51-09.50 | |
| 9 | Nathan Hunholz | 12 | Vista Peak | 50-08.50 | |
| 10 | Max Parrott | 12 | Cherry Creek | 50-07.50 | |
| 11 | Brock Hillary | 12 | Erie | 50-01.75 | |
| 12 | Kael Weatherby | 12 | Eaglecrest | 48-11.00 | |
| 13 | Lhemar Muhammad-vives | 12 | Vista Ridge | 48-09.00 | |
| 14 | Mason Cowgill | 12 | Erie | 48-03.00 | |
| 15 | Kannon Smith | 10 | ValorChristian | 48-00.00 | |
| 16 | Maddox Richardson | 11 | Doherty | 47-05.50 | |
| 17 | Austin Blattner | 10 | RalstonValley | 47-02.00 | |
| 18 | Marcus Adams | 11 | Cherokee Trail | 46-05.75 | |

### Event 178 Boys Discus Throw 5A

**Thursday 5/16/2024 - 8:30 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **236-06** | **2009** | **Mason Finley** |
| **Colo. Prep:** | **236-06** | **2009** | **Mason Finley** |
| **State Meet:** | **192-05** | **1977** | **Todd Austin** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Charlie Lafore | 12 | Chatfield | 190-00 | |
| 2 | Jarrius Ward | 11 | Overland | 185-08 | |
| 3 | Kaiden Major | 12 | Rocky Mtn. | 169-07 | |
| 4 | Thomas Goeglein | 12 | Cherry Creek | 165-01 | |
| 5 | Mason Cowgill | 12 | Erie | 154-10 | |
| 6 | Evan Gaston | 11 | Castle View | 153-01 | |
| 7 | Soren Shinofield | 11 | Cherry Creek | 150-09 | |
| 8 | Ryland Lemcke | 11 | Chaparral | 148-11 | |
| 9 | Alton Fletcher | 12 | Liberty | 148-08 | |
| 10 | Cole Powell | 11 | Erie | 147-06 | |
| 11 | Brady Smith | 11 | Douglas Cty | 144-06 | |
| 12 | David Ortiz-gaytan | 11 | Loveland | 144-06 | |
| 13 | Ethan Stubbs | 12 | Douglas Cty | 143-11 | |
| 14 | Aidan Drake | 11 | Doherty | 143-05 | |
| 15 | Karsten Grogan | 12 | Fort Collins | 142-06 | |
| 16 | Jackson Cowgill | 12 | Erie | 142-04 | |
| 17 | Brian Valdez | 11 | Doherty | 140-10 | |
| 18 | Alex Hanson | 10 | Mtn. Vista | 140-10 | |

### Event 181 Girls 100 Meter Dash 5A Prelims

**Thursday 5/16/2024 - 8:25 AM**

| | | | |
|---|---|---|---|
| **National:** | **11.00** | **2023** | **Mia Brahe-Pederson** |
| **Colo. Prep:** | **11.31** | **1987** | **Caryl Smith** |
| **Colo. Prep:** | **11.31** | **2019** | **Arria Minor** |
| **State Meet:** | **11.31** | **2019** | **Arria Minor** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Ellie Londo | 10 | ValorChristian | 11.94 | |
| 2 | Zona Welling | 9 | Heritage | 11.98 | |
| 3 | Cydnee Taylor | 12 | Rampart | 12.08 | |
| 4 | Sofia Titarenko | 10 | Lakewood | 12.14 | |
| 5 | Amelie Campbell | 11 | Denver East | 12.20 | |
| 6 | Megan Witkiewicz | 12 | Rock Canyon | 12.21 | |
| 7 | Maren Holecek | 11 | Monarch | 12.22 | |
| 8 | Gabriella Cunningham | 12 | Grandview | 12.22 | |
| 9 | Nevaeh Rura | 9 | Rocky Mtn. | 12.43 | |
| 10 | Jordyn Benton | 12 | Ponderosa | 12.44 | |
| 11 | Olivia Clarke | 10 | Castle View | 12.44 | |
| 12 | Kennedy Walters | 9 | Ponderosa | 12.47 | |
| 13 | Lezlee Napier | 9 | Overland | 12.48 | |
| 14 | Elsie Lindeman | 12 | Legend | 12.50 | |
| 15 | Sophia O'Donnell | 10 | Chaparral | 12.51 | |
| 16 | Ella Bendle | 12 | Rock Canyon | 12.54 | |
| 17 | Taylor Willingham | 12 | Legend | 12.56 | |
| 18 | Leiava Holliman | 11 | Grandview | 12.56 | |
| 19 | Alison Hoodak | 12 | Poudre | 12.57 | |

