

CHSAA Girls 5A State Championships 2023 - 2/7/2023 to 3/10/2023

CHSAA State Championships 5A

Meet Program - Swim Finals

#13 Girls 50 Yard Freestyle Unified Athlete					#2 Girls 200 Yard Freestyle					Heat 2 Finals				
CO State Rec: 22.22 2021 Anna Shaw					CO State Rec: 1:43.15 2012 Missy Franklin					1 Reiner, Makenna 11 BRGH 2:07.05				
5A State Rec: 22.41 2011 Missy Franklin					5A State Rec: 1:43.15 2012 Missy Franklin					2 Crum, Abbi 12 FTCO 2:04.82				
4A State Rec: 22.22 2021 Anna Shaw					1:48.76 AAA					3 Rachjaibun, Sabr 12 LEGA 2:04.48				
3A State Rec: 23.09 2020 Caitlin Cairns					1:50.56 AAC					4 Wilson, Charlott 11 CHEC 2:03.55				
23.17 AAA										5 Macaulay, Mary 12 HERI 2:02.64				
23.53 AAC										6 Steinmetz, Teaga 12 CHEC 2:03.28				
Lane Name Yr School Seed Time					Lane Name Yr School Prelims					7 Mason, Amelia 10 FAIR 2:03.56				
Heat 1 of 1 Finals					Heat 1 Finals					8 Burnham, Charlc 11 REGI 2:04.48				
4 FitzSimmons, Da 10 COLU NT					1 Hansel, Maggie 09 FAIR 1:57.25					9 Capp, Sophia 12 HERI 2:06.79				
5 Capuano, Clariss 09 CHEC NT					2 Yaworski, Annika 10 ARAP 1:56.52					10 Forsman, Isabell 11 LEGA 2:07.22				
6 Anton, Sophia 11 DENE NT					3 Stramel, Lexi 09 REGI 1:56.41					Alternates				
7 Oswald, Gracie 12 BRGH NT					4 Dimig, Caroline 11 HERI 1:55.28					1 Dimig, Elizabeth 11 HERI 2:12.41				
					5 Ross, Haley 12 CHEC 1:54.83					2 Noffsinger, Mya SMOK 2:12.71				
					6 Gardner, Abigail 12 ROCC 1:54.89									
					7 Cohen, Katie 12 CHEC 1:56.29									
					8 O'Neil, Sydnee 12 FOSS 1:56.51									
					9 Cady, Morgan 11 FAIR 1:56.66									
					10 Tunggal, Alyssa 12 THUN 1:57.33									
#1 Girls 200 Yard Medley Relay					Heat 2 Finals					#4 Girls 50 Yard Freestyle				
CO State Rec: 1:38.13 2018 Fossil Ridge High School					1 Guikema, Kya 12 GRDV 1:53.26					CO State Rec: 22.22 2021 Anna Shaw				
B Stewart, Z Bartel, C Gillilan, K Alons					2 Dyer, Gabi 11 ROCC 1:53.02					5A State Rec: 22.41 2011 Missy Franklin				
5A State Rec: 1:38.13 2018 Fossil Ridge High School					3 Johannsen, Taylo 09 REGI 1:51.90					23.17 AAA				
B Stewart, Z Bartel, C Gillilan, K Alons					4 Aguirre, Samantl 12 REGI 1:51.64					23.53 AAC				
1:44.25 AAA					5 Zallen, Zara 12 BOUL 1:50.16					Lane Name Yr School Prelims				
