June 22, 2020



An Association of Independent Blue Cross and Blue Shield Plans

The Honorable Bobby Scott Chairman Committee on Education & Labor U.S. House of Representatives Washington, DC 20515 The Honorable Virginia Foxx Ranking Member Committee on Education & Labor U.S. House of Representatives Washington, DC 20515

Dear Chairman Scott and Ranking Member Foxx:

On behalf of the Blue Cross Blue Shield Association (BCBSA), I write to commend your leadership in hosting today's hearing, "Inequities Exposed: How COVID-19 Widened Racial Inequities in Education, Health, and the Workforce." With African Americans dying from the coronavirus at a rate <u>nearly two times</u> their share of the U.S. population, the COVID-19 pandemic has indeed exposed the serious, often deadly impact of long-term, ongoing racial and ethnic disparities in the health care system and in U.S. society as a whole. We believe that addressing this issue should be a national priority.

BCBSA represents the 36 independent, community-based and locally operated Blue Cross and Blue Shield (BCBS) companies nationwide that collectively provide health care coverage to one in three Americans. We strongly support access to high-quality health care services for everyone, regardless of race, color, national origin, sex, gender identity, sexual orientation, age or disability.

Research shows that racial and ethnic minorities experience higher rates of chronic illnesses, worse health outcomes, poorer access to health care and greater distrust of the health care system compared to non-Hispanic Whites in our country. To address the social and environmental factors that influence health and health outcomes, BCBSA created the BCBS Institute to analyze geographic population patterns via ZIP code data to identify the most problematic gaps in community access to resources. Through these efforts, the BCBS Institute goes beyond the walls of the traditional provider setting to reach into the daily realities of communities across the country.

For example, San Mateo County, California is experiencing a steady increase in COVID-19 cases, and this trend is disproportionately affecting the Hispanic population. Confirmed COVID-19 cases among Hispanic residents are 6,452 per 1 million compared to 1,301 per 1 million among White residents. The BCBS Institute is overlaying COVID case and death data with its existing social determinants of health (SODH) data to understand what environmental factors, such as occupational and home environment, may be contributing to the trends of increased caseload and death in minority communities.

Leveraging this data, BCBS companies are working with physician, hospital and community partners to lead vital initiatives that break down barriers, help address disparities and close critical access gaps. For example, Horizon Blue Cross Blue Shield of New Jersey launched a pilot program addressing racial disparities in health care in 2017 in Newark and expanded the program statewide earlier this year. With a \$25 million investment from funds the company received as a result of the 2017 federal tax reform, "Horizon Neighbors in Health" engages members in 70 ZIP codes and emphasizes individual needs — with a goal of enrolling 24,000 people who need better health care. Partnering with the state's three largest health systems, several community groups and a tech company, the program analyzes medical claims data, demographic information and neighborhood characteristics to help identify not only what is

making people sick, but also who is most likely to need medical care by focusing on addressing critical elements such as transportation, housing or food insecurity, which often fall outside a traditional care delivery model.

BCBSA's "Health of America" initiative also harnesses data insights to improve understanding of health care challenges, with Black maternal health a priority focus. Our Maternal Health Report examined 1.5 million pregnancies among commercially insured women from 18 to 44 years of age and accounted for 99 percent of those women's pregnancies occurring between 2014 and 2017. As part of our analysis, we focused on trends in the most significant complications associated with pregnancy and delivery. This research helps us to better understand the state of maternal health in America, particularly among Black women as they experience many of these complications at a significantly higher rate than their White counterparts.

