This worksheet can be used to organize social determinants of health key contacts, resources and services in your local area available to support patients.

**Perinatal Social Work Services:**
- Contact Information:
- Process for linking patients to social work services at your hospital:

**Hotlines:**
- **National Domestic Violence Hotline:** (800) 799-7233
- **National Suicide Prevention Lifeline:** (800) 273-8255
- **National Sexual Assault Hotline:** (800)-656-4673
- **National Human Trafficking Hotline:** (888)-373-7888
- **SAMSHA’s National Helpline:** (Substance Abuse and Mental Illness Service Administration) free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders is **800-662-HELP** (800.662.4357)
- **CARES Hotline:** (Crisis and Referral Entry Services) is a telephone response service that handles mental health crisis calls for children and youth in Illinois call (800) 345-9049
- **Illinois Perinatal Depression Hotline:** free, confidential hotline is available 24 hours a day to patients and their families for information, support and connection to local resources call **866-364-MOMS** (866.364.6667)
- **Illinois Helpline for opioids and other substances:** Illinois also has a 24-hour helpline devoted to connecting individuals to treatment for OUD and other SUDs. If you need help for yourself, or on behalf of a loved one, call **833-2FINDHELP** (833.234.6343)
- **United Way Illinois 211:** - 2-1-1 is a vital service that connects millions of people to help every year. Highly trained 2-1-1 call specialists and the online portal are available 24/7 to help individuals locate health and human service assistance during times of non-emergency crisis and for everyday needs

Use “Summary of Resources and Services to address Social Determinants of Health” document to identify resources / services for each category:

**Child Care (Daycare, Before/After School Care, Family Resource Centers Assistance w/Child Care):**
- Program Name:
- Contact Information:
- Helpful Tips for Successful Referral:
Education/Health Literacy (Assistance w/Finding School, Higher Education, Skills & Training, English Second Language support):

- Program Name:
- Contact Information:
- Helpful Tips for Successful Referral:

Exposure to Violence (Assistance w/ crisis or hotlines, Domestic Violence, Safe Housing or Safety Education):

- Program Name:
- Contact Information:
- Helpful Tips for Successful Referral:

Financial (Assistance w/ Health Insurance, Government Benefits, Loans, Healthcare bills):

- Program Name:
- Contact Information:
- Helpful Tips for Successful Referral:

Food (Food Pantry, Food Benefits, Emergency Food, Nutrition Education):

- Program Name:
- Contact Information:
- Helpful Tips for Successful Referral:

Housing (Shelter, Nursing home, Short/Long Term Housing, Housing Vouchers):

- Program Name:
- Contact Information:
- Helpful Tips for Successful Referral:

Legal Status (Translation/Interpretation or Representation, Legal Aid Assistance):

- Program Name:
- Contact Information:
- Helpful Tips for Successful Referral:

Transposition (Assistance w/traveling to medical appointments or school):
Utility (Assistance w/Rent, Electric, Gas, Oil, or Water):

- Program Name:

- Contact Information:

- Helpful Tips for Successful Referral:

Other Resources:

- Program Name:

- Contact Information:

- Helpful Tips for Successful Referral: