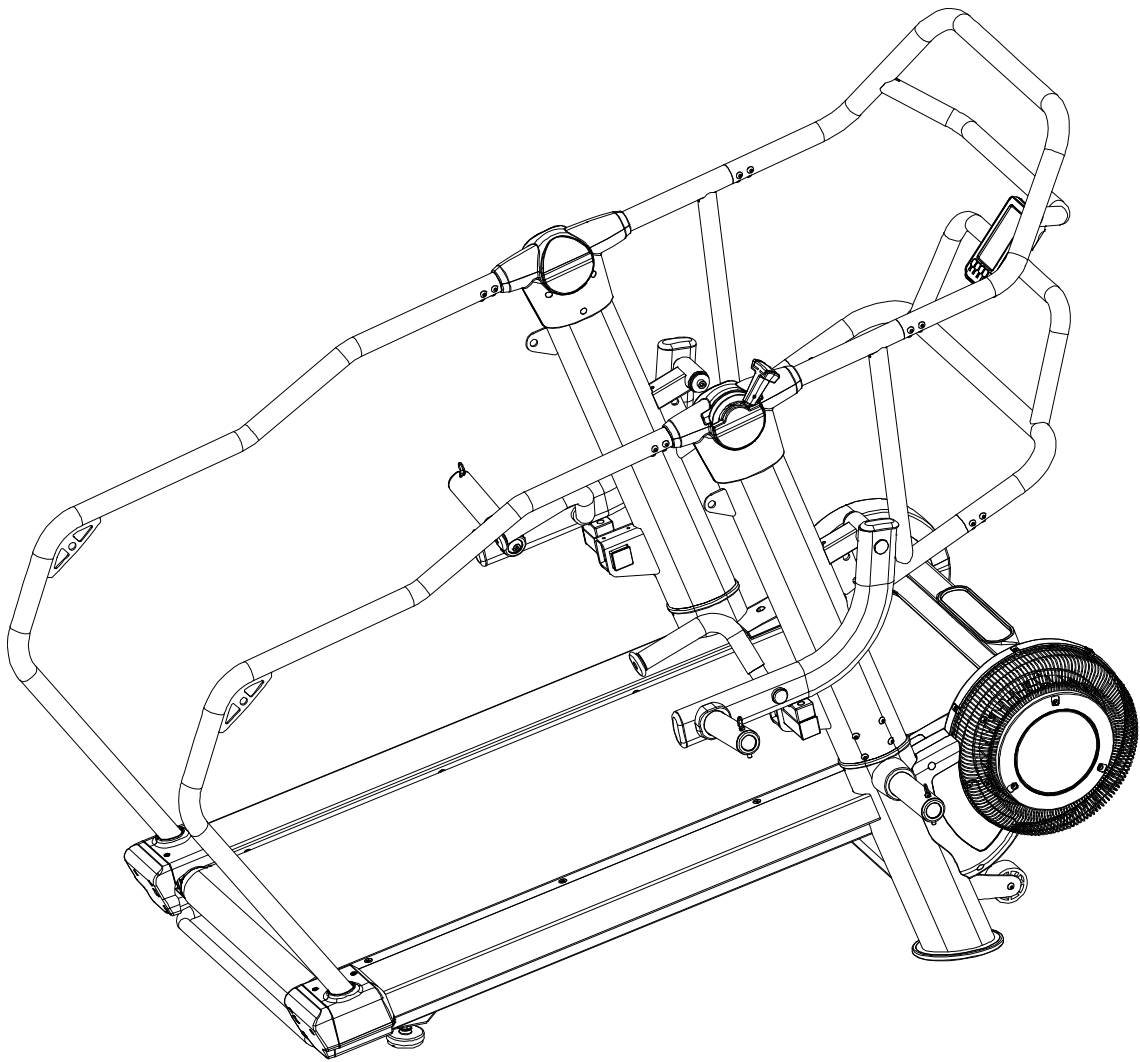


Manual Treadmill Sled Attachment



IMPORTANT: Read all instructions carefully before using this product.
Retain this owner's manual for future reference.
The specifications of this product may vary from this photo, subject to
change without notice.



PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE.

STOP. Contact customer service if you have any questions regarding assembly or proper operation of the machine.

Email us at:

Service@paradigmhw.com

Or call us at:

1-844-641-7923

Hours:

8:00 am to 5:00 pm (PST)

Monday thru Friday

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SERVICE

IMPORTANT: FOR NORTH AMERICA ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

For The Best Service, please Email:
service@paradigmhw.com

Response Time: 1-2 Business Days

Emailing us with the information above will be the best method to receive a response during peak business hours

Website:
www.paradigmhw.com

Toll-Free:

1-844-641-7923

(8:00 AM - 5:00 PM Pacific Standard Time, Monday thru Friday)

Response time may vary via calling

Please have the following information ready when requesting for service:

- Your name
- Phone number
- Model number
- Serial number
- Part number
- Proof of Purchase

For damaged or defective product, please contact our customer service before returning to the store.

Paradigm Health & Wellness, Inc.
1189 Jellick Ave.
City of Industry, CA 91748, USA

IMPORTANT SAFETY GUIDELINES

Basic precautions should always be followed, including the following safety instructions when using this treadmill: Read all instructions before using this treadmill.

NOTE: Failure to follow these instructions may lead to personal injury and cause damage to the treadmill.

WARNING: To reduce the risk of burns, fire, electric shock or injury to any persons, please read the following:

- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this treadmill if it is not working properly. If it has been dropped or damaged.
- Check the hardware is fully tightened on a weekly basis.
- Do not attempt any maintenance or adjustments other than those described in this manual. Should any problems arise, discontinue use and consult Customer Service.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Do not use the treadmill outdoors.
- Keep children and pets away from the equipment while in use.
- This machine is designed for adults only.
- This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Keep Dry - do not operate in a wet or moist condition.
- Never insert any object into any opening.
- Keep the treadmill on a solid, level surface with the minimum safety area clearance of 2000mm x 1000mm of the treadmill. Be sure the area around the treadmill remains clear during use and has adequate clearance..
- Only **one** person should be on the treadmill while in use.
- Wear comfortable and suitable clothing when using the treadmill. Do not use the treadmill barefoot, in only socks or in sandals, always wear athletic shoes. Never wear loose clothing because it could run the risk of getting caught in the treadmill.
- Do not leave children who are under 13 years old unsupervised near or on the treadmill.

**The maximum weight capacity for each handle is 90 lbs / 41 kg.
DO NOT EXCEED MAXIMUM WEIGHT CAPACITY PER HANDLE.**

- **CAUTION:** Risk of Injury to Persons –To Avoid Injury, use extreme caution when stepping onto or off of the running belt.
- **WARNING:** CANCER AND REPRODUCTIVE HARM--WWW.P65WARNINGS.CA.GOV.

