

Table of Contents

1 – INTRODUCTION

- 4 Get to Know Get Set for School®
- 6 Core Learning Areas
- 8 Using Your Teacher's Guide
- 10 Activity & Letter Lesson Design
- 12 Hands-On Products for Readiness & Writing
- 14 PreKITT: The Pre-K Interactive Teaching Tool
- 15 myLWTears.com
- 16 Using *My First School Book*
- 18 Pre-K Classroom & Children
- 19 Multisensory Instruction
- 20 Scope & Sequence of Printing
- 21 Pre-K Teaching Guidelines
- 30 Handwriting in Pre-K & Kindergarten
- 31 Next Step: *My First Lowercase Book*

33 – READINESS

- 34 Developing Social Skills
- 35 Shake Hands
- 36 Developmental Stages in Writing
- 38 Children's Hand Skills
- 40 Teaching Crayon Grip
- 41 Crayon Song
- 42 Wood Pieces Set
- 43 Wood Piece Play
- 44 Wood Pieces with Music
- 45 Polish, Sort & Trade Wood Pieces
- 46 Wood Pieces in a Bag
- 47 Wood Pieces in a Box
- 48 Positions & Body Parts with Wood Pieces
- 50 Curves & Circles
- 52 Vertical, Horizontal & Diagonal Positions
- 54 Stages of Learning

57 – DRAWING

- 58 Developing Drawing Skills
- 59 Expressive Easel Art
- 60 Build & Sing Mat Man®
- 62 Draw Mat Man®
- 64 Mat Man® Pattern
- 65 *Mat Man Shapes Book*
- 66 Draw Shapes in *My First School Book*
- 67 Draw in *My First School Book*
- 68 Draw in *My Book*
- 69 Draw with Line It Up™

71 – ALPHABET KNOWLEDGE

- 72 ABC's on the *Sing Along Album*
- 73 ABC Sing & Point
- 74 Alphabet Animals on Parade
- 75 Three a Day—Capitals to Say

- 76 CAPITALS on the Edge
- 77 Name That Capital
- 78 Letter & Picture Match
- 79 Sign In Please!
- 80 Lowercase Letters on the Edge
- 81 Name of the Day
- 82 abc Sing & Point
- 83 Capital & Lowercase Letters
- 84 Lowercase Matching
- 85 Capital—Lowercase Matching

87 – COLORS & COLORING

- 88 Developing Crayon & Coloring Skills
- 90 Teaching Crayon Grip
- 91 Night Sky—Aim & Scribble
- 92 Aim & Scribble—Twinkle & Fireworks
- 94 Aim & Color—Aim & Trace
- 96 Red/Green
- 97 Yellow/Purple
- 98 Blue/Orange
- 99 Pink/Brown
- 100 Gray/Black
- 101 Colors

103 – PRE-WRITING

- 104 Hands-On Letter Play
- 106 Capitals with Letter Cards
- 107 Capitals on the Mat for Wood Pieces
- 108 Air Writing
- 109 Door Tracing
- 110 Roll-A-Dough Letters®
- 111 Stamp & See Screen®
- 112 Line It Up™
- 113 A-B-C Touch & Flip® Cards
- 114 Wet-Dry-Try on the Slate
- 115 Wet-Dry-Try Student App
- 116 Teaching Letters with Technology
- 117 A+ Worksheet Maker Lite

119 – WRITING CAPITAL LETTERS

- 120 Writing in *My First School Book*
- 122 Developmental Stages in Writing
- 123 Developmental Teaching—Capitals First
- 124 Where Do You Start Your Letters?

VERTICAL & HORIZONTAL: L F E H T I U

- 125 Chicks & Ducks
- 126 Shape—Cross
- 127 Letter L
- 128 Shape—Square
- 129 Letter F
- 130 Pre-Stroke for E & Letter E
- 132 Shape—Rectangle

- 133 Letter **H**
- 134 Letter **T**
- 135 Letter **I**
- 136 The "Rain Song"
- 137 Letter **U**

MAGIC C: C O Q G S J

- 138 Make a Magic C Bunny
- 139 Magic C
- 140 Pre-Stroke for **C** & Letter **C**
- 142 Pre-Stroke for **O** & Letter **O**
- 144 Shape—Circle
- 145 Letter **Q**
- 146 Pre-Stroke for **G** & Letter **G**
- 148 Pre-Stroke for **S** & Letter **S**
- 150 Pre-Stroke for **J** & Letter **J**



BIG & LITTLE CURVES: D P B

- 152 Pre-Stroke for **D, P, B, & R**
- 153 Letter **D**
- 154 Letter **P**
- 155 Letter **B**

