

4A STATE GYMNASTICS TIME SCHEDULE @ THORNTON HIGH SCHOOL

FRIDAY(4A) PRELIMINARY SESSION

1:30-2:00 pm	Registration/Check-In
2:00 pm	Coaches Meeting
2:15 pm	Judges Meeting
2:30 pm	Score Keepers & Timers Meeting
2:15-2:35 pm	Open Gym
2:35-2:45 pm	1 st Timed Warm-up (8 minutes)
2:50 pm	Opening Ceremonies – Introduction of teams, presentation of colors
3:00 pm	Competition Begins

	VAULT	BEAM	UNEVENS	FLOOR
Rotation 1	1 – Group B	2 – Group A	3 – Group C	4 – Loveland
	5 – Evergreen	6 – Northfield	7 – Green Mtn.	8 – Roosevelt
	9 – Standley Lake	10 – Elizabeth	11 – Niwot	12 – Palmer Rdg.
Rotation 2	4 – Loveland	1 – Group B	2 – Group A	3 – Group C
	8 – Roosevelt	5 – Evergreen	6 – Northfield	7 – Green Mtn.
	12 – Palmer	9 – Standley Lake	10 – Elizabeth	11 – Niwot
15-MINUTE BREAK				
Rotation 3	3 – Group C	4 – Loveland	1 – Group B	2 – Group A
	7 – Green Mtn.	8 – Roosevelt	5 – Evergreen	6 – Northfield
	11 – Niwot	12 – Palmer Rdg.	9 – Standley Lake	10 – Elizabeth
Rotation 4	2 – Group A	3 – Group C	4 – Loveland	1 – Group B
	6 – Northfield	7 – Green Mtn.	8 – Roosevelt	5 – Evergreen
	10 – Elizabeth	11 – Niwot	12 – Palmer Rdg.	9 – Standley Lake

1.	Group B	5.	Evergreen	9.	Standley Lake
2.	Group A	6.	Northfield	10.	Elizabeth
3.	Group C	7.	Green Mountain	11.	Niwot
4.	Loveland	8.	Roosevelt	12.	Palmer Ridge

Group A	Group B	Group C
Alamosa	Bear Creek	Denver South
Canon City	Ft. Morgan	Lonestar
Thomas Jefferson	Rampart	Pueblo Central

4A & 5A FINALS (Saturday)

12:00-12:15 Open warm-up	12:45-1:15 Last two events warm-up
12:15-12:45 First two events warm-up	1:30 March-in and competition begins
Awards at completion of events	

CLASS 4A
GROUP A – Rotation #2

Beam Competitors

Denise Hanselman	Thomas Jefferson
Sophia Zizzo	Thomas Jefferson
Haylie Martin	Alamosa
Mia Montoya	Alamosa
Hagan Reed	Alamosa
Abigail Simmons	Cañon City

Bars Competitors

Holly McDaniel	Alamosa
Mia Montoya	Alamosa
Mandy Murr	Alamosa
Ryann Romero	Alamosa
Amelia Dewey	Cañon City
Brooklyn Simmons	Cañon City

Floor Competitors

Brooke Hiltz	Cañon City
Abigail Simmons	Cañon City
Haylie Martin	Alamosa
Holly McDaniel	Alamosa
Mandy Murr	Alamosa
Hagan Reed	Alamosa

Vault Competitors

Amelia Dewey	Cañon City
Brooke Hiltz	Cañon City
Denise Hanselman	Thomas Jefferson
Erin Pointet	Thomas Jefferson
Emily Gonzalez	Alamosa
Holly McDaniel	Alamosa
Ilexya Meis	Alamosa
Mia Montoya	Alamosa

CLASS 4A
GROUP B – Rotation #1

Vault Competitors

Julia Banister	Bear Creek
Tessa Liebman	Bear Creek
Aaliyah Palisoc	Ft. Morgan

Beam Competitors

Maddie Germain	Bear Creek
Tessa Liebman	Bear Creek
Myra Tompkins	Bear Creek
Aaliyah Palisoc	Ft. Morgan
Destiny Reyes	Ft. Morgan
Brekken Eastvolt	Rampart

Bars Competitors

Aaliyah Palisoc	Ft. Morgan
Brekken Eastvolt	Rampart
Julia Banister	Bear Creek
Maddie Germain	Bear Creek
Tessa Liebman	Bear Creek

Floor Competitors

Brekken Eastvolt	Rampart
Maddie Germain	Bear Creek
Tessa Liebman	Bear Creek
Myra Tompkins	Bear Creek
Aaliyah Palisoc	Ft. Morgan
Rachel Siegling	Ft. Morgan

CLASS 4A
GROUP C – Rotation #3

Bars Competitors (1 minute will be added to 4A Group C bar warm-up due to numbers competing)

Taeyonna Johnson	Denver South
Sarah Kubik	Denver South
Jhonte' Noble	Denver South
Gabriella O'Clair	Denver South
Lydia Boxberger	Lone Star
Alivia Weathers	Lone Star
Jaylee Martinez	Pueblo Central

Floor Competitors

Dahlia Gietka	Denver South
Taeyonna Johnson	Denver South
Kalista Mick	Denver South
Alivia Weathers	Lonestar
Emily Apodaca	Pueblo Central
Alleson Schlosky	Pueblo Central

Vault Competitors

Lydia Boxberger	Lone Star
Alivia Weathers	Lone Star
Jaylee Martinez	Pueblo Central
Alleson Schlosky	Pueblo Central
Dahlia Gietka	Denver South
Taeyonna Johnson	Denver South
Jhonte' Noble	Denver South

Beam Competitors

Emily Apodaca	Pueblo Central
Kallie Brake	Pueblo Central
Jaylee Martinez	Pueblo Central
Alleson Schlosky	Pueblo Central
Sarah Kubik	Denver South
Alivia Weathers	Lone Star