### Event 182 Girls 200 Meter Dash 5A Prelims

**Thursday 5/16/2024 - 12:00 PM**

| | | | |
|---|---|---|---|
| **National:** | **22.52** | **2003** | **Allyson Felix** |
| **Colo. Prep:** | **22.89** | **2018** | **Arria Minor** |
| **State Meet:** | **22.89** | **2018** | **Arria Minor** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Ellie Londo | 10 | ValorChristian | 24.46 | |
| 2 | Zona Welling | 9 | Heritage | 24.51 | |
| 3 | Cydnee Taylor | 12 | Rampart | 24.59 | |
| 4 | Maren Holecek | 11 | Monarch | 24.91 | |
| 5 | Amelie Campbell | 11 | Denver East | 24.98 | |
| 6 | Kaeli Powe | 11 | Cherokee Trail | 25.07 | |
| 7 | Megan Witkiewicz | 12 | Rock Canyon | 25.12 | |
| 8 | Maliah Watson | 10 | Cherokee Trail | 25.37 | |
| 9 | Tessa Beatty | 11 | Cherry Creek | 25.38 | |
| 10 | Bella Oakes | 11 | Rock Canyon | 25.42 | |
| 11 | Olivia Clarke | 10 | Castle View | 25.43 | |
| 12 | Sofia Titarenko | 10 | Lakewood | 25.44 | |
| 13 | Eva Dellorco | 12 | Castle View | 25.46 | |
| 14 | Addyson Lotz | 10 | Rocky Mtn. | 25.57 | |
| 15 | London Pate | 9 | Pine Creek | 25.62 | |
| 16 | Lillian Schatz | 10 | RalstonValley | 25.86 | |
| 17 | Ella Bendle | 12 | Rock Canyon | 25.96 | |
| 18 | Jordyn Benton | 12 | Ponderosa | 25.97 | |

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## Event 183 Girls 400 Meter Dash 5A Prelims

**Thursday 5/16/2024 - 1:00 PM**

| | | | |
|---|---|---|---|
| **National:** | **50.74** | **2000** | **Monique Henderson** |
| **Colo. Prep:** | **51.92** | **2018** | **Arria Minor** |
| **State Meet:** | **51.92** | **2018** | **Arria Minor** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Ellie Londo | 10 | ValorChristian | 55.74 | |
| 2 | Aspen Webb | 12 | Chatfield | 55.83 | |
| 3 | Eva Dellorco | 12 | Castle View | 56.55 | |
| 4 | Lillian Oakes | 11 | Rock Canyon | 56.94 | |
| 5 | Jane Rothenberg | 11 | Cherry Creek | 57.10 | |
| 6 | Annalina Torres | 11 | Legacy | 57.16 | |
| 7 | Anna Wehrenberg | 12 | Grandview | 57.26 | |
| 8 | Sofia Titarenko | 10 | Lakewood | 57.66 | |
| 9 | Tessa Beatty | 11 | Cherry Creek | 57.87 | |
| 10 | Gabi Shepston | 11 | Legacy | 57.92 | |
| 11 | Lily Wale | 10 | Fossil Ridge | 58.02 | |
| 12 | Ariana Akey | 10 | Mtn. Vista | 58.10 | |
| 13 | Lillian Schatz | 10 | RalstonValley | 58.65 | |
| 14 | Jaylynn Wilson | 11 | Eaglecrest | 58.67 | |
| 15 | Scarlett Lee | 9 | RalstonValley | 58.72 | |
| 16 | Ashley Hollingshead | 11 | Mtn. Vista | 58.75 | |
| 17 | Melayna Barclay | 12 | Chatfield | 58.78 | |
| 18 | Amelia Montgomery | 12 | ThunderRidge | 58.85 | |

## Event 184 Girls 800 Meter Run 5A

**Friday 5/17/2024 - 12:40 PM**

**Five Alleys with 1-turn Stagger Start**

| | | | |
|---|---|---|---|
| **National:** | **2:00.03** | **2022** | **Roisin Willis** |
| **Colo. Prep:** | **2:04.56** | **2015** | **Jordyn Colter** |
| **State Meet:** | **2:04.56** | **2015** | **Jordyn Colter** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Mia Williams | 11 | Fossil Ridge | 2:12.25 | |
| 2 | Keeghan Edwards | 11 | Mtn. Vista | 2:13.63 | |
| 3 | Kinley Wolfe | 11 | Cherry Creek | 2:13.72 | |
| 4 | Juliet Frum | 11 | Mtn. Vista | 2:13.85 | |
| 5 | Delaney Voronin | 12 | Fossil Ridge | 2:14.08 | |
| 6 | Claire Guiberson | 10 | Mtn. Vista | 2:14.46 | |
| 7 | Helen Carlson | 12 | Fairview | 2:14.48 | |
| 8 | Rosie Mucharsky | 11 | Denver East | 2:14.55 | |
| 9 | Peyton Adams | 11 | Mtn. Vista | 2:14.70 | |
| 10 | Eloise Stuart | 12 | Rock Canyon | 2:14.74 | |
| 11 | Lindsey Kaines | 11 | Rocky Mtn. | 2:14.96 | |
| 12 | Kiki Vaughn | 12 | Boulder | 2:15.69 | |
| 13 | Chloe Johnson | 12 | Douglas Cty | 2:15.78 | |
| 14 | Ciara Baker | 11 | Castle View | 2:15.80 | |
| 15 | Melayna Barclay | 12 | Chatfield | 2:15.80 | |
| 16 | Jordan Banta | 10 | Air Academy | 2:16.17 | |
| 17 | Amelia Montgomery | 12 | ThunderRidge | 2:17.19 | |
| 18 | Caroline Laughlin | 11 | Cherry Creek | 2:17.41 | |