DIAGONALS: R K A M N V W X Y Z

- 156 Pre-Stroke for **R** & Letter **R**
- 158 Pre-Stroke for **K** & Letter **K**
- 160 Pre-Stroke for **A** & Letter **A**
- 162 Shape—Triangle
- 163 Shape—Rhombus
- 164 Pre-Stroke for **M** & Letter **M**
- 166 Pre-Stroke for **N** & Letter **N**
- 168 Shapes Review
- 169 Mat Man® Shapes
- 170 Pre-Stroke **V** & **W** & Letter **V**
- 172 Letters **W** & **X**
- 174 Letters **Y** & **Z**
- 176 Alphabet Review
- 177 Capitals in Gray Blocks
- 178 Help Me Write My Name
- 179 Teaching Name in Title Case
- 180 Help Me Write My Name in Title Case
- 181 Learning CAPITALS & Lowercase Letters

183 – COUNTING & NUMBERS

- 184 Wet-Dry-Try on the Slate
-  186 *Get Set for School Sing Along* Album
-  187 *Sing, Sound & Count With Me* Album
- 188 "Count on Me": One – 1
- 190 Bird Legs: Two – 2
- 192 "That Would Be Me!": Three – 3
- 194 "Animal Legs": Four – 4
- 196 "Five Finger Play": Five – 5
- 198 Six – 6 & Seven – 7
- 200 Eight – 8 & Legs – 2, 4, 6, 8
- 202 Nine – 9 & Ten – 10

- 204 Number Review
- 205 1-2-3 Touch & Flip® Cards
- 206 *I Know My Numbers*

209 – WRITING LOWERCASE LETTERS

- 210 Writing in *My First Lowercase Book*
- 212 Lowercase Teaching Order
- 213 Wet-Dry-Try on the Blackboard
- 214 Pencil Pick-Ups
- 215 Capitals for Me
- 216 Magnetic Lowercase & Blackboard Set
- 217 Getting Ready with the Hand Activity

SAME AS CAPITALS & t: c o s v w – t

- 218 **Cc** & **Oo** Activity Pages
- 220 **Ss** & **Vv** Activity Pages
- 222 **Ww** & **Tt** Activity Pages

MAGIC c LETTERS: a d g

- 224 **Aa** & **Dd** Activity Pages
- 226 **Gg** Activity Page
- 227 Magic c Letters: **c o a d g**

MORE VOWELS: u i e

- 228 **Uu** & **Ii** Activity Pages
- 230 **Ee** Activity Page

TRANSITION GROUP: l k y j

- 231 **Ll** Activity Page
- 232 **Kk** & **Yy** Activity Pages
- 234 **Jj** Activity Page



DIVER LETTERS: p r n m h b

- 235 **Pp** Activity Page
- 236 **Rr** & **Nn** Activity Pages
- 238 **Mm** & **Hh** Activity Pages
- 240 **Bb** Activity Page
- 241 Diver Letters: **p r n m h b**

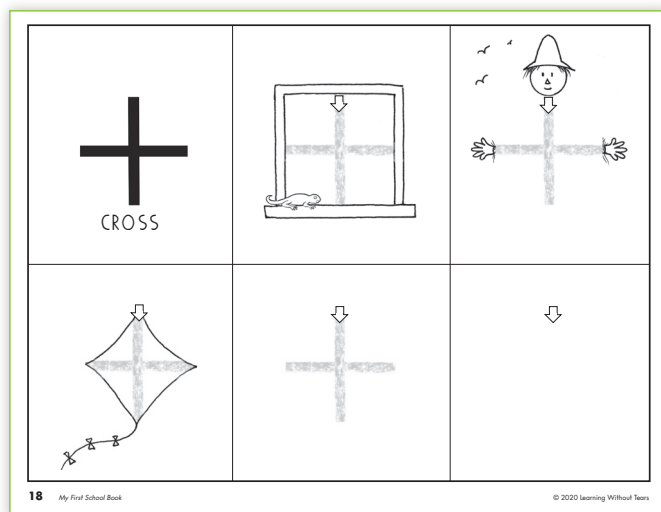
FINAL GROUP: f q x z

- 242 **Ff** & **Qq** Activity Pages
- 244 **Xx** & **Zz** Activity Pages

247 – RESOURCES

- 248 Check Readiness
- 250 Readiness & Writing Benchmarks
- 252 Sensory Motor Benchmarks
- 254 Social-Emotional Benchmarks
-  256 *Get Set for School Sing Along* Album
-  258 *Sing, Sound & Count With Me* Album
- 260 School-to-Home Connections
- 261 Help Me Hold My Crayon
- 262 Help Me Write My Name
- 263 Index
- 266 References
- 271 Letter Charts
- 274 Number Stories

Shape – Cross



Three-year-olds can make a circle before they can make a cross. For four-year-olds, we use the cross to prepare them to write letters with vertical and horizontal strokes. Teach the vertical from top to bottom and the cross from left to right.

Activity

This is a shape page. This shape is a cross.

Look and Learn

Look at the pictures and name them together: **cross, window, scarecrow, kite, cross**. Then say together: **This is a cross. The window has a cross; the scarecrow has a cross**, etc. This strategy helps children learn words and left-to-right reading. The window has something else—a lizard.

Trace, Color, and Draw Crosses

Demonstrate how to draw a cross: **Little Line down, Little Line across**. Trace the first cross together. Children put their crayons on the arrow, Little Line down, Little Line across. Children trace, color, and draw as they like.

✓ Check

Check for who needs help with crayon grip. Notice handedness and use of helping hand.

Support/ELL

Children who are not ready for crayon tracing can finger trace over each cross.

More To Learn

Show children pictures of scarecrows and crows. **Scarecrow is a big word, a compound word. It is made with two little words: scare, crow. Put them together.**

Look What We're Learning

Foundation Skills

- Recognize familiar two-dimensional shapes
- Draw simple shapes
- Use correct top-to-bottom, left-to-right directionality for symbols

Oral Language

- Learn words linked to content being taught

Writing

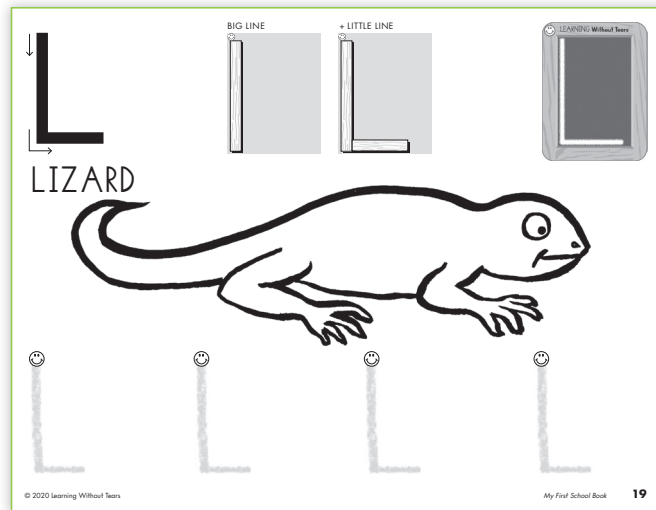
- Hold a crayon with proper grip to write
- Use helping hand to stabilize objects and papers

Sensory Motor

- Use same hand consistently to hold crayons
- Use fingers to hold crayons

Vocabulary

cross
window
scarecrow
kite



Activity

This is the L page. L is a letter. Do you know: L words? L names? L sounds? Have you ever seen a lizard?

Look and Learn

Let's find Ls on this page. Look. There's a lizard. Lizard starts with L. Is a lizard an animal or a person? Where do lizards live? What do lizards have?

Color and Draw

Let's color the lizard. Show pictures. Lizards can be any color. They can have spots or stripes. Draw rocks or grass for the lizard too. Demonstrate. The lizard needs a tongue!

Trace and Write L

Finger trace the L at the top of the page. (Say directions.)

Let's write L. Put the crayon on the 😊. Big Line down. Little Line across the bottom.

✓ Check

Check for those who need help with crayon grip. Notice handedness and use of the helping hand.

Support/ELL

Help children make a sharp corner on L. Make the Big Line go straight down to a full stop, and then make the Little Line.

More To Learn

Look for lizards in reptile books. Find other animals in the reptile family.

Look What We're Learning

Foundation Skills

- Use correct top-to-bottom, left-to-right directionality for letters
- Sequencing

Oral Language

- Respond to simple questions
- Learn words linked to content being taught

Writing

- Hold a crayon with proper grip to write
- Use helping hand to stabilize objects and papers
- Trace capital letters

