

# Lesson 1

Cross

Formed

Kids

**Who are you?**  
**I am a creation of God.**

**Read:**

Psalm 139:13-16

**Pray:**

Reflecting on Psalm 139, praise God that He made each member of your family, that he knows the innermost being of each and every person and that nothing about His creation surprises Him.

**Do:**

- Write each family member's name on a small piece of paper.
- Together, draw names and share one thoughtful reason why you are thankful for that person. Be as specific and unique as possible!
- Go around as many times as you'd like, noting and encouraging different family members.

## Discuss:

We are different from all the other creatures of the world. Why? Because He formed us with His hands. Genesis tells us that God spoke every other creature into being. But Psalm 139 says that He “knit [humans] together in [our] mother’s womb.”

God crafted us uniquely and on purpose. Although we spend lots of time with each other and love each other so much, God made you. He knows you even better and loves you even more! There has never been a second where God didn’t see us, know us, and especially love us.

*Together, thank God for each of your family members and the way He made them so special. Praise Him for His attention to detail and intentionality.*



# Craft 1

Cross

Formed

Kids

**Who are you?  
I am a creation of God.**

## *Handprint*

### **Materials**

White copy paper  
Washable paint  
Paper plate  
Crayons

### **Steps**

1. An adult will need to write the sentence \_\_\_\_\_ is a creation of God. Allow the child to write their own name.
2. Pour a light coat of paint onto a paper plate.
3. Kids will then dip their hands into the paint and make handprints on the white paper.
4. Allow them to make as many or as few as they want.

### **The Point**

Remind them that they are a creation of God. Talk about how no other person has the same prints as they do. God made us, and we can thank Him for all of the things in our lives.

