SLEEP SAT

Patient Guide

This Oximetry test has been ordered by your clinician to monitor your oxygen levels and heart rate while you sleep.

(!) There is no alarm on the SleepSat device, and it is not intended for real time monitoring.

For Best Results

- Remove nail polish.

- Avoid laying on the hand with the sensor, putting it above your head, or tucking it underneath a pillow.

- Turn the oximeter on ONLY when you are IN BED and ready to fall asleep.

- If the finger sensor irritates your finger, switch to a different finger.

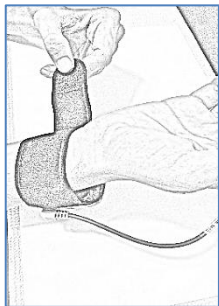- Charge device fully between nights.

When You Are Ready For Bed:

1

Plug finger sensor into SleepSat wrist unit.
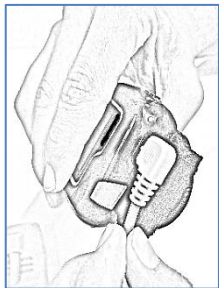
2

Put wrist band on your non-dominant arm. Adjust to fit.

3

Insert one of your fingers into the sensor.

(!) Make sure your finger is inserted COMPLETELY! Your fingertip should touch the end of the sensor.

4

Attach the sensor cable loosely to the back of the hand.

Press in on the power button firmly until the display lights up. Lie still for 2 minutes before falling asleep

(!) IF THE FINGER SENSOR COMES OFF OR IS REMOVED DURING THE NIGHT, OR, IF THE WRIST UNIT CONTINUALLY FLASHES "SEN OFF":

Put the sensor back on, making sure your finger is inserted completely. Press the power button firmly until the display lights up.

6

Take the oximeter off.
The oximeter will turn OFF
automatically after 2 minutes.

7

IF TESTING MULTIPLE NIGHTS:

Remove probe and plug
SleepSat into USB Charger.

Charge the
SleepSat
for 4-6
hours, then
repeat
steps 1-6.

AT THE SCHEDULED DROP-OFF TIME:

As instructed by your healthcare provider, return all equipment including:

- ✓ SleepSat Wrist Unit
- ✓ Finger Sensor
- ✓ This Instruction Card
- ✓ Wall Charger & Cable (If provided)