1:46.16 AAC					6 Perry, Abigail 10 LEWP 1:51.19					Heat 1 Finals				
Lane Team Relay Prelims					7 Zallen, Sloan 10 BOUL 1:51.87					1 Woren, Sarah 11 CHET 24.62				
Heat 1 Finals					8 Inouye, Marissa MTNR 1:53.01					2 Myco, Kenzie 11 HERI 24.58				
1 VALO 1:53.60					9 Inman, Sydney 12 FAIR 1:53.09					3 Young, Jameson 09 CHET 24.50				
2 MTNR 1:52.42					10 Louder, Lindsey 12 ARAP 1:54.47					4 Urbanowski, Juli 12 FAIR 24.35				
3 CHAP 1:52.31					Alternates					5 Ramsden, Elise 10 HERI 24.19				
4 BRGH 1:51.20					1 Metzmaker, Emn 11 CHET 1:57.43					6 Maxey, Alana 11 CHEC 24.30				
5 ROCK 1:50.10					2 Knight, Grace 10 FOSS 1:57.43					7 Waldron, Mia 12 ROCK 24.43				
6 ROCC 1:50.68										8 Fuller, Taetum 09 COLU 24.57				
7 BOUL 1:51.81										9 Vail, Keira 11 GRDV 24.59				
8 MTVS 1:52.31										10 Jorstad, Anna 10 BRGH 24.63				
9 SMOK 1:53.32										Heat 2 Finals				
10 THUN 1:54.58										1 Johnston, Ryan 12 ARAP 24.14				
Heat 2 Finals					#3 Girls 200 Yard IM					2 Horn, Reagan 11 COLU 23.84				
1 FTCO 1:48.59					CO State Rec: 1:56.41 2022 Lucy Bell					3 Kehmeier, Abbie 12 LEGA 23.68				
2 COLU 1:48.27					5A State Rec: 1:56.41 2022 Lucy Bell					4 Loveridge, Ana 10 CHEC 23.54				
3 LEGA 1:46.98					2:01.46 AAA					5 Ficken, Lawson 12 CHEC 22.84				
4 REGI 1:44.39					2:03.55 AAC					6 Greenhawt, Alex 12 CHEC 23.34				
5 CHEC 1:42.51					Lane Name Yr School Prelims					7 Brown, Amelia 11 GRDV 23.61				
6 FAIR 1:44.31					Heat 1 Finals					8 Perry, Abigail 10 LEWP 23.68				
7 HERI 1:45.64					1 Bacon, Emma HORI 2:12.17					9 Gaca-Thiele, Ella 09 FOSS 23.98				
8 ARAP 1:46.98					2 Kohl, Tierney 11 REGI 2:11.20					10 Ketter, Katherine 11 LEGE 24.19				
9 GRDV 1:48.41					3 Wang, Jessica 12 ROCC 2:10.82					Alternates				
10 CHET 1:49.46					4 Glasgow, Kenadi 12 FOSS 2:08.03					1 Siverts, Amber 12 FTCO 24.69				
Alternates					5 Prince, Piper 11 ARAP 2:07.40					2 Forbes, Emma 12 COLU 24.71				
1 Ralston Valley Hi 1:54.69					6 Kawahata, Mai 12 MTVS 2:07.90									
2 Legend High Sch 1:56.37					7 Barnett, Aislyn 12 HERI 2:09.39									
					8 Forbes, Katherin 10 COLU 2:10.90									
					9 Doubrava, Megar 12 GRDV 2:11.44									
					10 Collingwood, Ter 11 ROCK 2:12.30									

