Open the original fuel door and remove the 2 screws on the left side, holding the original fuel door on (green arrows), and the 3 screws around the plastic shroud (red Arrows). (Fig 1) There is some foam sealant that attaches a plastic cup (which is part of the original fuel door assembly) that will prevent you from removing the door at this point. You need to cut or tear this foam and the easiest way to access it is from under the truck. Using a thin knife or a hack saw blade reach up and cut the foam between the bed and the plastic cup. It is very easy to cut and can almost be separated with just your fingers. (Fig.2 from under the truck after the door is removed) Once it is cut, go back to the fuel door and push in on the plastic shroud which will allow you to twist the door assembly and remove it. This is a bit of a challenge as it needs to be twisted just right to remove it. (Fig. 3) shows the door and cup assembly after it is removed and where the foam is.

Open the door on the new fuel door and hold the assembly in the opening of the truck with the studs going through the existing holes of the original fuel door. Center the door and make a mark with a pencil or similar on the body of the truck through the 2 holes on the right side. (Fig. 4)

Remove the door and set it aside. Mount the aluminum adapter (provided) on the right hand side using the new sheet metal screw in the center hole of the adapter. The new screw and adapter will bolt where you removed the existing screw from the shroud. Make sure the 2 small threaded holes in the adapter are lined up with the pencil marks you made earlier and then tighten the screw. (Fig 4 & 5) Install the 2 other original screws into the shroud and tighten. (Fig 6)

Install 2 washers on the studs in new ring. Set the door on the truck and install the 2) 10-24 x 3/8 socket cap screws into the adapter you installed in previous step. Install the spacers, star washers, and nuts on the 2 studs. Tighten the nuts and the socket cap screws. Open and close the door to make sure everything works freely.

Note: It may be necessary to shim the door in or out to fit flush with the body. This can be accomplished with washers under the studs or the adapter.
You can also remove the plastic cup from the original door assembly and reinstall it with some silicone adhesive from under the truck if you choose.