## Event 185 Girls 1600 Meter Run 5A

**Saturday 5/18/2024 - 11:10 AM**

**Five Alleys with 1-turn Stagger Start**

| | | | |
|---|---|---|---|
| **National:** | **4:33.29** | **2014** | **Alexa Efraimson** |
| **National:** | **4:33.29** | **2022** | **Sadie Engelhardt** |
| **Colo. Prep:** | **4:39.94** | **2023** | **Emma Stutzman** |
| **State Meet:** | **4:39.94** | **2023** | **Emma Stutzman** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Bethany Michalak | 12 | Air Academy | 4:51.22 | |
| 2 | Rosie Mucharsky | 11 | Denver East | 4:51.32 | |
| 3 | Tatum Berg | 11 | Fossil Ridge | 4:53.09 | |
| 4 | Keeghan Edwards | 11 | Mtn. Vista | 4:53.95 | |
| 5 | Juliet Frum | 11 | Mtn. Vista | 4:54.76 | |
| 6 | Emily Cohen | 10 | Cherry Creek | 4:55.09 | |
| 7 | Peyton Adams | 11 | Mtn. Vista | 4:55.29 | |
| 8 | Kiki Vaughn | 12 | Boulder | 4:56.82 | |
| 9 | Claire Guiberson | 10 | Mtn. Vista | 4:56.94 | |
| 10 | Mia Williams | 11 | Fossil Ridge | 4:57.05 | |
| 11 | Tessa Walter | 11 | Air Academy | 4:57.47 | |
| 12 | Elena Torres | 12 | Loveland | 4:58.56 | |
| 13 | Jordan Banta | 10 | Air Academy | 4:59.24 | |
| 14 | Kinley Wolfe | 11 | Cherry Creek | 5:00.58 | |
| 15 | Chamorra Cooper | 9 | Air Academy | 5:03.00 | |
| 16 | Mariah Hook | 9 | Air Academy | 5:03.33 | |
| 17 | Caroline Fender | 10 | Heritage | 5:06.86 | |
| 18 | Emma Wilhelm | 12 | Pine Creek | 5:07.16 | |

## Event 186 Girls 3200 Meter Run 5A

**Thursday 5/16/2024 - 8:45 AM**

**Two Super Alleys with 1-turn Stagger**

| | | | |
|---|---|---|---|
| **National:** | **9:47.88** | **2018** | **Katelyn Touhy** |
| **Colo. Prep:** | **10:06.23** | **2022** | **Riley Stewart** |
| **State Meet:** | **10:09.26** | **2017** | **Brie Oakley** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Tatum Berg | 11 | Fossil Ridge | 10:37.48 | |
| 2 | Elena Torres | 12 | Loveland | 10:40.22 | |
| 3 | Bethany Michalak | 12 | Air Academy | 10:43.93 | |
| 4 | Claire Guiberson | 10 | Mtn. Vista | 10:45.39 | |
| 5 | Keeghan Edwards | 11 | Mtn. Vista | 10:46.35 | |
| 6 | Caroline Fender | 10 | Heritage | 10:46.40 | |
| 7 | Juliet Frum | 11 | Mtn. Vista | 10:48.50 | |
| 8 | Emily Cohen | 10 | Cherry Creek | 10:49.44 | |
| 9 | Kapri Parry | 10 | Chaparral | 10:51.72 | |
| 10 | Peyton Adams | 11 | Mtn. Vista | 10:51.74 | |
| 11 | Kaylee Ellsworth | 11 | Chaparral | 10:51.78 | |
| 12 | Tessa Walter | 11 | Air Academy | 10:52.92 | |
| 13 | Chamorra Cooper | 9 | Air Academy | 10:53.21 | |
| 14 | Emma Wilhelm | 12 | Pine Creek | 10:54.98 | |
| 15 | Zoe Brandt | 11 | Mtn. Vista | 10:56.00 | |
| 16 | Sabina Stroia | 11 | Erie | 10:58.46 | |
| 17 | Emry Schwalm | 10 | Heritage | 10:59.33 | |
| 18 | Emily Beers | 11 | Air Academy | 11:00.08 | |

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## Event 187 Girls 100 Meter Hurdles 5A Prelims