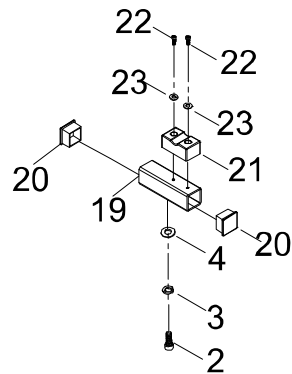
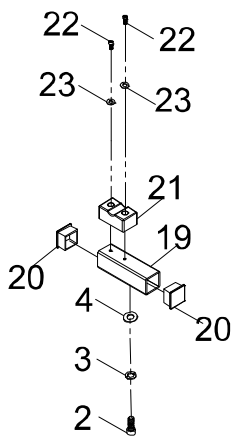
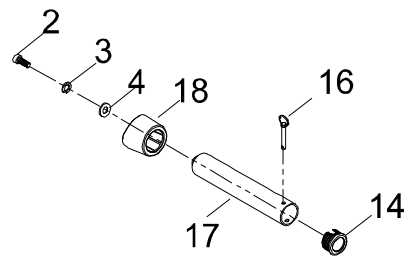
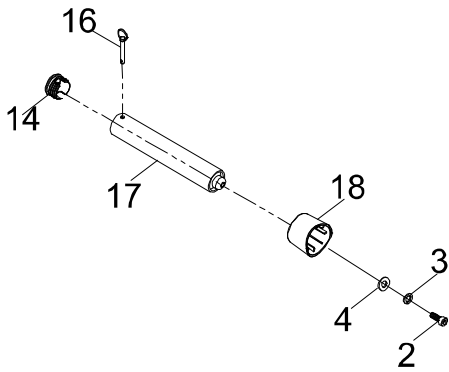
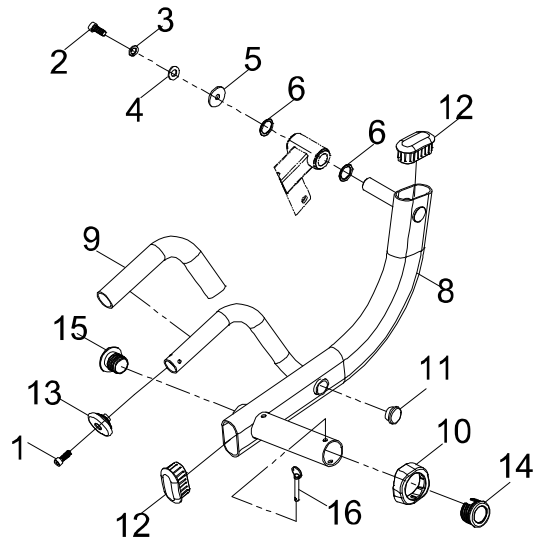
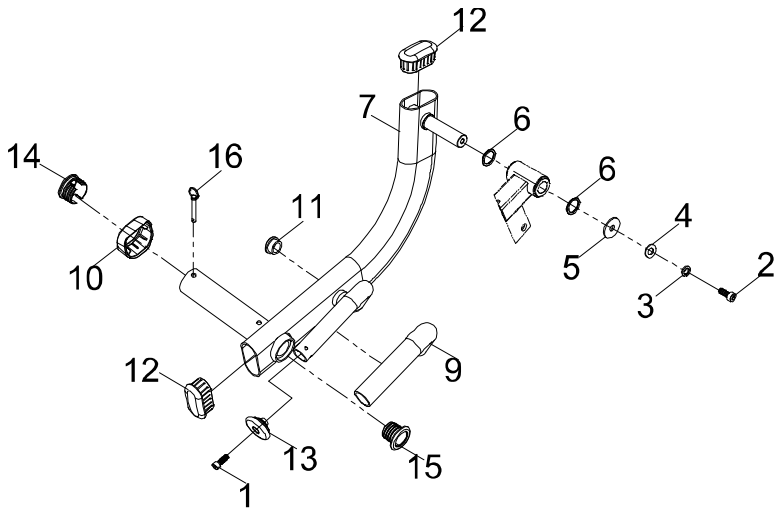
IMPORTANT SAFETY GUIDELINES

WARNING: Before beginning any exercise program consult your physician. This is especially important for the persons who are over 35 years old or who have pre-existing health problems. Read all instructions before using any fitness equipment. We assume no responsibility for personal injury or property damage sustained by or through the use of this product. Do not operate this exercise equipment without properly fitted guards, as the moving parts can present risk of serious injury to young children.

CAUTION: Read all instructions carefully before operating this product. Retain this Owner's Manual for future reference.

SAVE THESE INSTRUCTIONS

OVERVIEW DRAWING



PARTS LIST

No.	Description	Qty
1	Screw M8*25L	2
2	Screw M10*25L	6
3	Spring Washer M10	6
4	Flat Washer M10*21*2.0t	6
5	Flat Washer	2
6	Ring Washer M10*25L	4
7	Lift Arm L	1
8	Lift Arm R	1
9	Foam	2
10	Weight Plate Spacer	2
11	End Cap	2
12	End Cap	4

