

5A STATE GYMNASTICS TIME SCHEDULE @ THORNTON HIGH SCHOOL

THURSDAY (5A) PRELIMINARY SESSION

1:30 pm	Registration/Check-In
1:45 pm	Coaches Meeting
2:00 pm	Judges Meeting
2:30 pm	Score Keepers & Timers Meeting
2:10-2:50 pm	Open Gym
2:50 pm	Opening Ceremonies - Introduction of teams, presentation of colors
3:00 pm	1 st Timed Warm-Up (8 minutes)
3:10 pm	Competition Begins

	VAULT	BEAM	UNEVENS	FLOOR
Rotation 1	1 - Group B	2 - Chatfield	3 - Group A	4 - Heritage
	5 - Overland	6 - Thornton	7 - Pomona	8 - Lakewood
	9 - Ponderosa	10 - Mtn. Range	11 - Broomfield	12 - Arvada W.
Rotation 2	4 - Heritage	1 - Group B	2 - Chatfield	3 - Group A
	8 - Lakewood	5 - Overland	6 - Thornton	7 - Pomona
	12 - Arvada W.	9 - Ponderosa	10 - Mtn. Range	11 - Broomfield
15-MINUTE BREAK				
Rotation 3	3 - Group A	4 - Heritage	1 - Group B	2 - Chatfield
	7 - Pomona	8 - Lakewood	5 - Overland	6 - Thornton
	11 - Broomfield	12 - Arvada W.	9 - Ponderosa	10 - Mtn. Range
Rotation 4	2 - Chatfield	3 - Group A	4 - Heritage	1 - Group B
	6 - Thornton	7 - Pomona	8 - Lakewood	5 - Overland
	10 - Mtn. Range	11 - Broomfield	12 - Arvada W.	9 - Ponderosa

1.	Group B	5.	Overland	9.	Ponderosa
2.	Chatfield	6.	Thornton	10.	Mountain Range
3.	Group A	7.	Pomona	11.	Broomfield
4.	Heritage	8.	Lakewood	12.	Arvada West

Group A	Group B
Cherry Creek	PSD
Columbine	Denver East
	Rock Canyon

4A & 5A FINALS (Saturday)

12:00-12:15 Open warm-up

12:15-12:45 First two events warm-up

Awards at completion of events

12:45-1:15 Last two events warm-up

1:30 March-in and competition begins