

VibraLITE® 8



CONGRATULATIONS!

You have selected a quality timepiece that will assist you in remembering tasks, managing your time and keeping focused. Perfect for reminders for medication and medical conditions, timing presentations or procedures, for cooking, parking meters and for keeping on schedule. The uses are endless. Set the "vibration" feature for alarm settings and countdown timer when you do not want to alert or disturb others or when you cannot hear an audible alarm. This unique watch has been carefully designed to give user satisfaction and to be user friendly. The large display is easy to read. Prompts are displayed to assist in easy setting. User options are easily set. Enjoy the many benefits of this wonderful watch.

OPERATING MODES:

CALENDAR ALARM CHRONO
CLOCK (STOPWATCH)



NOTE: To set any watch time, calendar & timer, the digit(s) that you want to set MUST BE FLASHING.

When setting Calendar/Clocks, Alarms or Timer: if a delay of approx. 3 minutes occurs without buttons being pushed, digits will stop flashing and watch will return to Calendar/Clock Mode.

Watch display will automatically return to Calendar/Clock Mode from Option Mode when no buttons are pushed in approx. 3 minutes.

SETTING TIME OF DAY AND CALENDAR

NOTE: THIS IS TIME ZONE 1 & MUST BE SET CORRECTLY FOR THE TIME OF DAY AS THE ALARMS WILL WORK BASED ON THIS TIME.

Three Time Zones are available.

Set Time Zone 1 for time of day of your home location. This is the default Time and will show on the watch at all times when it is in the Calendar/Clock mode. You have the option of setting Time Zones 2 and 3. Examples: Time Zone 2 could be set for the location traveling to or at. Time Zone 3 could be set for Zulu Time (Greenwich Mean Time)

SET HOUR, MINUTE, SECONDS, DAY OF WEEK, MONTH, DAY OF MONTH, CHOOSE 12 HOUR (AM/PM Time) or 24 HOUR TIME (Military Time)

CHOOSE ORDER TO VIEW DATE:
MONTH/DAY OR DAY/MONTH.

* Push MODE button to rotate to CALENDAR/CLOCK MODE



* Push and Hold SET/RESET Button.



* HOLD TO SET will show on display. Hold for 3 seconds T-ZONE 1 will show and will be flashing on the T-ZONE 1 screen.



* Push MODE Button. Hour digit will flash. * Push START/STOP Button to rotate hour to correct hour for Time 1 setting.

NOTE: IF USING A 12 HR CLOCK USE A.M OR P.M. (AM and PM icons are located under the seconds digits on the display.)

* Push MODE Button again, Minute digits will flash.

* Push START/STOP Button to rotate minutes to the correct time.

* Push MODE Button again. Second digits will flash.

* Push START/STOP Button to rotate the seconds to the correct time.

* Push MODE Button again Day of Week digits will flash.

* Push START/STOP Button to rotate to correct day of the week. (Example: MO for Monday, TU for Tuesday, WE for Wednesday, TH for Thursday, FR for Friday, SA for Saturday, SU for Sunday)

* Push MODE Button again. Month digit(s) will flash.

* Push START/STOP Button to rotate to the correct number of the month. (Example: 1 for January, 6 for June, 12 for December etc.)

* Push MODE Button again. Day of the Month digits will flash.

* Push START/STOP Button to rotate to correct day of the month. (01-31)

* Push MODE Button again. TIME 12 HR will show on display with 12 flashing.



* Push START/STOP Button to change to 24 Hour if 24 hour clock is desired.

* Push MODE Button again. DATE MM-DD will show on display. This selection will show the calendar to read Month and then the Day of the Month.

* Push START/STOP button to change to DD-MM if you wish calendar to read Day of Month and then Month.

* Push MODE Button again. T-ZONE 1 will show in display with flashing. While is flashing you can continue to set T-ZONE 2 or T-ZONE 3 if desired by pushing START/STOP Button to enter T-ZONE 2 or 3 and continue to set the time as instructed for Zone 1. (Using MODE Button to change to hours, minutes, seconds and date and using START/STOP Button to rotate to the desired digit.) or Push SET/RESET Button to complete setting of ZONE 1.