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#6 Girls 100 Yard Butterfly					Heat 2 Finals					#9 Girls 200 Yard Freestyle Relay				
CO State Rec:		52.17	2018	Coleen Gillilan	1	Ketter, Katherine	11	LEGE	52.62	CO State Rec:		1:33.00	2022	Cherry Creek
5A State Rec:		52.17	2018	Coleen Gillilan	2	Gaca-Thiele, Ella	09	FOSS	52.37	5A State Rec:		1:32.82	2023	Cherry Creek High School
		54.39	AAA		3	Horn, Reagan	11	COLU	52.15	A Greenhawt, C Wilson, A Loveridge, L Ficken				
		55.48	AAC		4	Loveridge, Ana	10	CHEC	51.03	1:35.33 AAA				
					5	Ficken, Lawson	12	CHEC	50.11	1:36.73 AAC				
Lane	Name	Yr	School	Prelims	6	Zallen, Zara	12	BOUL	50.46	Lane	Team	Relay	Prelims	
Heat 1 Finals					7	Brown, Amelia	11	GRDV	51.79	Heat 1 Finals				
1	Rose, Phoenix	09	COLU	58.84	8	Ballard, Rachel	12	COLU	52.30	1	MTVS		1:42.08	
2	Huilman, Hazel	09	BOUL	58.77	9	Vail, Keira	11	GRDV	52.38	2	DENE		1:41.56	
3	Walker, Morgan	12	CHET	58.55	10	Myco, Kenzie	11	HERI	52.70	3	CHAP		1:41.13	
4	Ehm, Inge	12	HERI	58.26	Alternates					4	BRGH		1:40.77	
5	Sherman, Amaia	11	HERI	57.79	1	Urbanowski, Juli	12	FAIR	54.12	5	MTNR		1:39.62	
6	Siverts, Amber	12	FTCO	58.00	2	Moghaddam, Avaz		LEGE	54.21	6	ROCC		1:39.76	
7	Dimig, Elizabeth	11	HERI	58.37	#8 Girls 500 Yard Freestyle					7	LEGA		1:40.78	
8	Ziegert, Ella	12	FAIR	58.63	CO State Rec:		4:41.72	2013	Missy Franklin	8	ARAP		1:41.13	
9	Forbes, Emma	12	COLU	58.78	5A State Rec:		4:41.72	2013	Missy Franklin	9	LEWP		1:41.87	
10	O'Neil, Sydnee	12	FOSS	58.92			4:52.54	AAA		10	THUN		1:42.74	
Heat 2 Finals							4:57.06	AAC		Heat 2 Finals				
1	Waldron, Mia	12	ROCK	57.21	Lane	Name	Yr	School	Prelims	1	LEGE		1:39.56	
2	Herl, Addy	10	CHAP	56.68	Heat 1 Finals					2	REGI		1:39.18	
3	Forsman, Isabell	11	LEGA	56.18	1	Ehm, Inge	12	HERI	5:20.08	3	BOUL		1:38.39	
4	Mason, Amelia	10	FAIR	55.06	2	Koehler, Brynn	12	GRDV	5:18.74	4	FAIR		1:36.70	
5	Simecek, Edith	12	FAIR	54.27	3	Porter, Sophie	12	COLU	5:17.94	5	CHEC		1:32.82	
6	Greenhawt, Alex	12	CHEC	54.58	4	Gibbs, Kaylie	11	LEGE	5:16.94	6	HERI		1:36.33	
7	McDonald, Maree	12	CHEC	55.46	5	Dimig, Caroline	11	HERI	5:14.77	7	COLU		1:37.50	
8	Frei, Sophia	12	REGI	56.43	6	Doubrava, Megan	12	GRDV	5:15.99	8	CHET		1:38.57	
9	Thornton, Gracie	09	FOSS	56.83	7	Gonci, Alyssa		RALS	5:17.47	9	FOSS		1:39.20	
10	Aguirre, Samantl	12	REGI	57.54	8	Knight, Grace	10	FOSS	5:18.51	10	GRDV		1:39.57	
Alternates					9	Wehr, Lillian	10	ARAP	5:20.06	Alternates				
1	Aten, Emily	12	BRGH	58.96	10	Raskay, Julia	10	LEGA	5:21.07	1	Smoky Hill High		1:44.14	
2	Barclay, Margo	11	CHEC	59.12	Heat 2 Finals					2	Rocky Mountain		1:44.42	
#7 Girls 100 Yard Freestyle					1	Stramel, Lexi	09	REGI	5:09.57	#10 Girls 100 Yard Backstroke				
CO State Rec:		48.24	2021	Anna Shaw	2	Cady, Morgan	11	FAIR	5:07.45	CO State Rec:		52.30	2011	Missy Franklin
5A State Rec:		48.45	2012	Missy Franklin	3	Dyer, Gabi	11	ROCC	5:04.14	5A State Rec:		52.30	2011	Missy Franklin
		50.17	AAA		4	Rachjaibun, Sabr	12	LEGA	5:00.77			54.75	AAA	
		51.00	AAC		5	Inouye, Marissa		MTNR	4:59.95			55.83	AAC	
Lane	Name	Yr	School	Prelims	6	Johannsen, Taylo	09	REGI	5:00.22	Lane	Name	Yr	School	Prelims
Heat 1 Finals					7	Zallen, Sloan	10	BOUL	5:01.58	Heat 1 Finals				
1	Pippert, Sydney		MTNR	53.82	8	Walkup, Cameryn	09	SMOK	5:05.10	1	Perkins, Isabella	11	BRGH	59.45
2	Woren, Sarah	11	CHET	53.49	9	Inman, Sydney	12	FAIR	5:07.61	2	Buelow, Cora	11	HERI	59.18
3	Louder, Lindsey	12	ARAP	53.05	10	Ross, Haley	12	CHEC	5:11.10	3	Ballard, Rachel	12	COLU	58.96
4	Ramsden, Elise	10	HERI	52.95	Alternates					4	Esmas, Lily	12	CHEC	58.84
5	Gardner, Abigail	12	ROCC	52.85	1	Hayes, Corinne	09	CHAP	5:22.26	5	Leitel, Faith	10	HERI	58.49
6	Fields, Josie	11	DENE	52.87	2	Constantinides, /		MTNR	5:23.11	6	Marsicek, Amelia	11	REGI	58.70
7	Wilkinson, Kendi	11	FRUI	53.00						7	Walker, Morgan	12	CHET	58.94
8	Guikema, Kya	12	GRDV	53.24						8	Oram, Lauryn	12	FTCO	59.00
9	Maxey, Alana	11	CHEC	53.64						9	Jorstad, Anna	10	BRGH	59.40
10	Hoffman, Taylor	10	REGI	54.05						10	McDowell, Keira	09	LEGE	59.46

