EASY RAW FEEDING

Guide for Dog Lovers

Social Media
Kimberly Gauthier
@rawfeederlife
Keep the Tail Wagging
Benefits of and Introduction to Raw Feeding

Raw Feeding Supports...
- gut health and digestive system
- immune system
- skin & coat
- dental health
- healthy weight, metabolism
- disease prevention

80/10/10 Ratio
- muscle meat
- amino acids and essential nutrients
- organ meat
- vitamins and minerals
- bone
- calcium and phosphorus

Raw Feeding Models
- commercial/premade
- whole prey (frankenprey)
- BARF (frankenBarf)
- NRC/science-based
- ancestral

Organs: Muscle vs. Offal
- offal
  - liver, kidney, spleen, sweetbreads (thymus), brain, testicles
- muscle meat
  - heart, gizzard, tongue, lung, trachea, green tripe

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Edible Bones
raw bones covered in meat, tissue, and cartilage to be consumed as part of a raw diet/meal, providing additional nutrients

Recreational Bones
raw bones intended for chewing, teeth cleaning, and enjoyment; not consumption

Feeding Bones

types of edible bones
duck necks
duck feet
chicken necks
chicken feet
turkey necks
lamb necks

types of recreational bones
pork ribs
beef ribs
beef knuckles
beef kneecaps
antlers

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Feeding Puppies and Adult Dogs

How Much to Feed
Start with 3% of adult body weight and adjust up or down based on the dog’s needs...OR...use an online raw feeding calculator.

How Often to Feed
3–4 times daily: puppies*
1–2 times daily: adults
intermittent fasting: for adult dogs
*the determination to switch to feeding as an adult varies from dog to dog.

Dog Breeds
Some dog breeds have additional needs: Northern breeds may require more zinc. Dalmatians may require a low purine diet; however, if a dog has no history of urinary stones/crystals, a regular raw diet may be okay. When learning about raw, look into your dog’s breed-specific needs.

All Life Stages
Puppies thrive on a nutritionally complete diet that is balanced daily; for some, it is easier to accomplish this with a commercial raw diet. When choosing a brand, ask if their diets are formulated for puppies or all-life-stages. or work with a nutritionist on formulating a complete diet for your puppy.

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Food Energetics

Food energetics refers to the classification of foods based on their energetic properties and their impact on the body's balance and well-being.

Vegetables, Herbs
- cabbage, carrots, cauliflower, green beans, Shiitake mushrooms, sweet potatoes, yams, garlic, kale, pumpkin, squash, cinnamon, ginger

Popular Proteins
- red meat: beef, bison, elk, emu, goat, lamb, pork, venison
- white meat: chicken, duck, fish, goose, guinea hen, pheasant, rabbit, turkey

the classification of foods as warming/cooling may vary depending on sourcing/processing.
THE TRUTH ABOUT “TOXIC” FOODS FOR DOGS

Garlic

- boosts the immune system
- promotes natural detox
- repels fleas and ticks
- prevents blood clots
- reduces inflammation
- prevents disease

Garlic Dosage

- 10 to 15 pounds (4.5 to 6.8 kg) – half a clove.
- 20 to 40 pounds (9.1 to 18.1 kg) – 1 clove.
- 45 to 70 pounds (20.4 to 31.8 kg) – 2 cloves.

Avocado

Avocado is a healthy fat that supports heart health and vision, promotes natural detox, improves digestion, and prevents disease; avoid feeding the leaves, stem, and seed.

Tomatoes

Tomatoes are a nightshade that are safe to feed to dogs when ripe (avoid the leaves and stem); supports vision and heart health.
Common Raw Feeding Issues

**Diarrhea**
Loose stool or diarrhea may be an issue with diet changes; adding more bone or fiber to the diet or slowing down the transition may help calm the digestive system.

**Won’t Eat**
If raw feeding didn’t correct allergy symptoms (itching), consider focusing on gut health to boost the immune system or being an elimination diet to identify sensitivities.

**Seniors or Picky Dogs**
Senior dogs may become particular with taste, scent, and texture. Feeding a gently cooked diet may be a better option. Feeding from a plate allows you to spread out the food, preventing scent overwhelm.

**Sourcing**
Trouble finding ingredients? Look for raw food co-ops, outlet grocery stores, ethnic grocery stores, and restaurant supply stores. [KeepTheTailWagging.com/ coop](http://KeepTheTailWagging.com/coop)
### Examples of Raw Meals for Adult Dogs

to give you an idea of what you can add to a meal; all meals are fed with a base mix, beef organ blend (heart, lungs, liver, spleen and pancreas with green tripe), and canned, boiled oysters

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Pork</th>
<th>Duck</th>
<th>Guinea Hen</th>
<th>Beef</th>
</tr>
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<tbody>
<tr>
<td>Ground pork</td>
<td>Ground duck</td>
<td>Ground guinea hen</td>
<td>Ground beef</td>
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<tr>
<td>Beef organ blend</td>
<td>Beef organ blend</td>
<td>Beef organ blend</td>
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<tr>
<td>Duck neck</td>
<td>Mackerel</td>
<td>Duck wings</td>
<td>Beef organ blend</td>
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<tr>
<td>Sardines</td>
<td>Rabbit feet</td>
<td>Sardines in tomato sauce</td>
<td>Green tripe</td>
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<tr>
<td>Rabbit ears</td>
<td>Chicken egg</td>
<td>Rabbit feet</td>
<td>Salmon</td>
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<td>Chicken egg</td>
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<td>Quail eggs</td>
<td>Rabbit ears</td>
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<td>Chicken egg</td>
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More Easy Recipes
these are supplemental foods often included in a raw food diet for dogs

**Bone Broth**
- anti-aging
- joints
- skin & coat health
- gut health
- immune system

KeepTheTailWagging.com/BoneBroth

**Golden Paste**
- anti-inflammatory
- natural detox
- heart and liver health
- reduces blood clots
- gut health
- antioxidants
- reduces allergies
- lymphatic system

KeepTheTailWagging.com/GoldenPaste

**Veggie Mix**
- fiber
- gut health
- antioxidants
- anti-inflammatory
- nutritional boost

KeepTheTailWagging.com/VeggieMix

**Broccoli Sprouts**
- anti-inflammatory
- gut health/microbiome
- natural detox
- liver and heart health
- prevents disease

KeepTheTailWagging.com/BroccoliSprouts