What is a MATERNAL-FETAL MEDICINE (MFM) subspecialist?

A physician who has advanced knowledge and training in medical, surgical, obstetrical, fetal, and genetic complications of pregnancy & their effects on both the woman and fetus.

MFM Subspecialists provide

1. consultations
2. co-management
3. transfer of care

for women with complex conditions before, during, and after pregnancy.

MFM Subspecialists provide peer and patient education;

AND

perform research on innovative approaches and treatments.

MFM subspecialists work with ALL OBSTETRIC PROVIDERS including physician assistants, nurses, CNMs/CMs, family physicians, and obstetrician-gynecologists to manage HIGH-RISK PREGNANCIES.

What is a HIGH-RISK PREGNANCY?

One that threatens the HEALTH OR LIFE of the WOMAN OR HER FETUS.

EXISTING CONDITIONS, such as high blood pressure, obesity, diabetes, or being HIV-positive

Rates of Gestational Diabetes (GDM) and pre-GDM have DOUBLED in the last 14 years.

60% of women of reproductive age are obese or overweight.

MULTIPLE GESTATION

In 2014, 3.5% of all babies born were TWINS, TRIPLETs OR HIGHER-ORDER MULTIPLES, accounting for almost 140,000 births in the U.S.

The number of MULTIPLES is at an ALL-TIME HIGH, according to the National Center for Health Statistics.

PROBLEMS with THE FETUS

Birth defects affect one in every 33 babies born in the U.S. each year.

Birth defects are the leading cause of infant deaths, accounting for 20% of all infant deaths.

COMPLICATIONS from PREVIOUS PREGNANCIES e.g. preterm birth, preeclampsia, IUGR

SICK WOMEN get pregnant

PREGNANT WOMEN get sick

SICK WOMEN get pregnant

PREGNANT WOMEN get sick