**Thursday 5/16/2024 - 9:55 AM**

| | | | |
|---|---|---|---|
| **National:** | **13.03** | **2007** | **Vashti Thomas** |
| **Colo. Prep:** | **13.09** | **2014** | **Dior Hall** |
| **State Meet:** | **13.09** | **2014** | **Dior Hall** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Gabriella Cunningham | 12 | Grandview | 13.95 | |
| 2 | Payton Becker | 11 | Ponderosa | 14.61 | |
| 3 | Sanaai Hancock | 12 | Cherokee Trail | 14.64 | |
| 4 | Audrey Hubbell | 12 | Chatfield | 14.66 | |
| 5 | Annabella Palillian | 12 | Horizon | 14.72 | |
| 6 | Alexa Queen | 10 | Fountain-Ft Crsn | 14.81 | |
| 7 | Kaeli Powe | 11 | Cherokee Trail | 14.90 | |
| 8 | Petra McGowan | 11 | Rock Canyon | 15.02 | |
| 9 | Aniya Sigars | 11 | Smoky Hill | 15.07 | |
| 10 | Ryan Taylor | 12 | Heritage | 15.19 | |
| 11 | Giada Giarratano | 12 | RalstonValley | 15.23 | |
| 12 | Kiyah Enoch | 10 | Smoky Hill | 15.29 | |
| 13 | Elli Sapiano McKimmey | 11 | Horizon | 15.31 | |
| 14 | Josie Krekeler | 11 | ValorChristian | 15.40 | |
| 15 | Sasha Kennedy | 10 | Grandview | 15.46 | |
| 16 | Morgan Miller | 12 | Douglas Cty | 15.58 | |
| 17 | Rachel Carlsen | 12 | Eaglecrest | 15.66 | |
| 18 | Elliana Adams | 11 | Doherty | 15.84 | |

## Event 188 Girls 300 Meter Hurdles 5A Prelims

**Friday 5/17/2024 - 10:50 AM**

| | | | |
|---|---|---|---|
| **National:** | **39.98** | **2001** | **Lashinda Demus** |
| **Colo. Prep:** | **40.60** | **2018** | **Emily Sloan** |
| **State Meet:** | **40.60** | **2018** | **Emily Sloan** |

| | Name | Yr | School | Seed Time | |
|---|---|---|---|---|---|
| 1 | Gabriella Cunningham | 12 | Grandview | 41.96 | |
| 2 | Alexa Queen | 10 | Fountain-Ft Crsn | 44.16 | |
| 3 | Payton Becker | 11 | Ponderosa | 44.30 | |
| 4 | Morgan Miller | 12 | Douglas Cty | 44.40 | |
| 5 | Elliana Adams | 11 | Doherty | 44.52 | |
| 6 | Josie Krekeler | 11 | ValorChristian | 44.78 | |
| 7 | Lila Hansen | 10 | Broomfield | 44.84 | |
| 8 | Aniya Sigars | 11 | Smoky Hill | 45.07 | |
| 9 | Annabella Palillian | 12 | Horizon | 45.33 | |
| 10 | Rachel Carlsen | 12 | Eaglecrest | 45.33 | |
| 11 | Kiyah Enoch | 10 | Smoky Hill | 45.35 | |
| 12 | Sasha Kennedy | 10 | Grandview | 45.61 | |
| 13 | Danica Azumah | 12 | Smoky Hill | 45.73 | |
| 14 | Iris Hicks | 11 | Poudre | 45.74 | |
| 15 | Elli Sapiano McKimmey | 11 | Horizon | 45.80 | |
| 16 | Catherine Campbell | 11 | Monarch | 45.83 | |
| 17 | Petra McGowan | 11 | Rock Canyon | 45.94 | |
| 18 | Amelia Montgomery | 12 | ThunderRidge | 46.53 | |

## Event 189 Girls 4x100 Meter Relay 5A Prelims

**Friday 5/17/2024 - 9:00 AM**

| | | | |
|---|---|---|---|
| **National:** | **44.24** | **2019** | **Desoto HS, TX** |
| **Colo. Prep:** | **46.51** | **2007** | **George Washington HS** |
| **Colo. Prep:** | **46.51** | **2018** | **Denver East HS** |

**A Minor, K Reigh, M McDonald, S Algee**

| | | | |
|---|---|---|---|
| **State Meet:** | **46.51** | **2007** | **George Washington HS** |
| **State Meet:** | **46.51** | **2018** | **Denver East HS** |

**A Minor, K Reigh, M McDonald, S Algee**

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Cherokee Trail | | 48.13 | |
| 2 | Eaglecrest | | 48.32 | |
| 3 | Grandview | | 48.56 | |
| 4 | Rock Canyon | | 48.60 | |
| 5 | Fountain-Ft Crsn | | 48.66 | |
| 6 | Rampart | | 48.77 | |
| 7 | Legend | | 48.79 | |
| 8 | Heritage | | 48.80 | |
| 9 | Chatfield | | 48.82 | |
| 10 | Poudre | | 48.99 | |
| 11 | Ponderosa | | 49.01 | |
| 12 | Smoky Hill | | 49.05 | |
| 13 | Fossil Ridge | | 49.07 | |
| 14 | Rocky Mtn. | | 49.09 | |
| 15 | ValorChristian | | 49.20 | |
| 16 | Air Academy | | 49.28 | |
| 17 | Erie | | 49.40 | |
| 18 | Cherry Creek | | 49.60 | |

