Million Heart Self-Monitoring Blood Pressure (SMBP) Grant

The Cuff Kit™ For Your Patients (preeclampsia.org)
Who should get a SMBP Cuff Kit

**What:** As a first step to address the need for self-monitored blood pressure, the Preeclampsia Foundation started providing the **Cuff Kit™** to women at highest risk of developing preeclampsia and other hypertensive disorders of pregnancy – especially to our most vulnerable populations. The kit includes a validated automatic BP device, educational tools around signs and symptoms, postpartum risk, “How to take your own blood pressure” information sheet and video, BP log tracker, and additional evidence-based information online.

**Who:** should receive a **Cuff Kit™**

- Patient at risk for HTN, HTN, preeclampsia, post-partum preeclampsia
- Patient that is Black, African American, American Indian/Alaskan Native
- Patient identified with another high-risk condition (autoimmune disease, kidney disease, etc.)
- Provider discretion
Cuff Kit™

Cuff Kit includes:
• 1 Bluetooth enabled monitor
• 1 Arm cuff, standard (8.6 - 16.5 inches) or extra large (16.5 - 18.9 inches)
• Welcome letter with QR code for instructional/informational video
• "Still At Risk" bracelet
• BP log, instructions form
• Preeclampsia Signs & Symptoms brochure
• Postpartum Signs & Symptoms brochure
• Feedback postcard
• *Everything in the kit is bilingual (English/Spanish)
Blood Pressure Monitor and The Cuff Kit envelope to be given together
Cuff Kit Sizes

Light Blue Cuff is size Standard

Navy Cuff is Large size
How to document in Epic – Cuff Kit was offered/given

1) If patient qualifies for BP Cuff Kit, document in the Rooming Tab → BP Monitoring Flowsheet
2) **Complete documentation:** *(documentation is required for reporting to grant)*

   a. Document whether BP Cuff Kit was given; if yes document size of cuff
   
   b. If patient was offered BP Cuff Kit, but declined because they already have a cuff at home, document *Patient has a BP Cuff at home: Yes*
3) If BP Cuff Kit was given to patient is documented, BPA will fire to place order for BP cuff. This order will not route to a pharmacy. This is required for insurance purposes for quality programs.
   a. Click accept; and Sign order

b. **if RN clicks the flowsheet row, the BPA will fire with order, and they will PEND order for physician to sign**
Pharmacist Consult

4) **New referral order** is available for a Pharmacist Telephonic Consult with Population Health Pharmacist Jillian Carey.
   a. If clinician determines patient would benefit from a pharmacist consultation place order for **Ambulatory referral for Pharmacist Telephonic Counseling**
   b. Select Reason:
      i. **Low dose aspirin counseling**
      ii. **Medication counseling blood pressure management**
      iii. **Medication access issues**
   c. Document any comments if necessary for pharmacist
   d. Sign referral. This order will route specifically to Jillian Carey.
Community Health Specialist

- In-basket referral
- Available for assisting patients with community-based services needs
  - Transportation
  - Food insecurity
  - Medication costs
  - And so much more