QUICK START GUIDE – B2V2

IMPORTANT: *The B2v2 controller box must be registered before first use and requires a Wi-Fi connection. Use the same username / password you created when you purchased your unit OR if you received this unit from a BWO® provider or as a gift, go to this site:* *braintellect.com/wp-login.php and select 'Create Account' just below white 'Log In' box.*

CONNECTING CABLES AND POWERING ON DEVICES
o *Insert* (HDMI) cable into bottom left side of headband, as shown
o *Insert* other end of cable into port labeled **Headset** on Controller Box
o *Insert* ear buds into tablet headphone jack
o *Press & hold* power button on Controller Box; **BLUE** LED light will come on; a **YELLOW** flash indicates controller box needs to be charged
o If full charge required, Charge Status LED will go from **RED** to **GREEN** within 2 hours
o **GREEN** LED light will come on inside headset next to (HDMI) cable connection
o *Press & hold* small power button on side of the tablet for 3 seconds
o *Release* the power button, then you must **swipe screen up** to start

CONNECTING TABLET TO WIRELESS NETWORK
o *Select wireless signal* 📶 icon in lower right-hand corner
o Make sure **Wi-Fi** is turned **On**, if not, under **Wi-Fi** *slide* switch to right
o You will see list of available networks; *select* your wireless network
o *Enter* your **network security key** (Wi-Fi password), if required, and *select* **Next**
o In a few moments, under your network name, it should say **Connected**
o *Swipe* screen to right or *tap* the desktop to close **Networks** panel

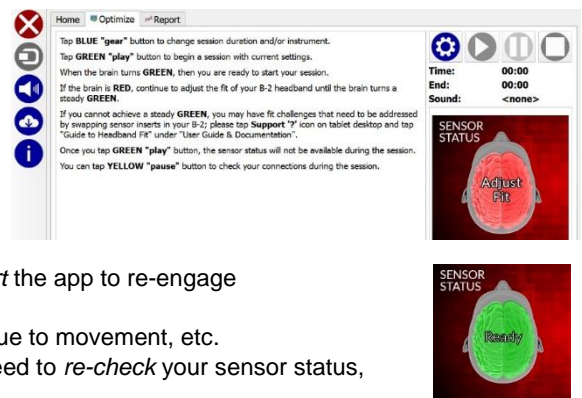## INITIAL LOGIN TO SOFTWARE AND REGISTERING DEVICE
o *Select* **B-2** icon on tablet desktop to begin; *follow* instructions to register device
o When prompted, *select keyboard* ⌨ icon in lower right-hand corner of the screen to *enter* username / password to register your device; *select* white **X** on keyboard to close
o *Follow* instructions to complete your initial registration
o You will see a progress window showing the tablet **Connecting to B-2** via Bluetooth

WEARING HEADBAND
o **STOP:** *headband fit must be customized for each individual's head size and shape for sensor inserts to make proper contact with the scalp and forehead to achieve optimal connectivity and performance – please refer to the* **'Guide to Headband Fit'** *for details*
o If required, clean your forehead by *removing* any makeup, moisturizer, and/or facial oil with soap and water, or an alcohol wipe
o *Place* center of headband (raised-diamond) directly over the bridge of your nose, *resting* above eyebrows and ears
o *Wiggle* the thick-pronged rubber sensor inserts on the sides of the headband down through your hair to make contact with scalp
o Tighten the headband by adjusting the Velcro® strap on the side of the headband, until it is "comfortably snug"
o **NOTE:** *if you can easily slide the headband up-and-down on your forehead, then the strap is too loose, please tighten further*
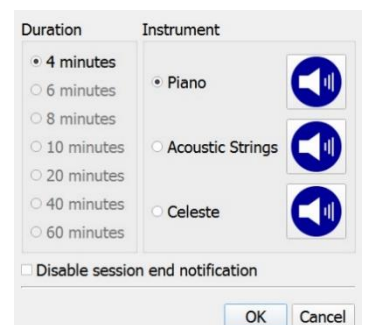o Place ear buds comfortably in your ear

HEADBAND SENSOR CONNECTION STATUS
o *Check* the **Sensor Status** indicator on the **Optimize** tab to confirm your headband is fully contacting your scalp and forehead
o Due to complex signal processing, indicator may take a couple of seconds to update as you make adjustments and is only accurate when on head
o If **RED**, you will need to continue to **Adjust Fit**, please revisit the steps in the 'Wearing Headband' section until you achieve **GREEN**
o If **GREY**, and **Not Available** it may indicate that the **Sensor Status** checking has timed-out after to conserve battery life; please *close* and *restart* the app to re-engage
o When **GREEN**, you are **Ready** to proceed with your sessions
  ▪ a short duration or flickering of red indicator is OK and may occur due to movement, etc.
o **Sensor Status** is *not available* during sessions and will turn **GREY**, if you need to *re-check* your sensor status, please *select* the ⏸ "pause" button in top right
o If you need help, please consult our **FAQ** on *braintellect.freshdesk.com*, just tap on the **Support '?'** icon on your tablet desktop

SETTING UP AND RUNNING FIRST SESSION
o *Select* ⚙ "settings" button in the top right corner to open the **Settings** dialog box
o *Select* **Duration** of your session; longer time selections will be greyed out until you have experienced shorter sessions; after each use, you will progressively be able to do longer times
o *Select* instrument you prefer: **Piano**, **Acoustic Strings** or **Celeste and** *select* **OK** button
o *Select* the ▶ "play" button in the top right corner to start your session
o Session will automatically stop at the end of your selected session duration
o After session ends, it will take a moment for your session data to be processed and saved
o You may choose to review your session by selecting the **Report** tab at the top of the screen
o Please realize that the **B-2 Balance Meter** report shows the relative balance between the two sides of your unique brain and is only an average of your state in that particular moment in time; for more details, please reference our **'Guide to Reports'** by tapping on the **Support '?'** icon on your tablet desktop
o Select the ❌ "close" button in the upper left side to fully close the B-2 application
o Controller box should turn off automatically; for original version you may need to *press & hold* power button on controller box
o *Press & hold* tablet power button, **Slide to shut down your PC** to fully power off tablet after each use and conserve battery life