No.	Description	Qty
13	End Cap	2
14	Weight Horn Cap	4
15	End Cap	2
16	Safety Pin	4
17	Weight Plate Tube	2
18	Weight Plate Stopper	2
19	Arm Rest Tube	2
20	End Cap	4
21	Lift Arm Rubber	2
22	Screw M6*25L	4
23	Flat Washer M6*12*1.5	4

6039-Hardware Pack



(5) Flat Washer
2 PCS



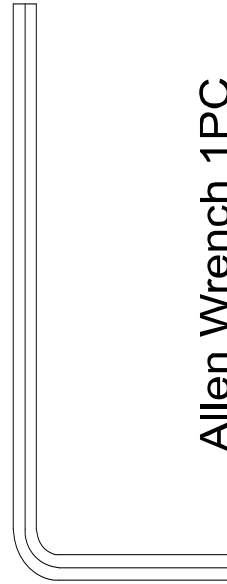
(3) Spring Washer
6 PCS



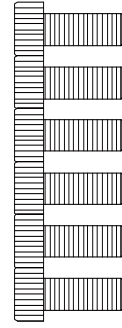
(6) Ring Washer
4 PCS



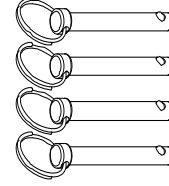
(4) Flat Washer
6 PCS



Allen Wrench 1PC

