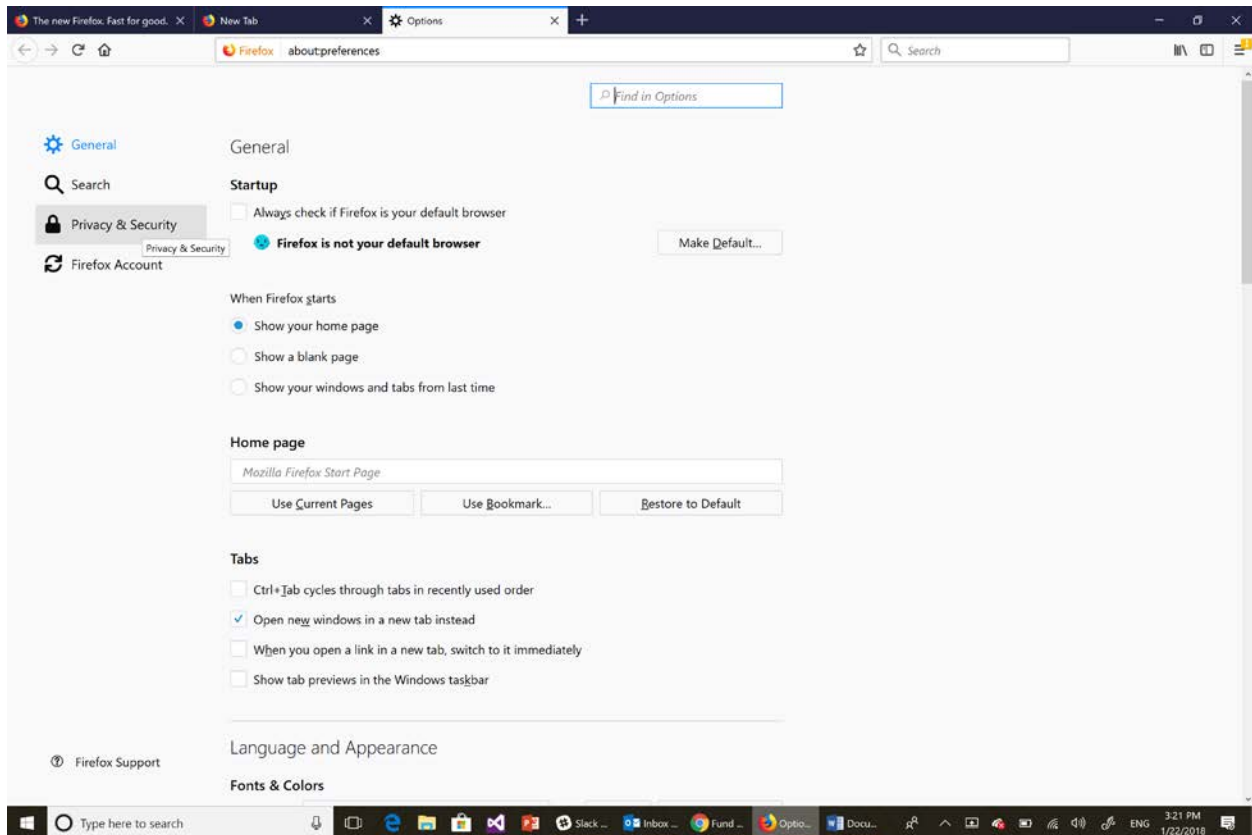


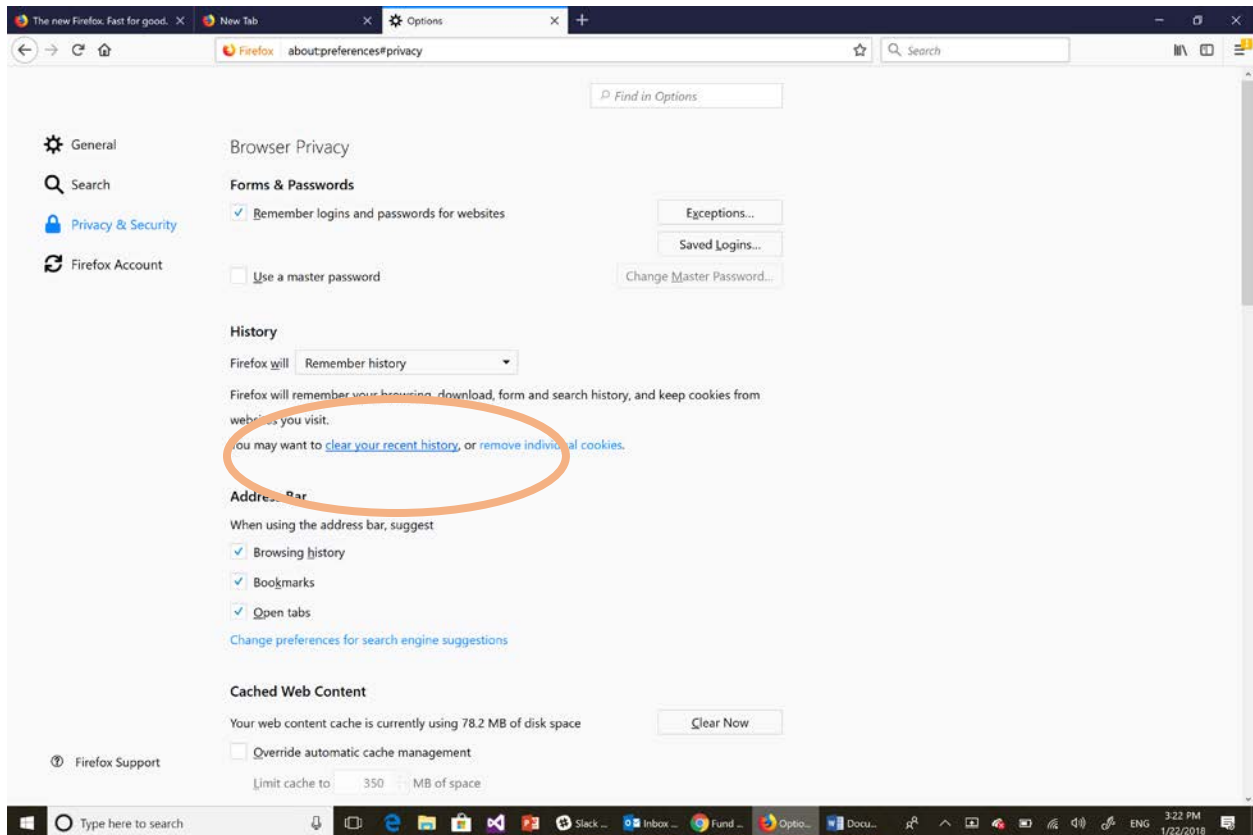
In the top right hand corner, you will see three horizontal lines