## Event 190 Girls 4x200 Meter Relay 5A Prelims

**Thursday 5/16/2024 - 9:15 AM**

| | | | |
|---|---|---|---|
| **National:** | **1:33.87** | **2004** | **Long Beach Poly HS, CA** |
| **Colo. Prep:** | **1:37.00** | **2019** | **Valor Christian HS** |

**S Mcmullen, C Peisner, D Grimes, A Hall**

| | | | |
|---|---|---|---|
| **State Meet:** | **1:37.00** | **2019** | **Valor Christian HS** |

**S Mcmullen, C Peisner, D Grimes, A Hall**

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Cherokee Trail | | 1:40.99 | |
| 2 | Grandview | | 1:41.20 | |
| 3 | Eaglecrest | | 1:42.50 | |
| 4 | Legacy | | 1:43.35 | |
| 5 | ValorChristian | | 1:43.37 | |
| 6 | Poudre | | 1:43.96 | |
| 7 | Cherry Creek | | 1:43.96 | |
| 8 | Rock Canyon | | 1:44.22 | |
| 9 | Fruita Mon. | | 1:44.27 | |
| 10 | Rocky Mtn. | | 1:44.47 | |
| 11 | Fort Collins | | 1:44.62 | |
| 12 | Ponderosa | | 1:44.64 | |
| 13 | Mtn. Vista | | 1:44.78 | |
| 14 | Rampart | | 1:44.82 | |
| 15 | Fossil Ridge | | 1:44.85 | |
| 16 | RalstonValley | | 1:44.90 | |
| 17 | Chatfield | | 1:44.93 | |
| 18 | Smoky Hill | | 1:45.06 | |

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## Event 191 Girls 4x400 Meter Relay 5A Prelims

**Friday 5/17/2024 - 3:10 PM**

**National:** 3:35.49 2004 Long Beach Poly HS, CA
**Colo. Prep:** 3:41.89 2019 Valor Christian HS
R Dragovich, C Peisner, Q Mcmahon, A Hall
**State Meet:** 3:41.89 2019 Valor Christian HS
R Dragovich, C Peisner, Q Mcmahon, A Hall

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Mtn. Vista | | 3:56.53 | |
| 2 | Cherry Creek | | 3:56.71 | |
| 3 | Rock Canyon | | 3:57.74 | |
| 4 | Eaglecrest | | 3:58.29 | |
| 5 | Castle View | | 4:00.47 | |
| 6 | Legend | | 4:01.60 | |
| 7 | Grandview | | 4:02.66 | |
| 8 | Legacy | | 4:03.02 | |
| 9 | Douglas Cty | | 4:03.59 | |
| 10 | Fossil Ridge | | 4:04.30 | |
| 11 | Chatfield | | 4:04.40 | |
| 12 | Smoky Hill | | 4:04.56 | |
| 13 | Cherokee Trail | | 4:04.66 | |
| 14 | Dakota Ridge | | 4:04.84 | |
| 15 | ValorChristian | | 4:05.18 | |
| 16 | Broomfield | | 4:05.44 | |
| 17 | Fort Collins | | 4:06.60 | |
| 18 | Erie | | 4:07.11 | |

## Event 192 Girls 4x800 Meter Relay 5A

**Thursday 5/16/2024 - 10:25 AM**

**Five Alleys with 1-turn Stagger Start**

**National:** 8:48.29 2012 Grosse Pointe South, MI
**Colo. Prep:** 8:53.43 2022 Cherry Creek HS
A Price, S Balding, K Christianson, R Stewart
**State Meet:** 9:01.83 2003 Smoky Hill HS

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Mtn. Vista | | 9:11.77 | |
| 2 | Air Academy | | 9:14.16 | |
| 3 | Fossil Ridge | | 9:27.23 | |
| 4 | Chaparral | | 9:28.10 | |
| 5 | Rock Canyon | | 9:29.62 | |
| 6 | Cherry Creek | | 9:30.39 | |
| 7 | Boulder | | 9:32.41 | |
| 8 | Chatfield | | 9:35.41 | |
| 9 | Denver East | | 9:36.63 | |
| 10 | Dakota Ridge | | 9:38.46 | |
| 11 | Loveland | | 9:39.15 | |
| 12 | Castle View | | 9:39.20 | |
| 13 | Fort Collins | | 9:40.12 | |
| 14 | Fruita Mon. | | 9:40.84 | |
| 15 | Fairview | | 9:45.86 | |
| 16 | Erie | | 9:47.47 | |
| 17 | Ponderosa | | 9:50.35 | |
| 18 | Centaurus | | 9:51.77 | |

