

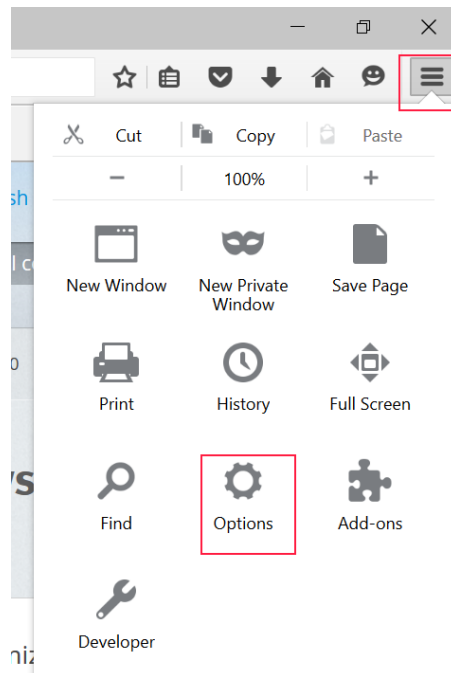


Below are the steps to clear cookies and cache on [Mozilla FireFox Browser](#)

Our Nutritionist Pro Online application sometimes needs browser history cleared to see the new features—Follow these steps below if you are using a Mozilla Firefox browser to clear your history

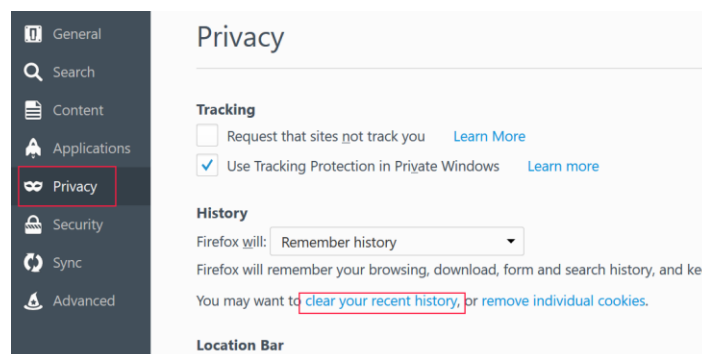
1. Open your Mozilla Firefox browser
2. Pick Options as shown

Figure 1 select options



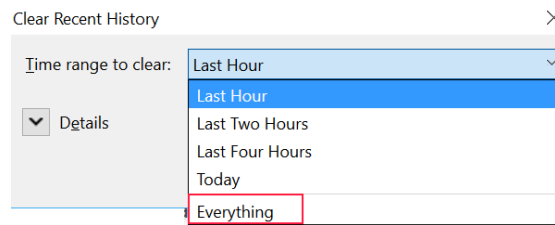
3. On the next screen pick privacy and clear your recent history

Figure 2 clear your recent history under privacy



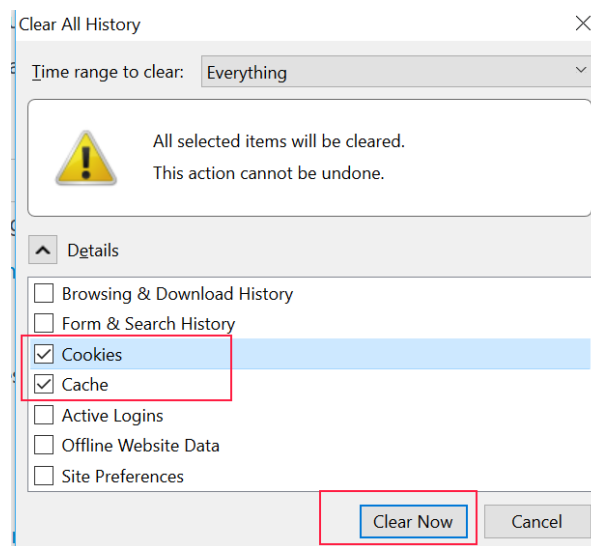
4. Select Everything as an option

Figure 3 pick everything



5. Pick these option as shown

Figure 4 pick these as shown



6. Close all the browser windows

7. Now reboot and restart your machine

8. Wait a few minutes and see the online app the new features should be available to see

9. If you still don't see them please know sometimes your ISP internet provider might hold on to browser history and not clear it right away so it is recommended to wait a few hours if you think that might the case