

Materials

STEAM

- Watercolor pallets
- 4 paintbrushes
- 4 no top cups for water
- 4 Smocks
- Felt-backed tablecloth
- Masking tape
- 6-8 trays
- “Everything Grows” by Raffi
- Photos of children’s faces
- Glue dots
- Grass seeds
- 20 small clear, plastic cups (9 ounce)
- Lightweight soil-less organic potting mix
- Bowl for potting mix
- Large spoon
- Spray bottle
- Marker
- *Lightweight soil-less organic potting mix- read label and ensure it is free of chemicals and fertilizers
- *Bowl for potting mix- Place in bowl and moisten the potting mix, it should be damp but not soaked.
- *Table cloth and smocks- Protect the table and children’s clothes
- *Lunch trays- if needed for transporting cups or protecting clothing or floor
- Easel
- 10 paint cups
- Easel paper
- Clips to hold paper to the easel
- Washable paint
- 1 Pen
- 4 funnels
- Measuring cups or graduated cups
- Waterfall set
- No slip mat for floor
- Cloth towels
- 4 1-gallon Ziploc bags

- Book: “You are Helpful,” by Todd Snow and Melodee Strong
- Book: “The Kindness Book,” by Todd Parr
- Super-Safe Magnifiers- or other magnifying glass recommended for this age group
- Photo app in Device- prepare a new folder in your device’s photo app titled “kindness examples.”
- Face and Feelings poster
- Book: “Mindfulness,” by Alex Fabrizio and Hilli Kushnir
- Book: “Bear Feels Sick,” by Karma Wilson and Jane Chapman



- Felt-backed tablecloth
- 12"x18" manila or white paper
- 2 baskets
- Jumbo crayons
- Large multicultural crayons
- 1 Pencil
- 1 Pen
- 1 Bottle of bubbles
- 1 Bubble Wand
- 4 playground balls
- Book: "You are a Lion! and Other Fun Yoga Poses," By Taeun Yoo
- 3 white poster boards
- 1 red poster marker (or red sharpie and red paint)
- 3 bins for water
- 6 sponges
- Packing tape

- Song: "Little Hands"
- Song Lyrics: If you're happy and you know it, clap your hands
- Song: "Kindness is a Muscle"
- Song: "Hello Song"
- Basket of egg shakers
- Lyrics to: "Teddy Bear, Teddy Bear"