## Event 193 Girls 800 Sprint Medley 5A Prelims

**Thursday 5/16/2024 - 8:00 AM**

**Format: 100-100-200-400 - 2-Turn Stagger**

**Colo. Prep:** 1:42.62 2018 Denver East HS
M McDonald, I Horton, K Reigh, A Clayton
**State Meet:** 1:42.62 2018 Denver East HS
M McDonald, I Horton, K Reigh, A Clayton

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Cherokee Trail | | 1:46.64 | |
| 2 | Rock Canyon | | 1:47.63 | |
| 3 | Cherry Creek | | 1:47.66 | |
| 4 | ValorChristian | | 1:48.11 | |
| 5 | Grandview | | 1:48.15 | |
| 6 | Chatfield | | 1:48.86 | |
| 7 | Doherty | | 1:49.04 | |
| 8 | Fossil Ridge | | 1:49.12 | |
| 9 | Legacy | | 1:49.25 | |
| 10 | Pine Creek | | 1:49.44 | |
| 11 | RalstonValley | | 1:49.60 | |
| 12 | Heritage | | 1:49.64 | |
| 13 | Rampart | | 1:49.68 | |
| 14 | Eaglecrest | | 1:49.78 | |
| 15 | Castle View | | 1:49.79 | |
| 16 | Legend | | 1:50.19 | |
| 17 | Columbine | | 1:50.30 | |
| 18 | Dakota Ridge | | 1:50.40 | |

## Event 194 Girls High Jump 5A

**Friday 5/17/2024 - 10:30 AM**

**Warm-up TBA**

**Start 4'11" - Increments 2" to until 3 jumpers then up by 1"**

**National:** 6-04.50 2015 Vashti Cunningham
**Colo. Prep:** 6-01 1978 Sharon Burrill
**State Meet:** 6-00.50 2005 Chelsea Taylor

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Farrah Eike | 12 | ValorChristian | 5-07.50 | |
| 2 | Petra McGowan | 11 | Rock Canyon | 5-04.00 | |
| 3 | Nevaeh Rura | 9 | Rocky Mtn. | 5-04.00 | |
| 4 | Andrea Davis | 11 | Grandview | 5-04.00 | |
| 5 | Misha Edwards | 11 | Air Academy | 5-03.50 | |
| 6 | Evelyn McClellan | 11 | Horizon | 5-03.50 | |
| 7 | Addison Hayes | 11 | Fossil Ridge | 5-03.00 | |
| 8 | Cambelle Brammer | 10 | Fruita Mon. | 5-03.00 | |
| 9 | Mackenzie Rankin | 9 | Ponderosa | 5-03.00 | |
| 10 | LaLannie Donald | 10 | Doherty | 5-03.00 | |
| 11 | Kenzie Brown | 9 | RalstonValley | 5-03.00 | |
| 12 | Lucy Wortman | 10 | Ponderosa | 5-02.00 | |
| 13 | Addi Forrest | 9 | Poudre | 5-02.00 | |
| 14 | Clementine Ulle | 10 | Poudre | 5-02.00 | |
| 15 | Vivian Yore | 10 | Castle View | 5-02.00 | |
| 16 | Maggie Hoyer | 9 | Fossil Ridge | 5-02.00 | |
| 17 | Gracie Lloyd | 12 | Fruita Mon. | 5-01.50 | |
| 18 | Sasha Kennedy | 10 | Grandview | 5-01.00 | |
| 19 | Sarah Collins | 12 | Broomfield | 5-01.00 | |
| 20 | Audrey Hubbell | 12 | Chatfield | 5-01.00 | |

**2024 COLORADO HIGH SCHOOL STATE TRACK CHAMPIONSHIPS - 5/16/2024 to 5/18/2024**

**Jefferson County Stadium, Lakewood**

**Performance List**

### Event 194 ...(Girls High Jump 5A)

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 21 | Gracynn Smith | 11 | Mtn. Vista | 5-01.00 | |
| 22 | Anna Cobos | 10 | Fountain-Ft Crsn | 5-01.00 | |
| 23 | Emmy Hardee | 10 | Fruita Mon. | 5-01.00 | |
| 24 | Paige Murdock | 10 | Pine Creek | 5-01.00 | |
| 25 | Isabel Harvey | 12 | Heritage | 5-01.00 | |
| 26 | Teleia Perry | 9 | Vista Ridge | 5-01.00 | |
| 27 | Amy Schulte | 12 | ThunderRidge | 5-01.00 | |

