

HAMPTONS VOLUME 33 ISSUE 3

HAMPTONS

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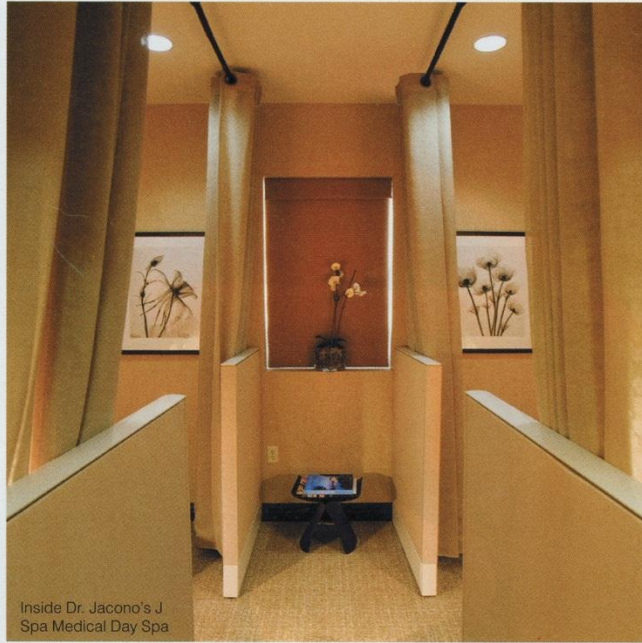
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FROM WITHIN WELLNESS

The Youth Whisperer

Dr. Andrew Jacono lets us in on his favorite age-defying skin savers.

BY MARIEL RITTENHOUSE GOODSON



Inside Dr. Jacono's J Spa Medical Day Spa

"VOLUME, THAT'S WHAT REALLY characterizes youth," declares Dr. Andrew Jacono, a double board-certified facial plastic surgeon practicing in Manhattan and at J Spa Medical Day Spa in Great Neck. "It's having that full silhouette, that heart-shaped face that everybody talks about."

In the never-ending quest to pump up the lost volume, Dr. Jacono enlists a slew of cutting-edge techniques like Sculptra Aesthetic, Ultherapy and stem cell face-lifts to reinflate some of New York's most notable faces. The "stigmata of aging," as he calls it, encompasses more than just a flock of crow's feet. "Even in our late 20s and early 30s, the face gradually starts to deflate. The cheeks aren't as apple-y as they used to be, the facial structure starts to change, and we get folds, lines, grooves and parentheses around the mouth," he says.

To restore that cherubic chub, Dr. Jacono often suggests a series of Sculptra Aesthetic injections. Unlike Restylane and Juvéderm, Sculptra Aesthetic is a long-term injectable that doesn't merely fill the face with hyaluronic acid, but instead actually



Dr. Andrew Jacono

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stimulates the production of natural collagen deep within the dermis. Another benefit to Sculptra Aesthetic is that if you do a full cycle of three treatments, the results can last up to two years. With Restylane or Juvéderm, “Patients may need to see their doctors every four to six months.”

If the thought of voluntarily making a date with a syringe sends you running for cover, Dr. Jacono also offers a brand-new treatment: Ultherapy, which harnesses ultrasound technology to help counteract the skin-sagging tug of gravity. Bypassing the surface skin and focusing heat via sound waves on the deep tissues of the face, Ultherapy tightens and tones facial muscles, rendering it a go-to treatment for his younger, more proactive patients who want to prevent that dreaded droop from happening in the first place. In addition to “shrink-wrapping the tissues” around the forehead, brows, eyes, cheeks and neck, Ultherapy also fuels collagen production to plump the skin from within. No pain, all gain. *990 Fifth Ave., NYC, 212-570-2500; 440 Northern Blvd., Great Neck, 516-773-4646; newyorkfacialplasticsurgery.com*