TO SET T-ZONE 2 (OR T-ZONE 3) AFTER ZONE 1 HAS BEEN SET AND DIGITS ARE NOT FLASHING

Rotate to the CALENDAR/CLOCK MODE by pushing the MODE Button.

* Push and Hold SET/RESET Button. HOLD TO SET will show on display. Hold for 3 seconds. T-ZONE 1 will show on display and the will be flashing.

* Push START/STOP Button to rotate to T-ZONE 2 (or T-ZONE 3).

* Push MODE button. Hour digit will be flashing. Continue to set hours, minutes, seconds and date as you did in Time Zone 1.

Note: If T-Zone 1 is set for a 12-hour clock, Zone 2 & 3 must also be in 12-hour clock.

If T-Zone 1 is set for 24-hour clock, Zone 2 & 3 must also be in 24-hour clock.

TO VIEW THE TIME YOU HAVE SET IN TIME ZONE 2 OR 3

While in Calendar/Clock Mode (Time Zone 1)

* Push START/STOP Button. Time Set will show for 3 seconds with T2 in upper left corner of display.

* Push START/STOP Button again within 3 seconds to view T3.

Display will automatically return to Time set in Calendar/Clock (Zone1).

SETTING ALARM(S)

Up to 8 Alarms can be preset for daily repetition. Alarms will activate based on Time-Zone 1 settings. Alarm activation is for approx. 20 seconds with automatic shut off. Alarm may be stopped manually during the 20 seconds by pushing any button.

Note: Alarm options (Vibration, Sound or both) are set in OPTION MODE.

HOURLY ALERT (a reminder every hour on the hour) is also set in OPTION MODE. See below for instructions.

SET HOUR & MINUTE FOR EACH ALARM YOU WANT TO USE.

(MODE and START/STOP Buttons are used the same as when setting Time of Day in Calendar/Clock Mode. Digit must be flashing to change it.)

TO SET ALARM 1

* Push MODE Button. to rotate to ALARM MODE. ALARM 1 OFF will show on display when an alarm time has not been set or when the alarm has been turned OFF.



* Push and Hold SET/RESET Button, HOLD TO SET will show on display. Hold 3 seconds until Hours flash.

* Push START/STOP Button to rotate the hours to correct alarm time. NOTE: IF USING A 12 HR CLOCK SET FOR A.M OR P.M. AS REQUIRED.

* Push MODE Button. Minutes will flash.

* Push START/STOP Button to rotate to the minutes to correct alarm time.

* Push SET/RESET Button when alarm time is correct. Flashing will stop.

Numbered Alarm Icon (1) will show at bottom of display screen to show alarm is set.



TO SET ADDITIONAL ALARMS (2-8)

* While in ALARM MODE, select the alarm you wish to set by pushing SET/RESET Button to rotate to that Alarm number. (Rotates 2-8).



* Push & Hold SET/RESET Button. HOLD TO SET will show on the display. Hold until hours flash. Continue as above to set hours and minutes by rotating numbers with the START/STOP Button and changing from Hours to Minutes with the MODE Button.

* Push SET/RESET Button when correct hour and minute for alarm has been entered. Numbered Alarm Icon at the bottom of the display will show for Alarm Set.

TO CHECK ALARM SETTINGS

* Push MODE Button to rotate to ALARM MODE. ALARM 1 will show the alarm set time.

* Push SET/RESET Button to rotate through Alarms. (1 thru 8)

TO CHANGE ALARM SETTINGS

* Push MODE Button to rotate to ALARM MODE. ALARM 1 will show the alarm set time.

* Push SET/RESET Button to rotate through Alarms until you reach the Alarm that you want to change.

* Push & Hold the SET/RESET Button. HOLD TO SET will show on the display. Hold until hours flash. Continue as above to set hours and minutes by rotating numbers with the START/STOP Button and changing from Hours to Minutes with the MODE Button.

* Push SET/RESET Button when you have entered the change.