### Event 195 Girls Pole Vault 5A

**Thursday 5/16/2024 - 11:30 AM**

**Warm-up TBA**

**Start 9'8" - Increments 6" to until 3 jumpers then up by 3"**

| | | | |
|---|---|---|---|
| **National:** | **15-00** | **2023** | **Hana Moll** |
| **Colo. Prep:** | **13-09** | **2016** | **Andrea Willis** |
| **State Meet:** | **13-01** | **2008** | **Kelli Ehardt** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Lilly Nichols | 12 | Broomfield | 13-06.00 | |
| 2 | Camille Cummings | 12 | Denver East | 12-05.00 | |
| 3 | Charlotte Elliston | 12 | Fairview | 12-02.00 | |
| 4 | Francescca Zapparoli | 10 | Rock Canyon | 11-03.00 | |
| 5 | Amy Perkins | 12 | Boulder | 11-02.00 | |
| 6 | Holly Vuolo | 12 | Chaparral | 11-02.00 | |
| 7 | Tatem Gobble | 9 | Arapahoe | 11-00.00 | |
| 8 | Isabel Varela | 11 | Cherry Creek | 10-09.00 | |
| 9 | Sienna Kozisek | 12 | Doherty | 10-09.00 | |
| 10 | Jordan Blankenship | 12 | ValorChristian | 10-08.00 | |
| 11 | Charlotte Coleman | 12 | Monarch | 10-08.00 | |
| 12 | Claire Sullivan | 11 | Mtn. Range | 10-08.00 | |
| 13 | Avry MacKenzie | 11 | Rocky Mtn. | 10-07.00 | |
| 14 | Dylan Gommel | 12 | Legend | 10-06.00 | |
| 15 | Che Bertrand | 10 | Fossil Ridge | 10-06.00 | |
| 16 | Macy Billinger | 11 | Castle View | 10-06.00 | |
| 17 | Lauren Kidney | 12 | Centaurus | 10-06.00 | |
| 18 | Abigail Frei | 11 | Regis Jesuit | 10-03.00 | |
| 19 | Sophia White | 11 | Cherry Creek | 10-03.00 | |

### Event 196 Girls Long Jump 5A

**Thursday 5/16/2024 - 8:30 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **22-01.75** | **1976** | **Kathy McMillan** |
| **Colo. Prep:** | **21-00.75** | **2005** | **Chelsea Taylor** |
| **State Meet:** | **21-00.75** | **2005** | **Chelsea Taylor** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Kaeli Powe | 11 | Cherokee Trail | 19-08.25 | |
| 2 | Zenobia Witt | 9 | Eaglecrest | 19-00.00 | |
| 3 | Emily Hruby | 12 | Legend | 18-03.75 | |
| 4 | Petra McGowan | 11 | Rock Canyon | 18-02.00 | |
| 5 | Eva Dellorco | 12 | Castle View | 18-01.00 | |
| 6 | Charlotte Elliston | 12 | Fairview | 17-08.50 | |
| 7 | Madison Kilmer | 11 | Rangeview | 17-08.00 | |
| 8 | Ava Hurlbut | 11 | Fossil Ridge | 17-07.75 | |
| 9 | Maggie Hoyer | 9 | Fossil Ridge | 17-07.00 | |
| 10 | Addison Hayes | 11 | Fossil Ridge | 17-06.00 | |
| 11 | Rosalyn Rabet | 12 | Rampart | 17-06.00 | |
| 12 | Ashley Guiao | 9 | Vista Ridge | 17-06.00 | |
| 13 | Emmaliegh Malcolm | 11 | RalstonValley | 17-06.00 | |
| 14 | Jaque Forrest | 11 | Poudre | 17-05.50 | |
| 15 | Kelle Hickam | 11 | RalstonValley | 17-05.25 | |
| 16 | Kendra Ritzmann | 12 | Pomona | 17-05.00 | |
| 17 | Maya Sala | 11 | Legend | 17-05.00 | |
| 18 | Emerson Deferme | 12 | Grandview | 17-04.00 | |

### Event 197 Girls Triple Jump 5A

**Saturday 5/18/2024 - 11:00 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **44-10** | **2019** | **Jasmine Moore** |
| **Colo. Prep:** | **42-05.50** | **2022** | **Agur Dwol** |
| **State Meet:** | **41-00.50** | **2004** | **Shaquania Lundy** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Kaeli Powe | 11 | Cherokee Trail | 41-01.00 | |
| 2 | Kailani Forbes | 11 | Columbine | 38-05.00 | |
| 3 | Maggie Hoyer | 9 | Fossil Ridge | 37-02.50 | |
| 4 | Frankie McCoy | 12 | Fossil Ridge | 36-11.00 | |
| 5 | Khloe Scharf | 10 | Rocky Mtn. | 36-09.50 | |
| 6 | Reese Plummer | 12 | Castle View | 36-08.50 | |
| 7 | Zenobia Witt | 9 | Eaglecrest | 36-08.00 | |
| 8 | Addison Hayes | 11 | Fossil Ridge | 36-07.00 | |
| 9 | Pooja Srikanth | 9 | Rock Canyon | 36-06.50 | |
| 10 | Taylor Greene | 11 | Broomfield | 36-04.00 | |
| 11 | Sophia Bowser | 12 | ValorChristian | 36-01.00 | |
| 12 | Madison Kilmer | 11 | Rangeview | 36-00.00 | |
| 13 | Emmaliegh Malcolm | 11 | RalstonValley | 35-11.50 | |
| 14 | Sofia Gennai | 12 | Doherty | 35-10.50 | |
| 15 | Arabella Hebinck | 12 | Mtn. Vista | 35-10.00 | |
| 16 | Ashley Guiao | 9 | Vista Ridge | 35-09.50 | |
| 17 | Kendra Ritzmann | 12 | Pomona | 35-09.00 | |
| 18 | Cambelle Brammer | 10 | Fruita Mon. | 35-07.75 | |

