Maternal mortality rates in the United States are rising. The U.S. has the highest rate of maternal death among developed nations with significant racial disparities and large differences in rates between states. The Society for Maternal-Fetal Medicine (SMFM) has identified four important ways that states are addressing the rising rates of maternal mortality: 1.) the establishment of maternal mortality review committees; 2.) the establishment of perinatal quality collaboratives; 3.) the expansion of Medicaid; and 4.) reporting of data stratified by race/ethnicity. This fact sheet details the progress Utah has made towards reducing maternal mortality. To view other state fact sheets, visit SMFM.org/scorecard.

**State Activities Aimed at Reducing Maternal Deaths**

<table>
<thead>
<tr>
<th>Year</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>🔺</td>
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<td>🌟</td>
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</tbody>
</table>

- **Maternal Mortality Review Committee**
- **Perinatal Quality Collaborative**
- **Medicaid Expansion**
- **Reports Maternal Mortality Data by Race**

**Local Resources**

- **Utah Perinatal Mortality Review**
  - [mihp.utah.gov/perinatal-mortality-review](http://mihp.utah.gov/perinatal-mortality-review)

- **Utah Women & Newborns Quality Collaborative**
  - [health.utah.gov/uwnqc](http://health.utah.gov/uwnqc)

- **Utah Medicaid**
  - [medicaid.utah.gov/pregnant-woman](http://medicaid.utah.gov/pregnant-woman)

**Insurance Coverage for Reproductive-Aged Women**

89% of women aged 19-64 years old have health insurance. Utah’s Medicaid program will cover pregnant women up to 144% of the federal poverty level.

**SMFM State Liaison**

- Michael Varner, MD
- Torri Metz, MD
- Cara Heuser, MD
- Brett Einerson, MD, MPH
- Sean Esplin, MD

**Maternal Mortality Ratio**

<table>
<thead>
<tr>
<th>Race</th>
<th>Utah</th>
<th>USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>23.9</td>
<td>26.1</td>
</tr>
<tr>
<td>Black</td>
<td>--</td>
<td>63.8</td>
</tr>
<tr>
<td>Hispanic</td>
<td>28.1</td>
<td>19.6</td>
</tr>
<tr>
<td>Overall</td>
<td>23.0</td>
<td>29.6</td>
</tr>
</tbody>
</table>

Hispanic women in Utah are 40% more likely to die from pregnancy-related causes than Hispanic women in the rest of the country.

**Questions?** Contact Katie Schubert at kschubert@smfm.org.

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**Data Sources**

1.) America’s Health Rankings ("Maternal Mortality in the United States in 2019"); 2.) Kaiser Family Foundation ("Medicaid and CHIP Income Eligibility Limits for Pregnant Women as a Percent of the Federal Poverty Level" and "Health Insurance Coverage of Women 19-64"); 3.) Review to Action ("MMR Map"); 4.) Centers for Disease Control and Prevention, "State Perinatal Quality Collaboratives"); and 5.) American College of Obstetricians and Gynecologists ("State Maternal Mortality Review Committees, PQCs, and AIM").

_Last updated: October 22, 2019._