## **NUTRITION CROSSWORD PUZZLE**

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	R				R							
<sup>3</sup> C	A	L	U	_	U	M						<b>V</b>
	M				I							Е
			<sup>5</sup> E	A	Т	I	<sup>6</sup> N	G				G
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## **Across**

- 3 A white metallic element found in milk and bone
- **5** Taking food into the body
- 8 The process of being nourished
- **9** About 453.6 grams
- 10 A person's habit of eating
- 11 Compounds necessary to good health, found in plants and animals

## Down

- 1 About 1/28<sup>th</sup> of an ounce in the metric system
- 2 Ripened part of a flowering plant that contains seeds
- 4 Plant roots, leaves, stems, and flowers eaten as food
- **6** Healthy ingredients in foods
- 7 Something eaten to maintain life
- 8 To provide a person with food

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