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Meet Program - Swim Finals

Heat 2 (#10 Girls 100 Yard Backstroke)

1	Sherman, Amaia	11	HERI	57.42
2	Prince, Piper	11	ARAP	56.99
3	Macaulay, Mary	12	HERI	55.79
4	Simecek, Edith	12	FAIR	55.39
5	Wilson, Charlott	11	CHEC	53.66
6	Frei, Sophia	12	REGI	55.16
7	Kehmeier, Abbie	12	LEGA	55.61
8	Crum, Abbi	12	FTCO	56.69
9	Herl, Addy	10	CHAP	57.17
10	Ziegert, Ella	12	FAIR	57.54

Alternates

1	Noffsinger, Mya		SMOK	59.52
2	Wilkinson, Kend	11	FRUI	59.57

#11 Girls 100 Yard Breaststroke

CO State Rec: 59.93 2021 Emma Weber

5A State Rec: 59.93 2021 Emma Weber

1:02.58 AAA

1:03.75 AAC

Lane	Name	Yr	School	Prelims
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Heat 1 Finals

1	He, Kelsie	12	MTVS	1:07.68
2	Huilman, Hazel	09	BOUL	1:07.35
3	Reiner, Makenna	11	BRGH	1:06.96
4	Glasgow, Kenadi	12	FOSS	1:06.15
5	Kawahata, Mai	12	MTVS	1:05.86
6	Barnett, Aislyn	12	HERI	1:05.99
7	McDonald, Mare	12	CHEC	1:06.23
8	Bowman, Brynn	11	ARAP	1:07.24
9	Penry, Marian	11	REGI	1:07.36
10	Cole, Isabella	12	HERI	1:07.88

Heat 2 Finals

1	Hafer, Kaitlyn	11	GRDV	1:05.76
2	Forbes, Katherin	10	COLU	1:04.58
3	Cohen, Katie	12	CHEC	1:03.37
4	Dailey, Paige	12	GRDV	1:03.09
5	Burnham, Charlc	11	REGI	1:02.70
6	Johnston, Ryan	12	ARAP	1:03.05
7	Steinmetz, Teaga	12	CHEC	1:03.11
8	Capp, Sophia	12	HERI	1:04.19
9	Wang, Jessica	12	ROCC	1:04.84
10	Kohl, Tierney	11	REGI	1:05.85

Alternates

1	Young, Jameson	09	CHET	1:07.90
2	Jackson, Ashley	12	LEGE	1:08.37

#12 Girls 400 Yard Freestyle Relay

CO State Rec: 3:22.42 2011 Regis Jesuit

H Thomas, A Todd, M DeBever, M Franklin

5A State Rec: 3:22.42 2011 Regis Jesuit

H Thomas, A Todd, M DeBever, M Franklin

3:27.49 AAA

3:30.90 AAC

Lane	Team	Relay	Prelims
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Heat 1 Finals

1	MTVS	3:47.37
2	DENE	3:46.67
3	VALO	3:46.26
4	LEGE	3:38.13
5	CHET	3:35.55
6	FTCO	3:36.46
7	COLU	3:38.57
8	LEWP	3:46.50
9	CHAP	3:46.89
10	CHAT	3:49.20

Heat 2 Finals

1	BOUL	3:34.83
2	GRDV	3:34.63
3	HERI	3:32.19
4	LEGA	3:30.68
5	CHEC	3:28.88
6	REGI	3:30.59
7	FAIR	3:31.37
8	FOSS	3:34.42
9	ARAP	3:34.69
10	ROCC	3:35.44

Alternates

1	Brighton High Sc	3:49.32
2	Smoky Hill High	3:49.34