TO TURN OFF/ON ALARM(S)

(Example: OFF for wake up calls on weekends, days off)

* Push MODE Button to rotate to ALARM MODE. ALARM 1 will show the alarm set time.

* Push SET/RESET Button to rotate to the number of the Alarm that you want to turn off.

* Push START/STOP Button. ALARM will show OFF on display.



* To turn alarm on push START/STOP Button again. Original alarm time will show on display.

Note: When Alarm is ON, Alarm time shows on display. When Alarm is turned off, OFF will show on display.

CHRONO/STOPWATCH

The stopwatch can count up to 23 hours, 59 minutes and 59.99 seconds.

* Push the MODE Button to rotate to the CHRONO MODE. Wait 3 seconds.



CHRONO 00'00"00
will then show on the display.



- * Push the START/STOP Button to start the counting up. The Icon located at the top left of the display under the C will flash.
- * To Stop the Counting, Press the START/STOP Button.
- * Pushing the START/STOP Button again will start the stopwatch counting from where it stopped.
- * To reset the stopwatch to zero while running, push the START/STOP Button and then push the SET/RESET Button. To reset to zero when stopped, push the SET/RESET Button.



Split timing on Stopwatch

- * Start the Stopwatch by pushing the START/STOP Button. The stopwatch will start counting up.
- * Push the SET/RESET Button. The watch will continue counting even though you do not see it on the display. The Icon at the top of the display will continue to flash to show action and that counting continues.
- * Push the SET/RESET Button again and the display will change and show the time that has accumulated in total.
- * To reset the stopwatch to zero, push the START/STOP Button and then push the SET/RESET Button.

TIMER MODE can be set for countdown in Hours, Minutes and Seconds. Timer can be set for any amount of time up to 23 Hours, 59 minutes and 59 seconds. Note: If hours or minutes or seconds are not wanted on countdown, leave at 0 during setting. A 5 second alert will be activated when countdown reaches zero. If the time set is less than 30 seconds, the alert will be only 1 second.

Having the Countdown Time Continually Repeating automatically is an option.
Having a reminder before zero on the countdown is an option that can also be set. The reminder alert is one second.

SETTING TIMER FOR COUNTDOWN

- * Push MODE Button to rotate to TIMER MODE.
- * Push and Hold SET/RESET Button. HOLD TO SET will be show on the display. Hold for 3 seconds. Hour digit will flash.
- * Push START/STOP Button to rotate to desired hours of time wanted.
- * Push MODE Button. Minutes will flash.
- * Push START/STOP Button to rotate to desired minutes of time wanted.
- * Push MODE Button, Seconds will flash.
- * Push START/STOP Button to rotate to desired seconds of time wanted.
- * While Digits are still flashing, Push MODE Button. REPEAT will show on display.
- * Push START/STOP Button to select REPEAT ON or REPEAT OFF.



If you set Repeat ON, the countdown timer will alert you each time it reaches

zero and automatically reset itself for the time you originally entered. It will also give you a count of how many times it has repeated. (Up to 99 and rolling over to 0). If you set Repeat OFF, the timer will countdown to zero and alert you but will not repeat automatically. You can however manually reset to the original time entered by pushing and holding the SET/RESET Button.

- * Push MODE Button. REMIND will show on display.
- * Push START/STOP Button to select REMIND ON or REMIND OFF. *With REMIND ON, when the Countdown is set for more than 5 minutes and less than ten minutes, a reminder alert will be activated at 5 minutes before zero. When the countdown is set for more than 10 minutes, a reminder alert will be activated at 10 minutes and at 5 minutes before zero. Select REMIND OFF if you do not want reminders before zero.*
- * Push SET /RESET button when settings are completed. Flashing will stop.

STARTING/STOPPING COUNTDOWN TIMER

- * While in TIMER MODE Push START/STOP Button to start countdown. Icon located above seconds digits will flash indicating countdown timer is activated.
- * Push START/STOP Button to stop countdown while it is running or to continue countdown when it is stopped.



QUICK RESETTING of COUNTDOWN TIME (WHILE COUNTDOWN IS RUNNING OR STOPPED DURING COUNTDOWN)

- * While in TIMER MODE Push and Hold SET/RESET Button HOLD TO RST (Reset) will show on display. Hold for 3 seconds. Original time set for countdown will automatically reset.



