

Nature's Plus. The Energy Supplements.

Pre-Diet CLEANSE

Your First Step to Weight Loss Success

Energizes and Promotes Natural Cleansing for Healthy Weight Management

3 DAY PROGRAM

Gluten Free • Vegetarian
DIETARY SUPPLEMENT

WITH GUARANA
Natural Source of Caffeine



MORNING PROGRAM
12 Tablets



EVENING PROGRAM
12 Tablets

1 Morning Program

Supplement Facts	
Serving Size 4 Tablets, Servings Per Container 3	
Amount Per Serving	% DV
Thiamin (naturally occurring from Guava [Psidium guajava], Holy Basil [Ocimum tenuiflorum] and Lemon extracts [Citrus sinensis])	4.4 mg 293%
Riboflavin (naturally occurring from Guava, Holy Basil and Lemon extracts)	4.0 mg 235%
Niacin (naturally occurring from Guava, Holy Basil and Lemon extracts)	6.8 mg 34%
Vitamin B6 (naturally occurring from Guava, Holy Basil and Lemon extracts)	4.4 mg 220%
Folic Acid (naturally occurring from Guava, Holy Basil and Lemon extracts)	100 mcg 25%
Vitamin B12 (as cyanocobalamin)	500 mcg 8333%
Pantothenic Acid (naturally occurring from Guava, Holy Basil and Lemon extracts)	7.6 mg 76%
Pre-Diet Energizing Whole Food Blend	1400 mg †
Guarana seed extract (Paulinia cupana)‡ (standardized 9% [100 mg] caffeine), Milk Thistle seed (Silybum marianum)‡, Cinnamon (Cinnamomum burmannii bark)‡, Turmeric root (Curcuma longa)‡	
Organic Energizing Fruit & Vegetable Blend	100 mg †
Apple‡, Orange‡, Concord Grape‡, Blueberry‡, Strawberry‡, Cranberry‡, Beet Juice‡, Blackberry‡, Black Currant‡, Cherry‡, Pomegranate‡, Raspberry‡, Carrot Juice‡, Bell Pepper Red‡, Cucumber‡, Sweet Potato‡, Broccoli‡, Spinach‡, Mango‡, Papaya‡, Wild Bilberry‡, Cinnamon‡	

† Daily Value (DV) not established. ‡ Organic powder

Other ingredients: Organic brown rice syrup solids, organic maltodextrin, organic carnauba wax, shellac (orange shellac and organic alcohol) (alcohol evaporated, not present in final product).

2 Evening Program

Supplement Facts	
Serving Size 4 Tablets, Servings Per Container 3	
Amount Per Serving	% DV
Vitamin A (as beta carotene from organic Annatto [Bixa orellana] seed extract)	5,000 IU 100%
Vitamin C (from organic Amla [Embllica officinalis] berry extract)	60 mg 100%
Vitamin E (from organic Annatto seed extract)	30 IU 100%
Calcium (from organic Algas calcareas)	110 mg 11%
Magnesium (from organic Algas calcareas)	9 mg 2%
Organic Cleansing Whole Food Complex	1200 mg †
Algas calcareas‡ (supplying naturally occurring calcium and magnesium), Rhubarb root (Rheum palmatum)‡, Prune fruit (Prunus domestica)‡, Bacillus coagulans (250 million viable cells*), Marshmallow root (Althaea officinalis)‡, Slippery Elm bark (Ulmus rubra)‡, Lactobacillus acidophilus (250 million viable cells*), Triphala (a blend of Phyllanthus emblica, Terminalia bellirica and Terminalia chebula)‡	
Organic Diet Boost Cleansing Blend	500 mg †
Acai berry (Euterpe oleracea)‡, Acacia Gum (Acacia seyal)‡, Fenugreek seed (Trigonella foenum-graecum)‡, Celery seed (Apium graveolens), Dandelion leaf (Taraxacum officinale)‡, Dandelion root (Taraxacum officinale)‡, Red Clover herb (Trifolium praetense)‡, Black Pepper fruit (Piper nigrum)‡	

† Daily Value (DV) not established. ‡ Organic powder
* At time of manufacture

Other ingredients: Organic brown rice syrup solids, organic maltodextrin, organic carnauba wax, shellac (orange shellac and organic alcohol) (alcohol evaporated, not present in final product).

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Vegetarian • Gluten Free. Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

READ AND FOLLOW ALL DIRECTIONS ON PACKAGE INSERT.

1 Morning Program: Directions: Take 2 capsules each morning on an empty stomach.

2 Evening Program: Directions: Take 2 capsules each evening.

Manufactured in an NSF GMP Certified Facility.

Manufactured with LOVE by
Natural Organics Laboratories, Inc., makers of NATURE'S PLUS
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PRODUCT NO. 1118



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