### Event 198 Girls Shot Put 5A

**Friday 5/17/2024 - 10:30 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **57-01.25** | **2017** | **Alyssa Wilson** |
| **Colo. Prep:** | **51-01** | **1994** | **Collinus Newsome** |
| **State Meet:** | **50-01** | **1994** | **Collinus Newsome** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Mary Ella Brooks | 12 | RalstonValley | 40-00.75 | |
| 2 | Erin Herrmann | 11 | Fossil Ridge | 38-10.00 | |
| 3 | McKenna George | 12 | Eaglecrest | 38-07.50 | |
| 4 | Riley Kline | 12 | RalstonValley | 36-11.00 | |
| 5 | Karsyn Kline | 10 | RalstonValley | 36-06.75 | |
| 6 | Brenna Kelly | 12 | Grandview | 36-06.25 | |
| 7 | Tegan Cerveny | 10 | Erie | 35-11.75 | |
| 8 | Kaitlyn Hendrian | 11 | Eaglecrest | 35-09.50 | |
| 9 | Natalie Fetters | 10 | Erie | 35-06.25 | |
| 10 | Laney Webb | 11 | Ponderosa | 34-07.00 | |
| 11 | Raziah Hyslop | 11 | Cherokee Trail | 34-05.50 | |
| 12 | Malia Pearson | 12 | Pomona | 34-03.50 | |

**2024 COLORADO HIGH SCHOOL STATE TRACK CHAMPIONSHIPS - 5/16/2024 to 5/18/2024**

**Jefferson County Stadium, Lakewood**

**Performance List**

**Event 198 ...(Girls Shot Put 5A)**

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 13 | Aubrey Smith | 9 | Doherty | 34-00.00 | |
| 14 | Ben Kayser-Cochran | 12 | ThunderRidge | 33-10.50 | |
| 15 | Ellabelle Higgins | 11 | Broomfield | 33-09.00 | |
| 16 | Sofie Papizzo | 9 | Grandview | 33-08.50 | |
| 17 | Reagyn Allen | 10 | Erie | 33-06.25 | |
| 18 | Diana Nagel | 11 | Castle View | 33-03.50 | |

**Event 199 Girls Discus Throw 5A**

**Thursday 5/16/2024 - 11:00 AM**

**Measure ALL MARKS! No Minimum!**

**3 Attempts Each, then top 10 to Finals for 3 more Attempts**

| | | | |
|---|---|---|---|
| **National:** | **193-09** | **2023** | **Emma Sralla** |
| **Colo. Prep:** | **183-03** | **2013** | **Valarie Allman** |
| **State Meet:** | **154-03** | **2017** | **Gabriella McDonald** |

| | Name | Yr | School | Seed Mark | |
|---|---|---|---|---|---|
| 1 | Mary Ella Brooks | 12 | RalstonValley | 127-06 | |
| 2 | Addison Edwards | 12 | Cherry Creek | 121-06 | |
| 3 | Ben Kayser-Cochran | 12 | ThunderRidge | 121-00 | |
| 4 | Haylee Eacret | 11 | Fort Collins | 118-00 | |
| 5 | Diana Nagel | 11 | Castle View | 115-04 | |
| 6 | Riley Kline | 12 | RalstonValley | 115-02 | |
| 7 | Laney Webb | 11 | Ponderosa | 114-11 | |
| 8 | Malia Pearson | 12 | Pomona | 114-10 | |
| 9 | Amiyah Nash | 10 | Fountain-Ft Crsn | 114-05 | |
| 10 | Erin Herrmann | 11 | Fossil Ridge | 113-05 | |
| 11 | Raziah Hyslop | 11 | Cherokee Trail | 113-02 | |
| 12 | Poli Fifita | 11 | Smoky Hill | 112-03 | |
| 13 | Tanvi Jitta | 12 | Grandview | 112-02 | |
| 14 | Ellabelle Higgins | 11 | Broomfield | 111-10 | |
| 15 | Taylor West | 12 | Mtn. Vista | 110-09 | |
| 16 | Willa Stieler | 12 | Boulder | 110-04 | |
| 17 | Emeline Maualuga | 9 | Fountain-Ft Crsn | 109-09 | |
| 18 | Alanna Snyder | 12 | Horizon | 109-07 | |