Click on the button and the menu will appear

Select Options about half way down the list

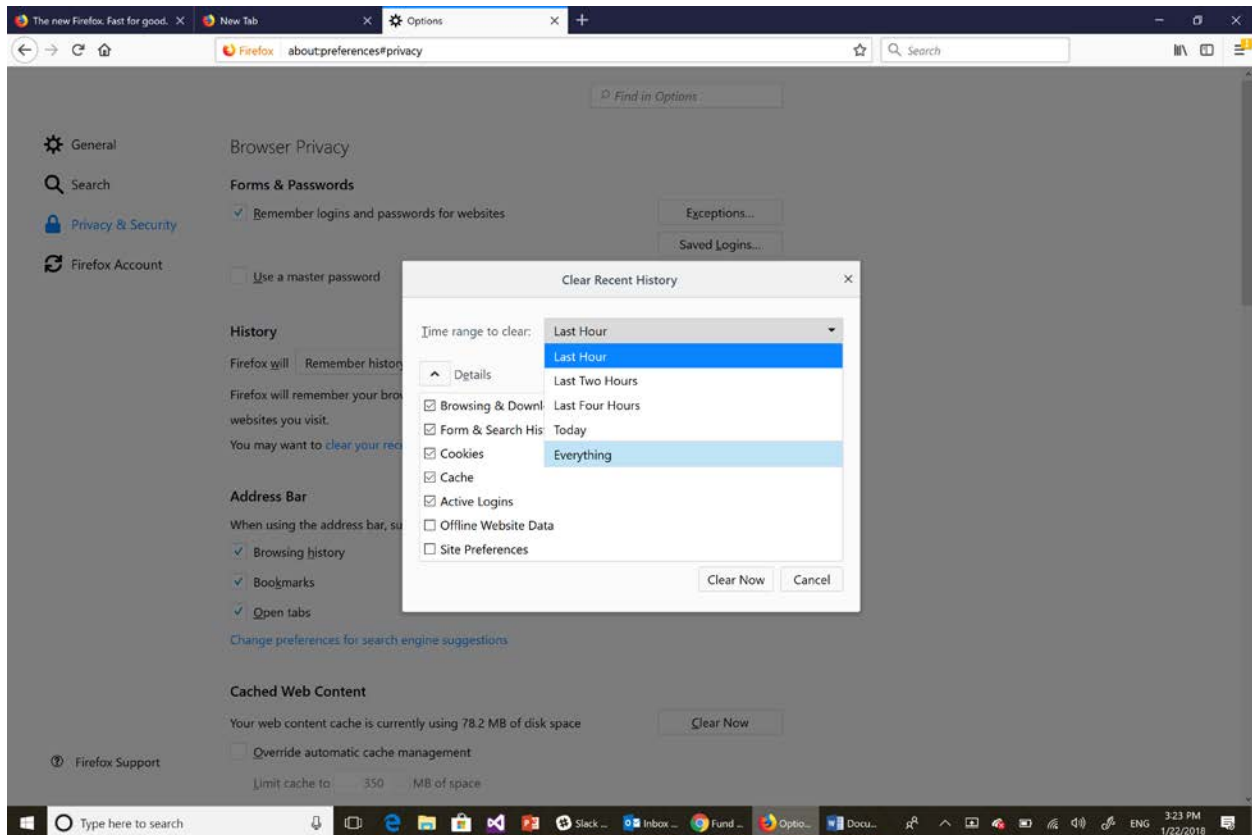


When the Settings screen shows, click on Privacy & Security on the left hand navigation menu.



The screenshot shows the Firefox Options page, specifically the Privacy & Security section. The 'History' section is expanded, showing a dropdown menu set to 'Remember history'. Below this, there is a paragraph of text: 'Firefox will remember your browsing, download, form and search history, and keep cookies from websites you visit.' A red circle highlights the link 'clear your recent history' within this paragraph. Other sections visible include 'Forms & Passwords', 'Address Bar', and 'Cached Web Content'.

Click on [clear your recent history](#) link



A pop up will appear. Click on the drop down field and select Everything. Press the Clear Now Button.

When the clear function completes it will return you to the settings form. Close all the way out of FireFox by pressing the X in the right hand corner.

Then you can restart FireFox and browse to the Gabriel app which is at: <https://app.gabrielsoft.com>