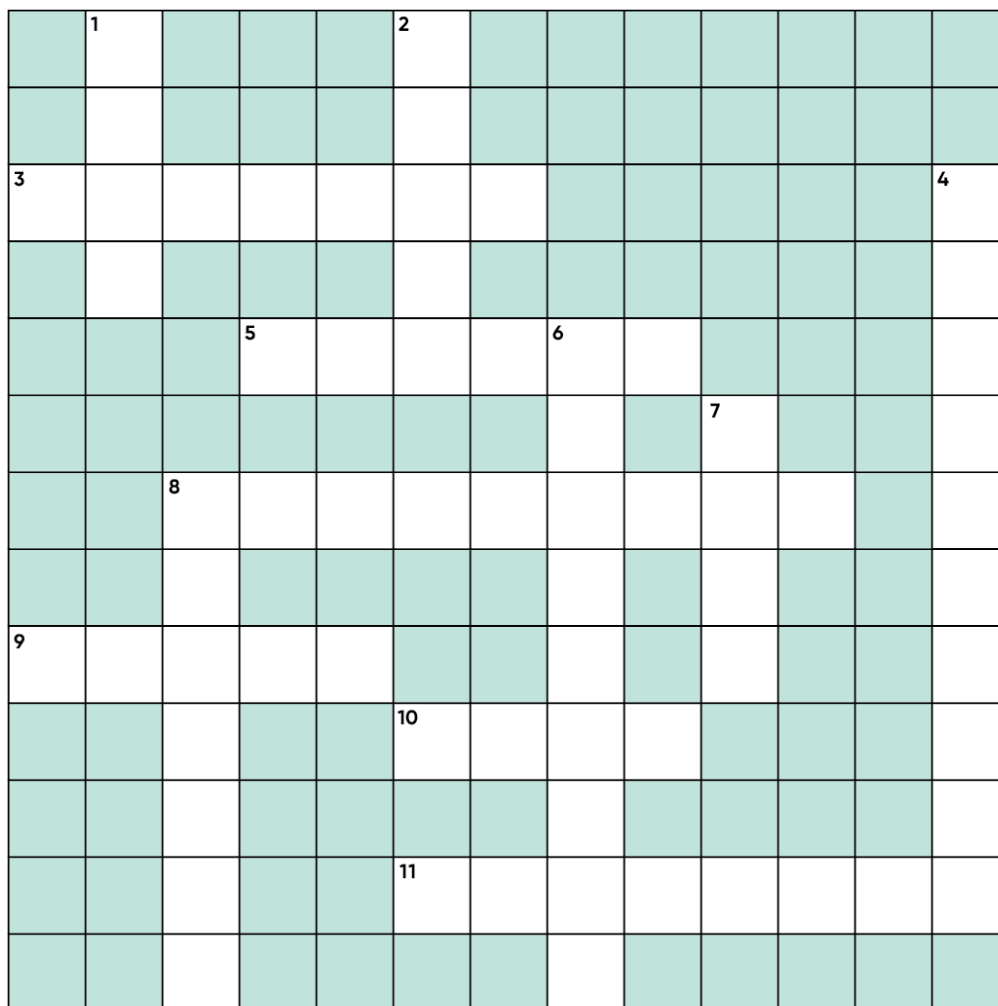


Name _____

Date _____

NUTRITION CROSSWORD PUZZLE



Across

- 3** A white metallic element found in milk and bone
- 5** Taking food into the body
- 8** The process of being nourished
- 9** About 453.6 grams
- 10** A person's habit of eating
- 11** Compounds necessary to good health, found in plants and animals

Down

- 1** About 1/28th of an ounce in the metric system
- 2** Ripened part of a flowering plant that contains seeds
- 4** Plant roots, leaves, stems, and flowers eaten as food
- 6** Healthy ingredients in foods
- 7** Something eaten to maintain life
- 8** To provide a person with food