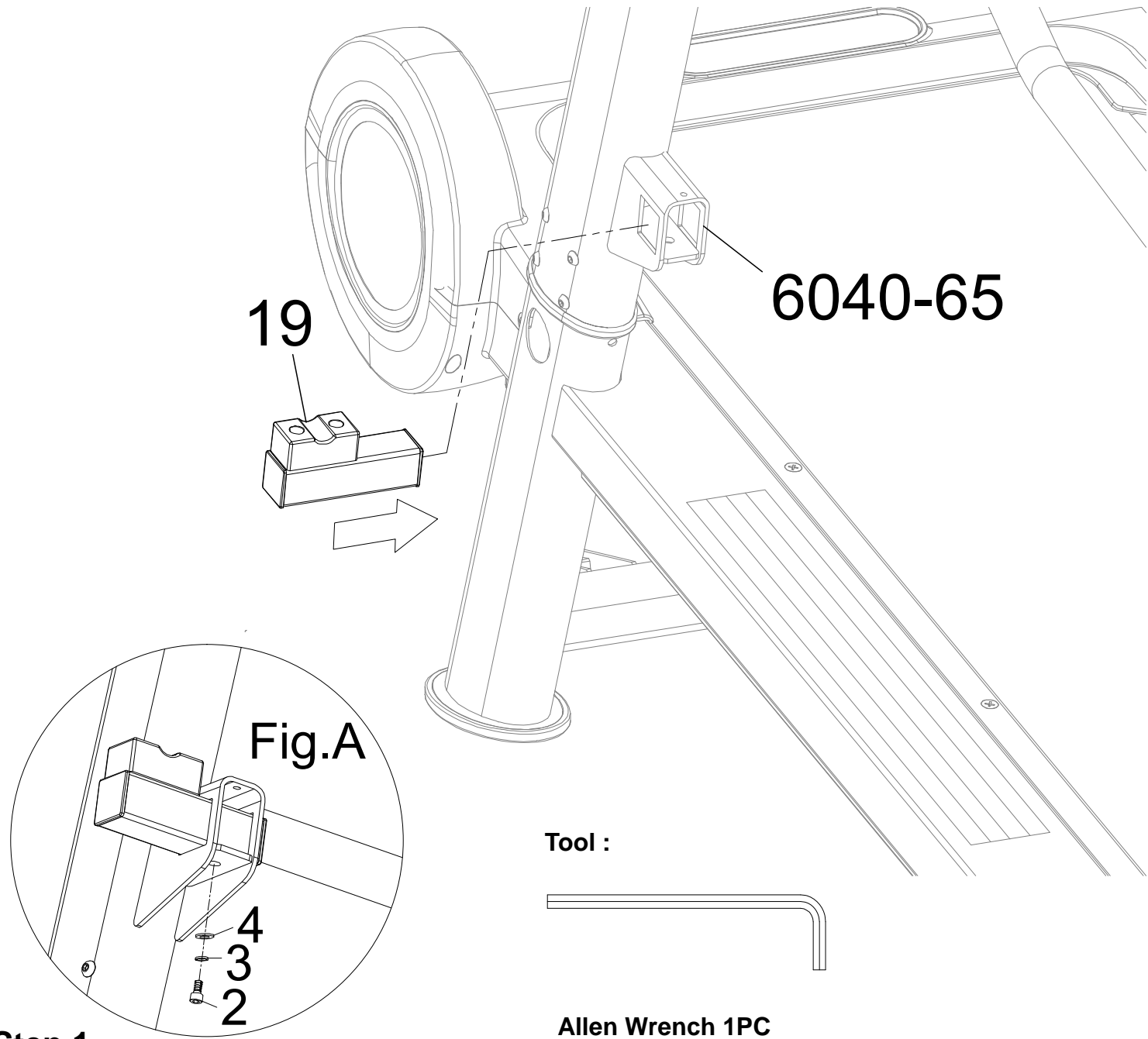


(2) Screw
6 PCS



(16) Safety Pin
4 PCS

ASSEMBLY



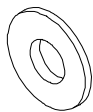
Step 1

1A. Installing the Arm Rest Tube

Insert **Arm Rest Tube (19)** into the **Left Upright Post (6040-65)** with one **Flat Washer (4)**, one **Spring Washer (3)**, and one **Screw (2)**. Tighten the screws using the **Allen Wrench** provided. See Fig. A.

1B. Repeat step above for the **Right Upright Post (6040-66)**

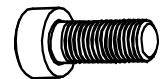
Hardware:



(4) Flat Washer
2 PCS

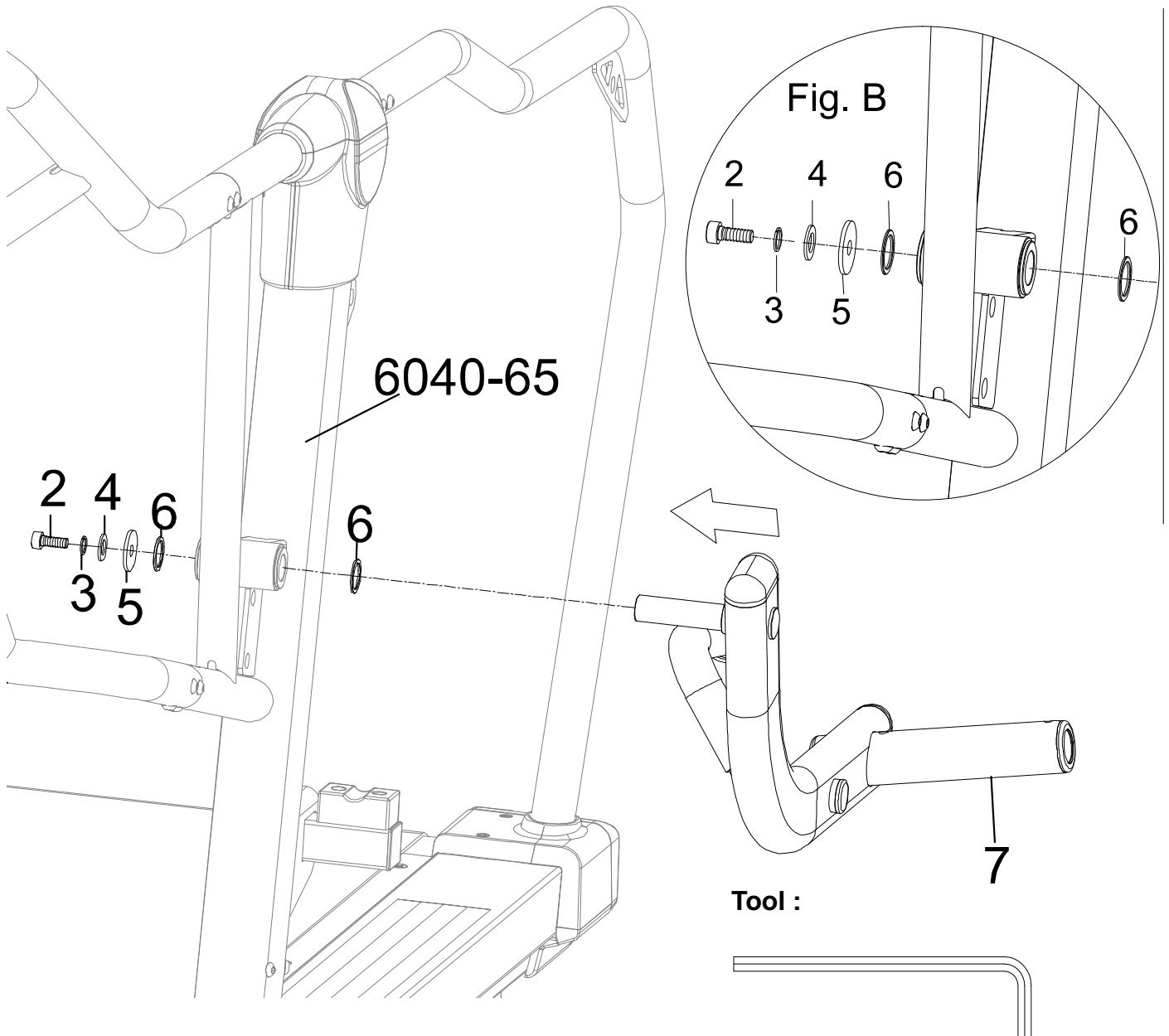


(3) Spring Washer
2 PCS



(2) Screw
2 PCS

ASSEMBLY



Step 2

Allen Wrench 1PC

2A. Installing the Lift Arm

Attach the one **Ring Washer (6)** onto the **Lift Arm L (7)** and insert **Lift Arm L (7)** into **Left Upright Post (6040-65)**. On the other side attached one **Ring Washer (6)**, one **Flat Washer (5)**, one **Flat Washer (4)**, one **Spring Washer (3)**, and one **Screw (2)**. Tighten the screw using the **Allen Wrench** provided. **See Fig. B.**

2B. Repeat step above for the **Right Upright Post (6040-66)**

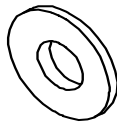
Hardware:



(6) Ring Washer
4 PCS



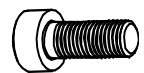
(5) Flat Washer
2 PCS



(4) Flat Washer
2 PCS

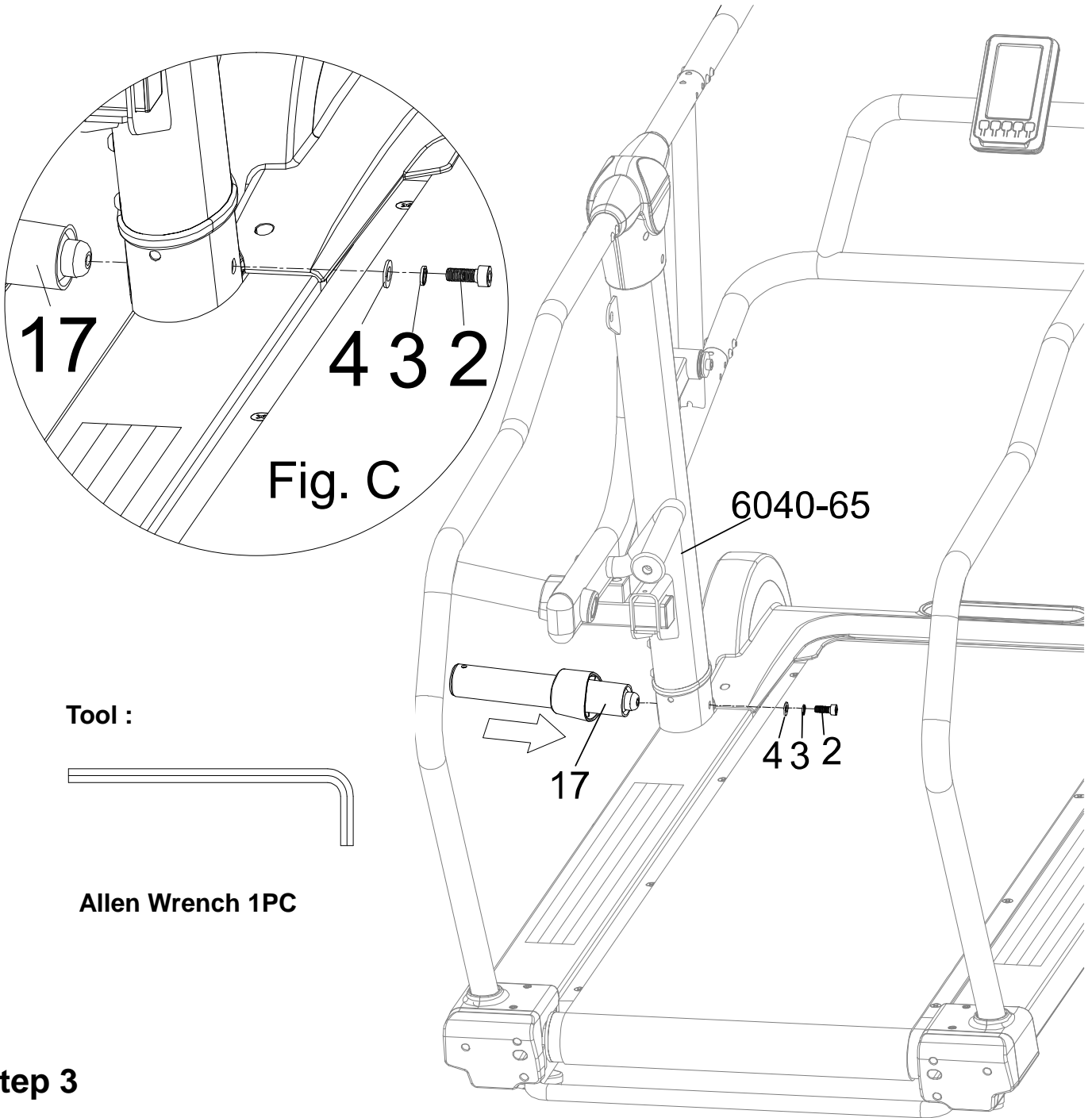


(3) Spring Washer
2 PCS



(2) Screw
2 PCS

ASSEMBLY



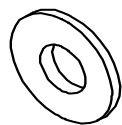
Step 3

3A. Installing the Weight Plate Tube

Attach the **Weight Plate tube (17)** into the threaded hole in the **Left Upright Post (6040-65)** with one **Flat Washer (4)**, one **Spring Washer (3)**, and one **Screw (2)**. Tighten using the **Allen Wrench** provided. See Fig. C.

3B. Repeat step above for the **Right Upright Post (6040-66)**

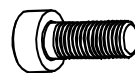
Hardware:



(4) Flat Washer
2 PCS

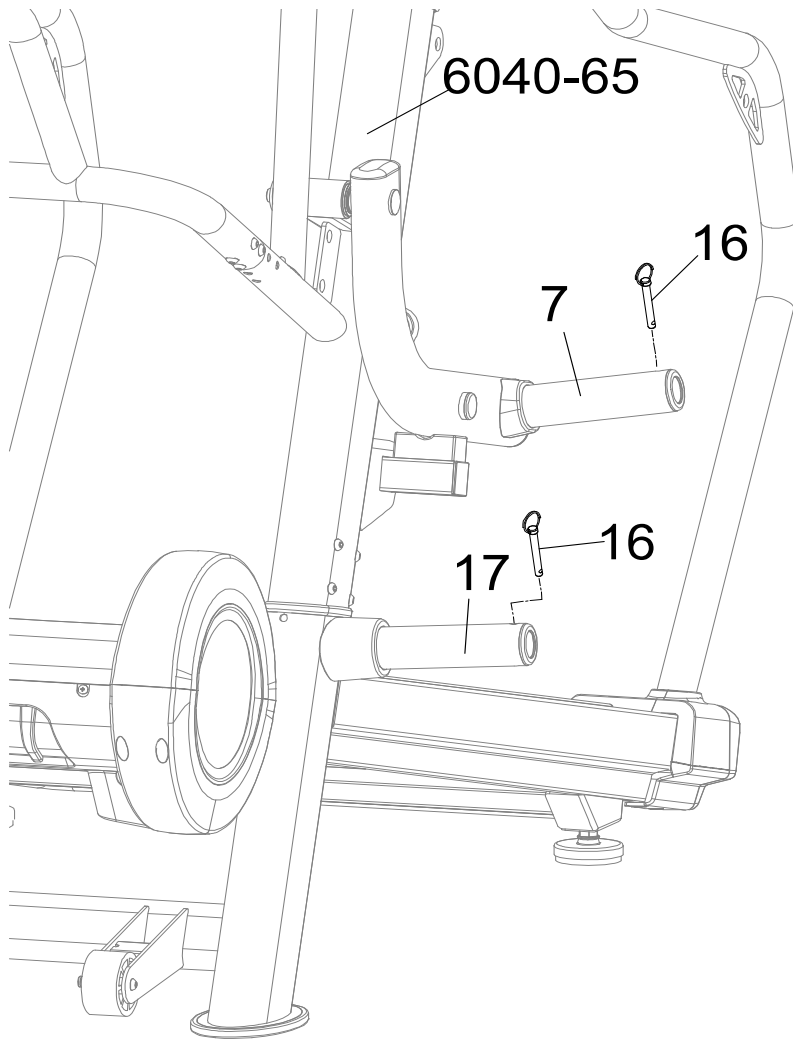


(3) Spring Washer
2 PCS



(2) Screw
2 PCS

ASSEMBLY



Step 4

4A. Installing the Safety Pin

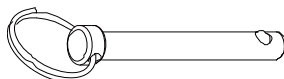
Insert two **Safety Pin (16)** onto the **Lift Arm L (7)** and the **Weight Plate tube (17)** of **Left Upright Post (6040-65)**.

4B. Repeat step above for the **Right Upright Post (6040-66)** side.

WARNING: Always insert the Safety Pins (16) into the weight plate holding tubes after adjusting the weight plates. Failure to do this may cause serious injury.

WARNING: DO NOT EXCEED THE WEIGHT LIMIT FOR THE LIFT ARM TUBES. SEE THE SAFETY GUIDELINE SECTION.

Hardware:



**(16) Safety Pin
4 PCS**

WARRANTY

MANUFACTURER'S LIMITED WARRANTY

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with Paradigm's Owner's Manual. Paradigm's obligation under this warranty applies to the following:

COMPONENT	LENGTH OF WARRANTY
Structural Frame	10 years
Parts	5 year

Exclusions from Warranty Coverage:

Paradigm does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by Paradigm's installation guidelines;
2. Use of this product beyond normal home use, or in an application for which it was not designed;
3. Cosmetic items such as scratches, dents or discolorations;
4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to, among other things, flake, chalk, accumulate dirt or stains.
7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

Paradigm, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by emailing our customer service department:

Service@paradigmhw.com

Open Monday thru Friday 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

- 1. Owner's Manual**
- 2. Model Number**
- 3. Description of Parts**
- 4. Part Number**
- 5. Date of Purchase**

PARTS REQUEST FORM

Paradigm Health & Wellness, Inc.

EMAIL THIS FORM WITH YOUR RECEIPT OF PURCHASE TO

Service@paradigmhw.com

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

TELEPHONE: (Day) _____

(Night) _____

SERIAL#: _____

MODEL#: _____

PURCHASE DATE: _____

PLACE OF PURCHASE: _____

PART #	DESCRIPTION	QTY

“YOUR ORDER WILL BE PROCESSED WITHIN 3 BUSINESS DAYS”

****This form can also be faxed to #: 626-810-2166***