Capability Statement

**Mission:** Chef-K instills passion for food, fitness, home, and community through developing life skills.

**Core Competencies**

*The culinary health education curriculum and material represented here are available to government organizations and schools to bring into your community.*

**Licensed curriculum**
- Afterschool programs
- Summer Camp programs
- Events and activities

**Consulting**
- Reviewing plans for establishing and funding culinary and nutrition programs
- Developing custom curriculums
- Developing teacher and instructor job descriptions
- Hiring and placing teachers and instructors
- Customizing instruction based on USDA guidelines

**Speaking**
Laurie Zerga, founder is available for speaking. She shares her experience as a parent and from training kids across the country to eat healthy and prepare their own food. Let her help inspire you to be a role model while helping teach your kids too. Choose from tips, hints and short-cuts for parents; or how to start up a culinary program for youth organizations. Several topics available.

**Training**
Chef-K has certified trainers available to teach our material in your organization. Our trainers have food safe certification, background checks, and have been trained in use of the Chef-K material.