



PIZZAS	SERVING SIZE (g)	SERVINGS PER CONTAINER	CALORIES	CALORIES FROM FAT	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FATS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (%DV)	VITAMIN C (%DV)	CALCIUM (%DV)	IRON (%DV)
																	
Cheese Pizza	113	6	300	140	15	7	0	35	340	26	2	2	15	15	0	30	10
Pepperoni Pizza	113	6	300	150	17	8	0	30	380	20	2	3	16	20	0	30	10
Sausage Pizza	113	6	260	140	15	7	0	35	400	16	2	2	14	10	0	20	10
Spinach Pizza	113	6	230	100	11	4.5	0	20	270	23	4	4	11	15	0	20	8
Vegetarian Pizza	113	6	270	110	13	6	0	15	300	23	3	3	15	10	0	30	10
Crustless Sausage Pizza	90	6	210	120	14	7	0	60	690	3	2	1	18	0	2	25	8

REAL URBAN BBQ	SERVING SIZE (g)	SERVINGS PER CONTAINER	CALORIES	CALORIES FROM FAT	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FATS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (%DV)	VITAMIN C (%DV)	CALCIUM (%DV)	IRON (%DV)
																	
Chopped Brisket w/ Sauce	113	4	290	150	16	8	0	80	350	11	1	10	24	2	0	2	20
Pulled Pork w/ Sauce	113	4	280	140	15	7	0	85	380	8	<1	8	26	2	0	2	10
St. Louis Ribs	142		470	270	30	15	0	110	980	23	2	20	29	8	0	8	10
Pull-a-Part Buns	34	12	90	20	2.5	1	0	0	140	16	1	2	2	0	0	4	4
Macaroni and Cheese	198	1	330	150	16	7	2	35	790	34	2	4	13	15	0	25	6

WILDFIRE FILETS



	SERVING SIZE (oz)	SERVINGS PER CONTAINER	CALORIES	CALORIES FROM FAT	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FATS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (%DV)	VITAMIN C (%DV)	CALCIUM (%DV)	IRON (%DV)
8oz Filet USDA Beef	8	1	380	170	19	9	0	120	115	0	0	1	52	0	0	0	30
Blue Cheese Crust	1.6	1	260	220	24	16	0	55	250	6	1	0	4	15	0	6	2
Horseradish Crust	1.6	1	220	180	20	14	0	50	370	7	2	1	2	10	0	2	2
3oz Filets USDA Beef	9	1	420	190	21	10	0	135	130	0	0	1	59	0	0	2	35
Parmesan Crust	1	1	150	130	14	9	0	35	140	3	0	0	3	10	0	6	0
Blue Cheese Crust	1	1	160	130	15	10	0	35	150	4	0	0	3	8	0	4	0
Horseradish Crust	1	1	140	120	13	9	0	30	230	4	1	1	1	8	0	2	2

VIENNA BEEF



	SERVING SIZE (g)	SERVINGS PER CONTAINER	CALORIES	CALORIES FROM FAT	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FATS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (%DV)	VITAMIN C (%DV)	CALCIUM (%DV)	IRON (%DV)
Beef Franks	57	10	160	120	14	5	0	0	560	1	0	1	7	2	0	0	4
Green Relish	15	11	15	0	0	0	0	0	160	4	0	3	0	0	0	0	2
Yellow Mustard	5	50	0	0	0	0	0	0	80	4	0	3	0	0	0	0	2
Sport Peppers	14	12	5	0	0	0	0	0	20	1	0	1	0	6	25	0	0

ELI'S CHEESECAKE



	SERVING SIZE (g)	SERVINGS PER CONTAINER	CALORIES	CALORIES FROM FAT	TOTAL FAT (g)	SATURATED FAT (g)	TRANS FATS (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBOHYDRATES (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	VITAMIN A (%DV)	VITAMIN C (%DV)	CALCIUM (%DV)	IRON (%DV)
Cheesecake	64	14	210	140	15	10	0	60	200	16	0	11	3	15	0	6	2