



**Contact our team today.**

We can typically begin providing care within 24 to 48 hours.

6102 Stegen Drive  
Alexandria, VA 22310  
commonwisecare.com  
info@commonwisecare.com  
(571) 483-8806

**What is home care?**

The vast majority of individuals who are aging, disabled or recovering prefer to receive care in the comfort of their home. Unfortunately, managing their daily needs can put a tremendous strain on the fabric of a family.

Commonwise is committed to supporting families through this process. Our Care Team provides personal care and companionship services that preserve the safety, comfort and dignity of your loved ones where they truly want to be – at home.

**Why Commonwise Home Care?**

Commonwise offers a refreshing alternative to commodity in-home care.

We developed our own system to find, recruit, train and hire compassionate caregivers. We treat our Care Team with the same respect they show our clients. And we pay members of our Care Team industry leading wages.

Low-price providers may offer basic support services for a slightly lower cost, but they struggle to consistently produce what we want most for our loved ones: genuine compassion.



## The Commonwise difference

*A new standard for compassionate care*

**Commonwise Home Care provides a smarter and more sympathetic approach to in-home care — serving clients, their families and caregivers with wisdom and compassion.**

“The care from Commonwise Home Care was superb and worth the slightly higher hourly cost, and the staff had a much higher emotional intelligence than other groups. I would not look any further than Commonwise.”

— Valeria Niehaus



### **We recruit the best**

Identifying quality caregivers is a science. We developed a proprietary, evidence-based selection methodology to ensure that every Care Team member demonstrates the competencies necessary to provide exceptional care.

### **We provide “full-circle dignity”**

The best way to ensure compassion and respect for our clients is to treat our Care Team with the same level of compassion and respect. We build strong, sincere partnerships with clients and their families — and our caregivers.

### **We empower caregivers**

Commonwise is built around recruiting people who excel at both “hard” and “soft” skills. Our gifted caregivers are then encouraged to serve clients with creativity and clarity of purpose.

### **We deliver confidence**

When you choose Commonwise, rest assured that the care of your loved one is not entrusted to the person willing to do the job for the least amount of money. Our recruitment and training systems are built to attract people who serve with wisdom and excellence.



**Contact our team today.**

We can typically begin providing care within 24 to 48 hours.

6102 Stegen Drive  
Alexandria, VA 22310

commonwisecare.com  
info@commonwisecare.com  
(571) 483-8806

## Companionship services

If clients require an extra set of hands to remain healthy and independently active, our suite of companionship services may be the right fit. Typical requests include, but are not limited to:

- Medication reminders
- Housework and laundry
- Transportation and errands
- Meal preparation
- Bill pay
- Pet care
- Administrative assistance

## Personal care services

As clients age or recover from an acute illness or surgery, they may need help with the activities of daily living. If clients require hands-on support, our Care Team can provide personal care services, such as:

- Assisting with transfers and ambulation
- Bathing and personal hygiene
- Toileting and incontinence support
- Dressing and grooming
- Feeding
- Exercise and range of motion support

## Personal care programs

We also provide in-depth and customized support for clients who have specialized needs, including:

- Total care
- Hospice care
- Alzheimer's and dementia care
- Hospital-to-home
- Post-surgical care
- Respite care

## Care management services

Existing clients may need guidance as they experience transitions in their health status or lifestyle. Commonwise care managers can provide comprehensive support in the following ways:

- Coordination and oversight of health services
- Medication management
- Long-term care insurance partnership
- Advocacy during acute care stays
- Attending medical appointments and procedures
- Obtaining medical equipment

