

# FUNCTIONAL NUTRITIONAL EVALUATION

Patient Name: \_\_\_\_\_ AGE: \_\_\_\_\_



## Bones & Joints

Do you have mobility issues, flexibility challenges or joint tenderness?

YES  NO

**Joint-Flex** - For injury / recovery: (velvet antler for glucosamine + white willow bark/"nature's aspirin")

QTY \_\_\_\_\_

**Apothe-Cherry** - For gout: (tart cherries promote healthy uric acid metabolism)

QTY \_\_\_\_\_

**40x Aloe Vera Concentrate** - For arthritic pain and inflammation: (polysaccharides + other anti-inflammatory compounds)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Sleep

Has your injury / health condition affected your ability to sleep comfortably?

YES  NO

Do you get 8 hours of restful sleep every night?

YES  NO

**Apothe-Cherry** - For deep and restful sleep: (tart cherries contain melatonin to normalize circadian rhythms)

QTY \_\_\_\_\_

**Ionic Elements** - For relaxing muscles: (fulvic acid + ocean-derived and plant-derived magnesium)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Energy

Has your injury / health condition affected your ability to exercise?

YES  NO

Have you noticed dips in your energy?

YES  NO

**White American Ginseng Extract** - For mental energy, focus and alertness: (28 active ginsenosides)

QTY \_\_\_\_\_

**Bee Energetic** - For adrenal fatigue: (bee pollen, Cordycep mushrooms, spirulina and more)

QTY \_\_\_\_\_

**Super Xanthin** - For muscle energy: (an antioxidant 550 times more powerful than Vitamin E)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Weight Loss & Cleansing

Have you gained weight since your injury / last visit?

YES  NO

Have you found yourself turning to more caffeine or sugary foods to try and stay active?

YES  NO

**10-Day Transformation Cleanse** - For weight loss, cleansing and metabolic re-set (nutrient-dense superfoods & vegan protein)

QTY \_\_\_\_\_

**Super Meal – L.O.V. (Vanilla Chai or Original)** – Live, Organic & Vegan superfood meal replacement (gluten-free, protein = 20 g, calories=210)

QTY \_\_\_\_\_

**Scoop of Greens** - For stabilizing blood glucose levels (Diabetes Resource Center Seal of Approval)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Anti-Aging

Would you like to be more proactive in your approach to health?

YES  NO

If you had a choice, would you like to look, feel and perform like a younger person?

YES  NO

**Master Amino Acid Pattern** - To keep skin tissue firm, aid in muscle recovery (bioavailable vegan protein)

QTY \_\_\_\_\_

**Renew, Hair, Skin & Nails** - Rebuild collagen from the inside out (Ho Sho Wu, Spirulina, Horsetail, Saw Palmetto, Kelp, MSM)

QTY \_\_\_\_\_

**Revive-It-All** - To increase mental acuity & vigor (Acetyl L-carnitine, alpha lipoic acid, ginkgo biloba, S.O.D.)

QTY \_\_\_\_\_

**Super Life Formula** - Support healthy testosterone levels & circulation (Velvet antler, Long Jax, Ginseng, Ginger, Green-Lipped Mussel)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_

Additional Notes: \_\_\_\_\_

Doctor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Nutritional products cannot cure diseases, however proper diet and targeted nutrition (with the proper medical supervision) can often support the body's natural ability to perform properly. The statements above have not been evaluated by the FDA and are meant only for use by licensed health professionals.

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