Our data shows that despite tremendous health advances, the United States continues to have the highest maternal death rate of any developed country. Research from experts in the field outside of BCBSA have noted that across the country, maternity care deserts and continued disparities in health insurance coverage are threatening women's access to necessary care before, during and after childbirth. These barriers, among other challenges, help contribute to substantial racial disparities facing African American women. BCBS companies are working to stop these disparities. Some examples include:

- In Maryland, Virginia and Washington, D.C., CareFirst BlueCross BlueShield is awarding \$2 million over the next two years to programs seeking to improve birth outcomes, maternal health and lower infant mortality rates. CareFirst already has contributed more than \$18 million to address these issues since 2007, and the investments are paying off. From 2009 to 2018, through the B'More for Health Babies Initiative, Baltimore City, whose residents often have significant unmet maternal and child health needs, saw a 36 percent decrease in infant mortality, a 38 percent decrease in the Black-White disparity in infant mortality and a 55 percent decrease in teen births.
- BlueCross BlueShield of Tennessee has helped establish an extensive network of telemedicine sites in rural communities called the Solutions to Obstetrics in Rural Communities (STORC) to improve access to specialty care for women with high-risk pregnancies. Rather than traveling to one of the state's major cities for care, STORC sites are staffed with an ultrasound technician and an advanced practice nurse who can video conference with a specialist. Currently, there are STORC sites in 13 rural Tennessee communities, many with no obstetrical specialists or women's healthcare professionals at all. The program, which began in 2009 with 134 visits, grew to 3,953 visits in 2018. More than 90 percent of women in the program have delivered healthy babies.
- Blue Cross & Blue Shield of Mississippi (BCBSMS) supports hospitals in improving health outcomes
 through the BCBSMS Maternity Quality Model. There are three focuses: the 39 Weeks Initiative, a
 partnership with network clinicians to reduce the number of medically unnecessary early term
 deliveries; Baby Friendly, which enhances the mother/baby experience through training and
 education; and Maternal Safety Bundles, a partnership with Mississippi Perinatal Quality
 Collaborative focusing on education and training for improving maternal care.

Research shows that differences in SDOH – access to high-quality jobs and economic stability, quality education, and health care services – contribute to racial inequities in health. This disproportionately impacts medically underserved and marginalized communities that experience higher rates of chronic health conditions, such as diabetes, hypertension and asthma. These chronic health conditions predispose individuals in these communities to greater risk of mortality should they contract COVID-19.

As part of our commitment to putting an end to racial disparities, we continue to advocate for policies that will expand access to all people so that everyone can get the care they need. This includes:

- Providing assistance for those who may lose employer insurance coverage due to the economic downturn: We have provided lawmakers with recommended language to fully subsidize COBRA premiums on a temporary basis. This language is largely modeled after the COBRA subsidies that were part of the "American Recovery and Reinvestment Act" (ARRA). It is similar to H.R. 6514 (the "Worker Health Coverage Protection Act") with some differences in the length of coverage, the start date of coverage and the reimbursement mechanism. For many individuals, COBRA will be a better option than individual market coverage as they are familiar with the coverage, and they may have already made progress towards satisfying their deductibles and out-of-pocket maximums.
- Improving tax credits for those relying on individual coverage: We recommend that Congress
 enhance financial assistance and reduce the required contribution percentage to lower the cost of
 premiums as millions of Americans transition from employer-based coverage to individual plans as a
 result of job loss due to the COVID-19 pandemic a trend that disproportionately affects racial
 minorities. We also recommend that Congress address the potential for the increase in
 unemployment insurance provided in the Families First Coronavirus Relief Act to reduce tax credits
 available in the individual market.
- Expanding funding for state Medicaid expansions and coverage for the uninsured during the COVID emergency. We support an increase in the Federal Medicaid Assistance Percentage (FMAP) to encourage states to extend Medicaid coverage. We also support continued direct funding for testing and care related to COVID-19 for those who are uninsured.

We look forward to working with Congress as lawmakers develop legislation to address SDOH and to halt health inequities that have been exposed by the pandemic. We also are actively engaging Members of Congress and organizations that support and advocate on behalf of people of color, including the Congressional Black Caucus Foundation, Congressional Hispanic Caucus Institute and the National Hispanic Medical Association to highlight health care inequities and discuss needed solutions.

Again, I appreciate your leadership in holding today's hearing as well as your commitment to addressing racial and ethnic disparities in COVID-19 and ensuring equity in education, health and the workforce. We look forward to working with Congress and all stakeholders on this important issue.

Sincerely,

Scott P. Serota

President and Chief Executive Officer