



## What Are the Symptoms of Follicular Lymphoma?

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### **Andrew Schorr:**

Hello and welcome to Patient Power. I'm Andrew Schorr.

What are the symptoms of non-Hodgkin's lymphoma, particularly follicular lymphoma that's usually quite indolent, as they say? Joining us now are two experts in the field: Dr. John Gribben from London and Dr. Wyndham Wilson from the National Cancer Center in Maryland.

### **Dr. Gribben:**

Wyndam, let's now turn to the indolent lymphomas. Of course, the most common being follicular lymphoma, so we'll probably focus most of our attention talking about follicular lymphoma. What are the typical symptoms of this disease, and how does it present?

### **Dr. Wilson:**

Well, quite honestly, the typical symptoms are none. Many patients come to you simply because someone felt a knot or a small growth. That is very common, because people have indolent lymphomas probably for years and years before they ever even know it. It's really in the very advanced stages, you can, like with the large cells and more aggressive diseases, get symptoms such as weight loss and fevers, but that's quite uncommon. I'd say the most common symptoms are feeling an asymptomatic knot or, sometimes, the disease can grow to very large masses under the arms or in the abdomen, and you can have local symptoms like pain or masses.

### **Andrew Schorr:**

Look for much more of our conversation with Drs. Gribben and Wilson and also with other non-Hodgkin's lymphoma experts. It's all coming your way on Patient Power so be sure to be signed up for alerts so we can let you know whenever we post something new.

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