



4A STATE GYMNASTICS TIME SCHEDULE

Saturday, November 9, 2024

SATURDAY (4A) PRELIMINARY SESSION

9:00 am	Registration/Check-In
9:15 am	Coaches Meeting
9:30 am	Judges Meeting
9:30-10:00 am	Open Gym
10:00 am	Opening Ceremonies – Introduction of teams, presentation of colors
10:15 am	1 st Timed Warm-Up (8 minutes)
10:25 am	Competition Begins

VAULT

BEAM

UNEVENS

FLOOR

Rotation 1	1 – Group B	2 – Group C	3 – Green Mtn.	4 – Group A
	5 – Palmer Ridge	6 – Evergreen	7 – Northfield	8 – Pueblo Central
	9 – Roosevelt	10 – Niwot	11 – Elizabeth	12 – Standley Lake
Rotation 2	4 – Group A	1 – Group B	2 – Group C	3 – Green Mtn.
	8 – Pueblo Central	5 – Palmer Ridge	6 – Evergreen	7 – Northfield
	12 – Standley Lake	9 – Roosevelt	10 – Niwot	11 – Elizabeth
20-MINUTE BREAK				
Rotation 3	3 – Green Mtn.	4 – Group A	1 – Group B	2 – Group C
	7 – Northfield	8 – Pueblo Central	5 – Palmer Ridge	6 – Evergreen
	11 – Elizabeth	12 – Standley Lake	9 – Roosevelt	10 – Niwot
Rotation 4	2 – Group C	3 – Green Mtn.	4 – Group A	1 – Group B
	6 – Evergreen	7 – Northfield	8 – Pueblo Central	5 – Palmer Ridge
	10 – Niwot	11 – Elizabeth	12 – Standley Lake	9 – Roosevelt

*NOTE: There will be a 2 minute wait period prior to starting each Vault warm up

Team Rotations

1.	Group B	5.	Palmer Ridge	9.	Roosevelt
2.	Group C	6.	Evergreen	10.	Niwot
3.	Green Mountain	7.	Northfield	11.	Elizabeth
4.	Group A	8.	Pueblo Central	12.	Standley Lake

Group A	Group B	Group C
Alamosa	Loveland	Denver South
Bear Creek		Ft. Morgan

*NOTE: Groups A, B & C - Teams must compete in team order established by seeding committee, individual order of gymnasts within the team is chosen by coach

4A & 5A FINALS (Saturday)

4:30 pm 5A Check-In	
5:00-5:15 pm Open warm-up	5:45-6:15 pm Last two events warm-up
5:15-5:45 pm First two events warm-up	6:20 pm Finals March-in
6:35 pm Competition begins	
Awards at completion of events	

CLASS 4A

GROUP B – Team Rotation #1

Vault Competitors

Kendal Chadwick - Loveland
Elena Armendariz – Loveland
~~Daelyn White – Loveland~~

Beam Competitors

Elayna Kron – Loveland
Ashtyn Martin – Loveland
Marabelle Balliet – Loveland
Elena Armendariz – Loveland
Ava Wankleman – Loveland

Bars Competitors

Ava Wankleman – Loveland
Madison Deason – Loveland
Elena Armendariz – Loveland
~~Daelyn White – Loveland~~
Ashtyn Martin – Loveland
Elayna Kron - Loveland

Floor Competitors

Elena Armendariz – Loveland
Ava Wankelman – Loveland
Kyndal Chadwick – Loveland
Madison Deason – Loveland
~~Daelyn White – Loveland~~
Ashtyn Martin - Loveland

CLASS 4A

GROUP A – Team Rotation #2

Beam Competitors

Haylie Martin - Alamosa
Myranda MacMillan – Bear Creek
Amelia Jane Heng – Bear Creek
Lydia Jay - Bear Creek
Aubrey Owens - Bear Creek

Bars Competitors

Haylie Martin – Alamosa
Taylor Off – Alamosa
Leah Pintor – Alamosa
Myranda MacMillan – Bear Creek
Lydia Jay – Bear Creek
Amelia Jane Heng- Bear Creek

Floor Competitors

Braelyn Martinez – Alamosa
Chloe Kern – Alamosa
Haylee Martin - Alamosa
Amelia Jane Heng– Bear Creek
Lydia Jay – Bear Creek
Aubrey Owens – Bear Creek
Myranda MacMillan – Bear Creek

Vault Competitors

Haylie Martin – Alamosa
Chloe Kern – Alamosa
Braelyn Martinez – Alamosa
Kenya Hostetter – Alamosa
Amelia Jane Heng – Bear Creek
Myranda MacMillan – Bear Creek
Lydia Jay – Bear Creek
Aubrey Owens – Bear Creek

CLASS 4A

GROUP C – Team Rotation #4

Floor Competitors

Lily Weiser – Denver South
Karolina Byrtus – Denver South
Caroline Wanebo – Denver South
Michelle Headley – Ft. Morgan
Gabrielle Ricks – Ft. Morgan

Vault Competitors

Karolina Byrtus – Denver South
Lily Weiser – Denver South
Eleanor Hall – Denver South
Isabel Pexton – Denver South
Michelle Headley – Ft. Morgan
Gabrielle Ricks – Ft. Morgan
Rachel Siegling – Ft. Morgan

Beam Competitors

Isabel Pexton – Denver South
Caroline Wanebo – Denver South
Gabriella O'Clair – Denver South
Karolina Byrtus – Denver South
Michelle Headley – Ft. Morgan
Rachel Siegling – Ft. Morgan
Gabrielle Ricks – Ft. Morgan
Dizarey Palisoc – Ft. Morgan

Bars Competitors

Gabriella O'Clair – Denver South
Karolina Byrtus – Denver South
Michelle Headley – Ft. Morgan
Gabrielle Ricks – Ft. Morgan
Rachel Siegling – Ft. Morgan
Dizarey Palisoc – Ft. Morgan