Pregnant? Thinking About Pregnancy? Recently Pregnant?

Top 5 Reasons to Get the COVID-19 Vaccine

1. Pregnant people are more likely to get very sick from COVID-19 than nonpregnant people.\(^4\) Getting COVID-19 while pregnant increases the risk of preterm birth\(^5\) and the risk that your baby will need intensive care.\(^6\) Getting the vaccine helps protect you and your baby from serious illness, hospitalization, and death from COVID-19.\(^7\)\(^-\)\(^9\)

2. The antibodies that your body makes in response to the vaccine can cross the placenta to your baby.\(^10\)\(^-\)\(^14\) Breastfeeding also transfers antibodies to your baby.\(^10\)\(^-\)\(^11\) The antibodies from the vaccine may help protect your baby against COVID-19 after birth.\(^15\)

3. Thousands of pregnant women have safely received COVID-19 vaccines. There have been no reports of any increased risk of pregnancy loss,\(^16\)\(^-\)\(^20\) fetal growth problems, or birth defects.\(^9\)

4. COVID-19 vaccines have no effect on fertility. There is no information to suggest that any vaccines—including COVID-19 vaccines—affect your ability to get pregnant now or in the future.\(^9\)\(^,\)\(^11\)\(^-\)\(^13\)

5. Pregnant people may have the same mild side effects from the COVID-19 vaccines, like fever, headache, and being tired, that nonpregnant people who have been vaccinated.\(^11\)\(^-\)\(^14\) The antibodies from the vaccine may help protect your baby from COVID-19 after birth.\(^15\)

References