

4A STATE GYMNASTICS TIME SCHEDULE @ THORNTON HIGH SCHOOL

FRIDAY(4A) PRELIMINARY SESSION

1:30 pm	Registration/Check-In
1:45 pm	Coaches Meeting
2:00 pm	Judges Meeting
2:30 pm	Score Keepers & Timers Meeting
2:10-2:50 pm	Open Gym
2:50 pm	Opening Ceremonies – Introduction of teams, presentation of colors
3:00 pm	1 st Timed Warm-Up (8 minutes)
3:10 pm	Competition Begins

	VAULT	BEAM	UNEVENS	FLOOR
Rotation 1	1 – Group B	2 – Pueblo Central	3 – Group C	4 – Group A
	5 – Roosevelt	6 – Green Mtn.	7 – Elizabeth	8 – Northfield
	9 – Niwot	10 – Standley Lake	11 –Evergreen	12 – Palmer Ridge
Rotation 2	4 – Group A	1 – Group B	2 – Pueblo Central	3 – Group C
	8 –Northfield	5 – Roosevelt	6 – Green Mtn.	7 – Elizabeth
	12 – Palmer Ridge	9 – Niwot	10 – Standley Lake	11 – Evergreen
20-MINUTE BREAK				
Rotation 3	3 – Group C	4 – Group A	1 – Group B	2 – Pueblo Central
	7 – Elizabeth	8 – Northfield	5 – Roosevelt	6 – Green Mtn.
	11 – Evergreen	12 – Palmer Ridge	9 –Niwot	10 – Standley Lake
Rotation 4	2 – Pueblo Central	3 – Group C	4 – Group A	1 – Group B
	6 – Green Mtn.	7 – Elizabeth	8 – Northfield	5 – Roosevelt
	10 – Standley Lake	11 – Evergreen	12 – Palmer Ridge	9 – Niwot

Team Rotations

1.	Group B	5.	Roosevelt HS	9.	Niwot HS
2.	Pueblo Central HS	6.	Green Mountain HS	10.	Standley Lake HS
3.	Group C	7.	Elizabeth HS	11.	Evergreen HS
4.	Group A	8.	Northfield HS	12.	Palmer Ridge HS

Group A	Group B	Group C
Bear Creek HS	Alamosa HS	Canon City HS
Lone Star HS	Denver South HS	Ft. Morgan HS
		Loveland HS

4A & 5A FINALS (Saturday)

12:00-12:15 Open warm-up	12:45-1:15 Last two events warm-up
12:15-12:45 First two events warm-up	1:30 March-in and competition begins
Awards at completion of events	

CLASS 4A
GROUP C – Team Rotation #3

Bars Competitors

Brooklyn Roth – Ft. Morgan HS
Dizarey Palisoc – Ft. Morgan HS
Rachel Seigling – Ft. Morgan HS
Annie Farrington – Loveland HS
Payten Pritchard - Loveland HS
Brooklyn Simmons – Canon City HS
Abigail Lansdown – Canon City HS

Floor Competitors

Annie Farrington – Loveland HS
Payten Pritchard – Loveland HS
Elayna Kron – Loveland HS
Brooklyn Roth – Ft. Morgan HS
Rachel Siegling – Ft. Morgan HS
Marabelle Balliet – Loveland HS

Vault Competitors

Annie Farrington – Loveland HS
Elayna Kron – Loveland HS
Payten Pritchard – Loveland HS
Brooklyn Simmons - Canon City HS
Brooklyn Roth – Ft. Morgan HS
Rachel Siegling – Ft. Morgan HS

Beam Competitors

Marabelle Balliet – Loveland HS
Elayna Kron – Loveland HS
Brooklyn Roth – Ft. Morgan HS
Rachel Siegling – Ft. Morgan HS
Dizarey Palisoc – Ft. Morgan HS
Kaley Darrell – Ft. Morgan HS
Abigail Lansdown – Canon City HS
Amelia Marietta – Canon City HS

CLASS 4A
GROUP B – Team Rotation #1

Vault Competitors

Holly McDaniel – Alamosa HS
Haylie Martin – Alamosa HS
McKenzie Jones – Alamosa HS
Emilee Cook – Alamosa HS
Braelyn Martinez – Alamosa HS

Beam Competitors

Isabel Pexton – Denver South HS
Gabriella O’Clair – Denver South HS
Holly McDaniel – Alamosa HS
Haylie Martin – Alamosa HS
McKenzie Jones – Alamosa HS
Jenelle Hernandez – Alamosa HS

Bars Competitors

Haylie Martin – Alamosa HS
McKenzie Jones – Alamosa HS
Holly McDaniel – Alamosa HS
Braelyn Martinez – Alamosa HS
Kai Tandberg – Alamosa HS
Lauren Sankoff – Denver South HS
Gabriella O’Clair – Denver South HS

Floor Competitors

Holly McDaniel – Alamosa HS
Haylie Martin – Alamosa HS
Braelyn Martinez – Alamosa HS
Kianna Morales – Alamosa HS
Janelle Hernandez – Alamosa HS
Emilee Cook – Alamosa HS
Caroline Wanebo – Denver South HS

CLASS 4A

GROUP A – Team Rotation #4

Floor Competitors

Devyn Dale – Bear Creek HS
Emma Dilley – Bear Creek HS
Amelia Jane Heng – Bear Creek HS
Elizabeth Miller – Lone Star HS
Aylin Aguirre – Lone Star HS

Vault Competitors

Emma Dilley – Bear Creek HS
Adalyn Skaja – Bear Creek HS
Amelia Jane Heng – Bear Creek HS
Aubrey Owens – Bear Creek HS
Isabella Crosby – Bear Creek HS
Elizabeth Miller – Lone Star HS
Aylin Aguirre – Lone Star HS

Beam Competitors

Amelia Jane Heng – Bear Creek HS
Devyn Dale – Bear Creek HS
Elizabeth Miller – Lone Star HS
Aubree Martinez – Bear Creek HS

Bars Competitors

Elizabeth Miller – Lone Star HS
Devyn Dale – Bear Creek HS
Adalyn Skaja – Bear Creek HS
Amelia Jane Heng – Bear Creek HS