Labor and Delivery Issues

Delivery of preterm infants at hospitals best able to provide an appropriate level of care

When feasible, pregnant women at significant risk of preterm birth, should be transferred to hospitals with level III nurseries prior to delivery.¹

Delayed Cord Clamping at the time of delivery of preterm infants

Delaying clamping for 30-60 sec. after the delivery is recommended for preterm neonates.²

There is no clear evidence that cesarean birth improves the outcomes of singleton, cephalic presenting, preterm fetuses.

Careful consideration should be undertaken before embarking on a cesarean delivery, particularly for an extremely preterm infant, in light of the increased short- and long-term maternal morbidity with preterm cesareans.

References:
