

5A STATE GYMNASTICS TIME SCHEDULE @ THORNTON HIGH SCHOOL

THURSDAY (5A) PRELIMINARY SESSION

1:30 pm	Registration/Check-In
1:45 pm	Coaches Meeting
2:00 pm	Judges Meeting
2:30 pm	Score Keepers & Timers Meeting
2:10-2:50 pm	Open Gym
2:50 pm	Opening Ceremonies – Introduction of teams, presentation of colors
3:00 pm	1 st Timed Warm-Up (8 minutes)
3:10 pm	Competition Begins

	VAULT	BEAM	UNEVENS	FLOOR
Rotation 1	1 – Group B	2 – Cherry Creek	3 – Heritage	4 – Group A
	5 – PSD	6 – Ponderosa	7 – Chatfield	8 – Broomfield
	9 – Arvada West	10 – Overland	11 – Pomona	12 – Mtn. Range
Rotation 2	4 – Group A	1 – Group B	2 – Cherry Creek	3 – Heritage
	8 – Broomfield	5 – PSD	6 – Ponderosa	7 – Chatfield
	12 – Mtn. Range	9 – Arvada West	10 – Overland	11 – Pomona
20-MINUTE BREAK				
Rotation 3	3 – Heritage	4 – Group A	1 – Group B	2 – Cherry Creek
	7 – Chatfield	8 – Broomfield	5 – PSD	6 – Ponderosa
	11 – Pomona	12 – Mtn. Range	9 – Arvada West	10 – Overland
Rotation 4	2 – Cherry Creek	3 – Heritage	4 – Group A	1 – Group B
	6 – Ponderosa	7 – Chatfield	8 – Broomfield	5 – PSD
	10 – Overland	11 – Pomona	12 – Mtn. Range	9 – Arvada West

**NOTE: There will be a 2 minute wait period prior to starting each Vault warm up*

Team Rotations

1.	Group B	5.	Poudre School District	9.	Arvada West
2.	Cherry Creek	6.	Ponderosa	10.	Overland
3.	Heritage	7.	Chatfield	11.	Pomona
4.	Group A	8.	Broomfield	12.	Mountain Range

Group A	Group B
Rock Canyon	Columbine
Thornton	Denver East
	Lakewood

**NOTE: Groups A & B - Teams must compete in team order established by seeding committee, individual order of gymnasts within the team is chosen by coach*

4A & 5A FINALS (Saturday)

12:00-12:15 Open warm-up	12:45-1:15 Last two events warm-up
12:15-12:45 First two events warm-up	1:30 March-in and competition begins
Awards at completion of events	

CLASS 5A
GROUP B – Team Rotation #1

Vault Competitors

Layla Allman – Denver East
Lily Lopez – Denver East
Erie Moon – Denver East
Chloe Hepting – Columbine
Mary Fehringer – Lakewood
Makenna Lee – Lakewood
Zoe Laubhan - Lakewood

Beam Competitors

Layla Allman – Denver East
Harper Henrikson – Denver East
Samantha Zakham – Columbine
Chloe Hepting – Columbine
Alivia Fischer - Columbine
Haley Nepomuceno - Lakewood

Bars Competitors

Layla Allman – Denver East
Samantha Zakhem – Columbine
Greta Homer - Lakewood
Zoe Laubhan – Lakewood
Mary Fehringer – Lakewood
Haley Nepomuceno – Lakewood

Floor Competitors

Layla Allman – Denver East
Hailey Hansen – Denver East
Chloe Hepting – Columbine
Alivia Fisher – Columbine
Makenna Lee – Lakewood
Zoe Laubhan – Lakewood
Haley Nepomuceno - Lakewood

CLASS 5A
GROUP A – Team Rotation #4

Floor Competitors

Makenna Witkiewicz – Rock Canyon
Allyson Evans – Rock Canyon
Evie LeFree – Thornton
Ashley Tefft - Thornton
Anderson Littler - Thornton

Vault Competitors

Callista Larson – Rock Canyon
Allyson Evans – Rock Canyon
Isabella Potter - Rock Canyon
Ashley Tefft – Thornton
Bridgit Hasley – Thornton

Beam Competitors

Callista Larson – Rock Canyon
Allyson Evans – Rock Canyon
Makenna Witkiewicz - Rock Canyon
Evie LeFree – Thornton
Emma Shaw – Thornton
Anderson Littler - Thornton

Bars Competitors

Callista Larson – Rock Canyon
Makenna Witkiewicz – Rock Canyon
Denali Welsh – Thornton
Evie LeFree – Thornton
Danika Olivas – Thornton
Reily Schaefer - Thornton