OPTION MODE

Is used to select the alarm preference of Vibration (VIBRA) Audible (SOUND) or both. SET VIBRA ON OR OFF, SOUND ON OR OFF SET HOURLY ON OR OFF to alert you every hour on the hour. A one second reminder alert (Vibration, Sound or Both) will occur as set.

- * Push the MODE Button to rotate to the OPTION MODE. Wait 3 seconds. VIBRA OFF will then show on the display.
- * Push START/STOP Button to change to VIBRA ON.
- * Pushing START/STOP Button again will change to VIBRA OFF.



- * Push SET/RESET Button. SOUND OFF will show on Display.
- * Push START/STOP Button to change to SOUND ON. Pushing START/STOP

Button again will change to SOUND OFF.

- * Push SET/RESET Button. HOURLY OFF will show on Display.
- * Push START/STOP Button to change to HOURLY ON. Pushing START/STOP Button again will change to HOURLY OFF.
- * Push MODE Button to return to Calendar/Clock Mode.

Icons will show settings selected on display under date.

VIBRA ICON:



SOUND:



HOURLY:



TO REVIEW OPTION SETTINGS

- * Push MODE Button to rotate to OPTION MODE.
- * Push SET/RESET Button. VIBRA, SOUND & HOURLY alert setting will rotate & show what is currently set.

QUICK CHECK TO CONFIRM OPTION SETTINGS

Each time the MODE Button is pressed the Alarm Option that is set will occur. Example: If VIBRA is set you will feel the Vibrations with each press of the MODE Button.

EL LIGHT (Display back light)

- * Push the LIGHT Button to turn on the backlight. Note: Light can be activated in any Mode.

Light will stay on for 3 seconds and then automatically turn off if another button is not pushed.

For watch settings in the dark, Light will continue to stay on while any other button is pushed within 3 seconds.

Example: This allows you to set the countdown timer by rotating through the steps and having the light on during the process.

DISCLAIMER

The manufacturer does not accept any responsibility whatsoever for any inconvenience or non-compliance for medication or any other purpose the watch may be used for.

SERVICE

Qualified service personnel must service this watch. Attempt to service the watch by the user will void the warranty. Before sending your watch for service, have the battery checked and/or try resetting by pushing the MODE, START/STOP and SET/RESET buttons at the same time and hold until the display clears and then reset time etc.

ONE YEAR LIMITED WARRANTY

Your VibraLITE 8 is warranted to be free from defects in material or workmanship for One Year from the date of purchase. This is a limited warranty and covers watch functions only. This warranty does not apply to the battery, band, case or crystals since such items are subject to wear and tear of daily use. The warranty is void if the watch has been tampered with, altered, abused, or subjected to extreme conditions for which it was not designed, or repaired other than by a qualified service center. At its option, the manufacturer may select to replace the unit, rather than repair it. During the warranty period, return the watch, with dated proof of purchase, in a secure package, insured and with shipping charges prepaid. No C.O.D. packages will be accepted. Please include a note describing the service required, your return address and include \$10.00 (check, money order, Visa, MasterCard, American Express, or Discover) for shipping and handling in the USA. Other Countries please contact us for pricing.

OUT OF WARRANTY SERVICE

Follow the same procedure for shipping to us as you would for warranty service. Be sure to include a description of the problem. An estimate will be submitted for your approval for any labor or parts not covered by the warranty before any work is performed.

www.VibraLITE.com

IMPORTANT PRECAUTIONS

VibraLITE® watches are not intended to be worn during swimming, diving or in the shower.

Do not attempt to open the watch to replace the battery yourself, or for any reason, as this operation must be performed by a qualified technician under controlled conditions.

We recommend that you retain your original sales slip as your proof of purchase date.

BATTERY INFORMATION

Your watch uses a Standard 3 volt lithium CR2032 or equivalent battery. Battery life will vary due to how often the EL back light and vibration function are used. Batteries must be replaced by a qualified person to maintain water resistance.