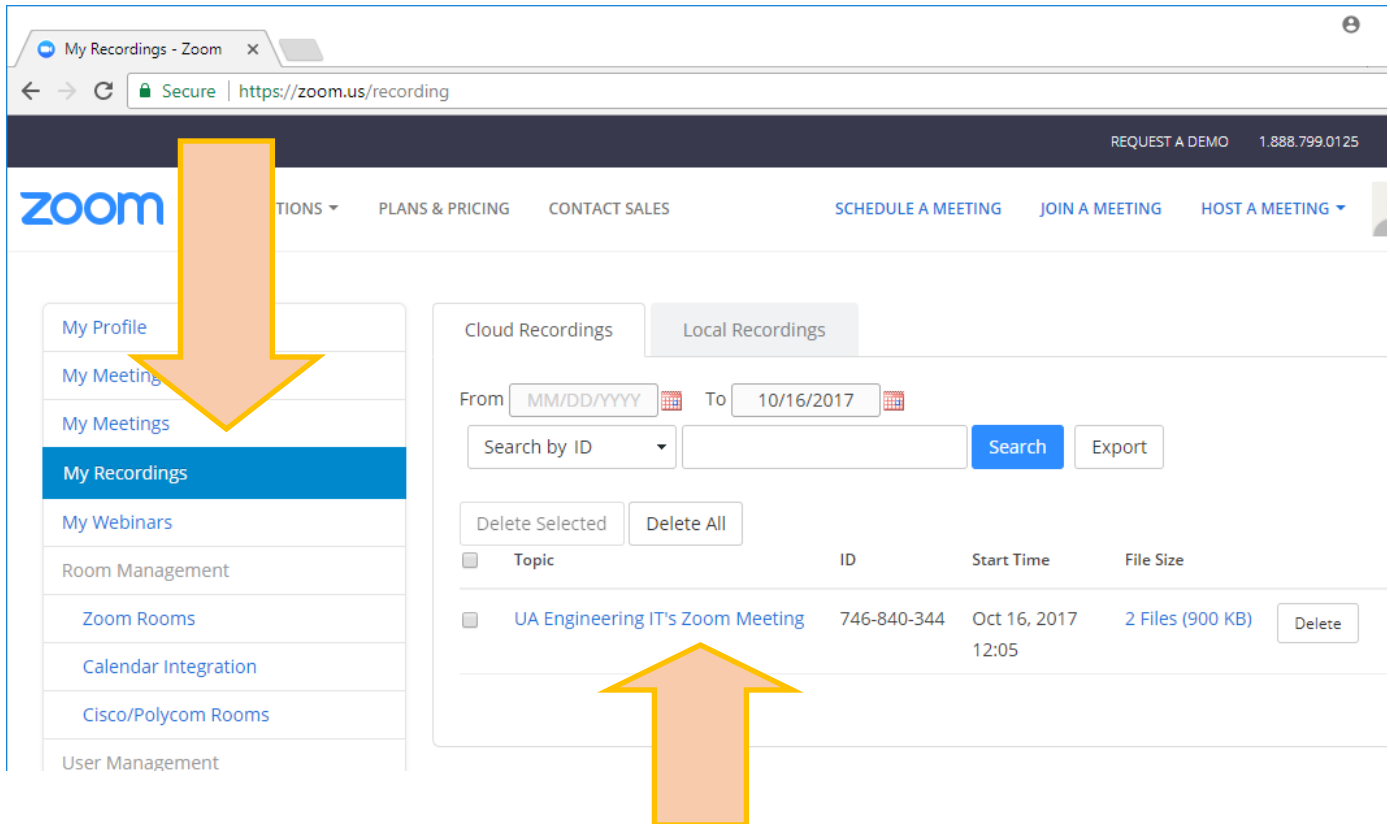
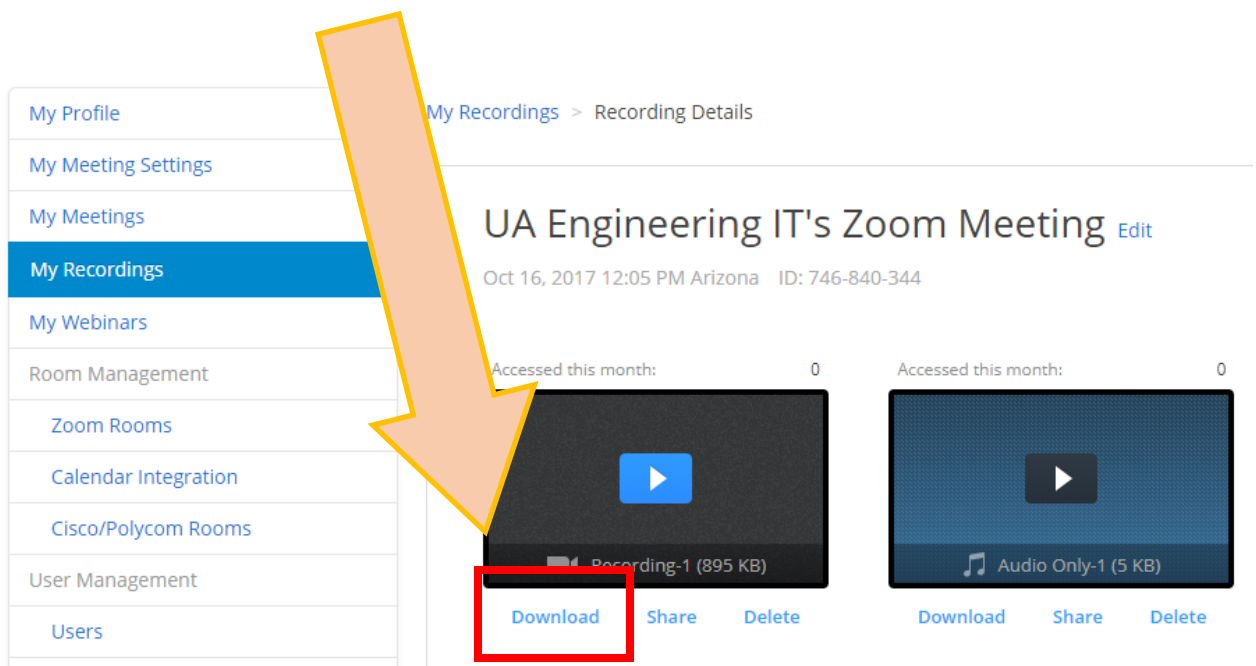