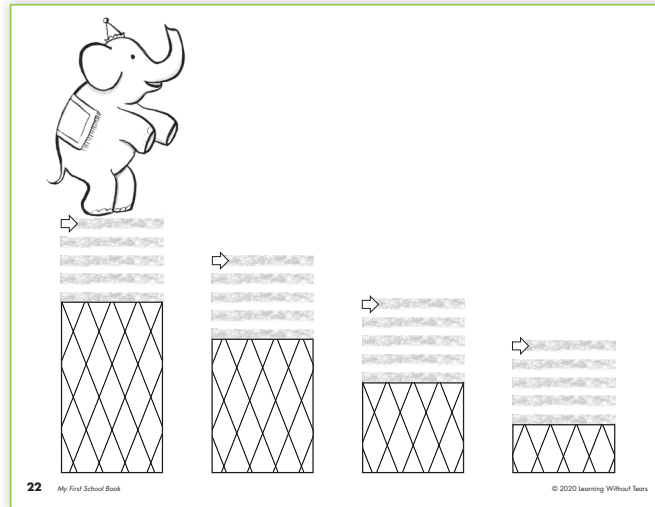
Sensory Motor

- Use same hand consistently to hold crayons
- Use fingers to hold crayons

Vocabulary

lizard
spots
stripes

Pre-Stroke for E



Prepare children for **E** with this pre-stroke page, which has horizontal lines to trace. Developmentally, the horizontal line is one of the easiest strokes for a child. Focus on left-to-right tracing and stopping.

Activity

This is a line page. The lines are horizontal. The floor is horizontal.

Look and Learn

Look at the elephant. This is a circus elephant. How can we tell?

Trace and Color Pre-Strokes for E

Demonstrate how to write lines. Children put their crayons on the arrow as you say: **Big Line across. Slow down, get ready to stop. Look, we made a line.** They color the page as they like. It is a circus, so encourage bright colors.

✓ Check

Observe children as they trace and color. Do they know about bright and dull colors? Earth colors, the colors of dirt, are considered dull. Flowers usually have bright colors.

Support/ELL

Use an oven rack to help children learn to make horizontal lines. Just pull the crayon along the rungs. The rack also helps children to stop.

More To Learn

Show picture books about elephants. Some tame elephants work to lift and carry heavy loads. Children may know cartoon or storybook elephants.

Look What We're Learning

Foundation Skills

- Listen to oral directions to attend to a simple task

Oral Language

- Respond to simple questions
- Learn words linked to content being taught
- Communicate thoughts with words

Writing

- Hold a crayon with proper grip to write
- Use helping hand to stabilize objects and papers

Sensory Motor

- Use same hand consistently to hold crayons
- Use fingers to hold crayons
- Notice and attach meaning to visual information

Vocabulary

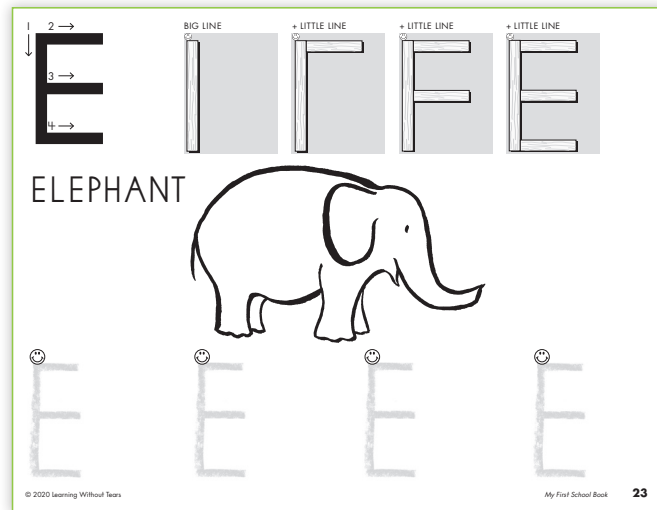
horizontal

circus

lines

elephant

floor



Activity

This is the E page. Do you know: E words? E names? E sounds? Have you seen an elephant?

Look and Learn

Let's find the Es. Look. There's an elephant. Elephant starts with E. Compare body parts of a person and an elephant: nose/trunk, ears/ears, two legs/four legs, no tail/one tail. How do elephants pick up things? What do you have that elephants don't have? Hands and fingers!

Color and Draw

Color the elephant any color you like. You can also draw trees and grass.

Trace and Write E

Finger trace the E at the top of the page. (Say directions.)

Let's write E. Put the crayon on the 😊. Big Line down, Jump to the 😊, Little Line across the top, Little Line across the middle, Little Line across the bottom.

✓ Check

Observe if children use just three Little Lines for E. Do they sometimes use extra lines?

Support/ELL

Crayon trace the Wood Pieces at the top of the page. Do each one step by step, saying the Wood Piece words.

More To Learn

Find the word ELEPHANT on the page. Act like an elephant: bend over, put hands together as a trunk, and swing side to side. Compare heavy and light.

Look What We're Learning

Foundation Skills

- Name parts of the body
- Use correct top-to-bottom, left-to-right directionality for letters
- Sequencing
- Listen to oral directions to attend to a simple task

Writing

- Hold a crayon with proper grip to write
- Use helping hand to stabilize objects and papers
- Trace capital letters

Sensory Motor

- Use same hand consistently to hold crayons
- Use fingers to hold crayons

Vocabulary

elephant	hands
trunk	fingers
words	
names	
sounds	