# Moving Zoom Cloud Recordings to Panopto

1. Go to <https://zoom.us> and login with your account credentials.
2. Go to *My Account* and select **My Recordings** from the left pane.

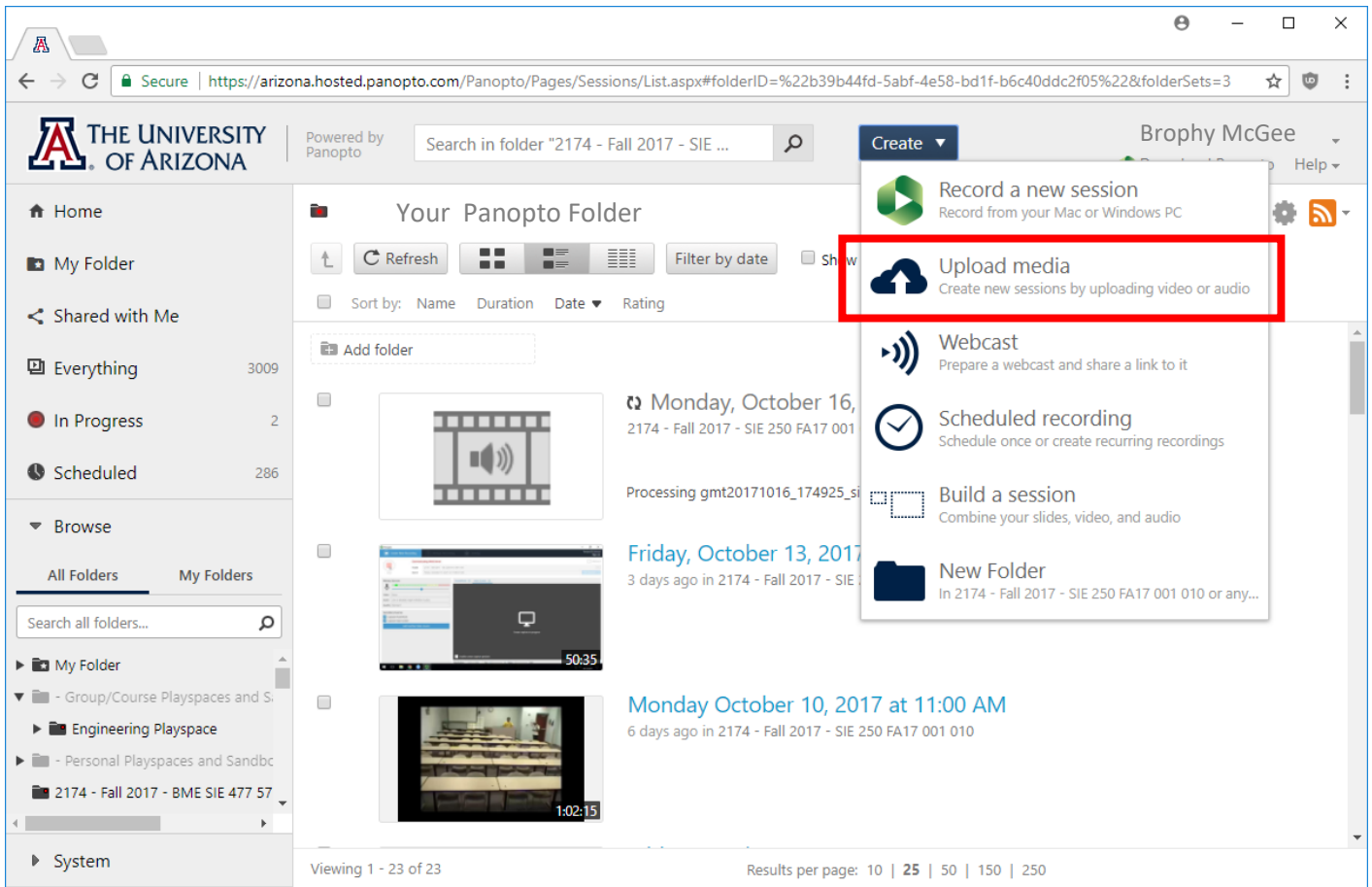


3. Click on the link for the session you want to move to Panopto.
4. Click on the download link for the video recording.



5. Go to your Panopto folder and click the **Create** button.

6. Click on **Upload media**



7. On the next upload screen, choose the MP4 file you just downloaded from Zoom and the upload will begin.

