

Nocturnal Pulse Oximetry Instructions

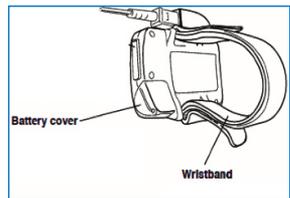
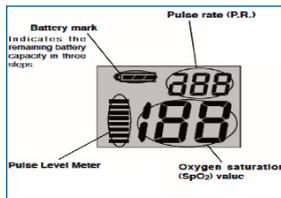
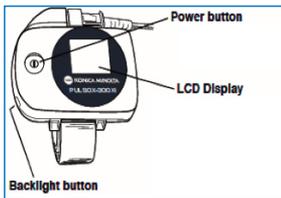
Patient Instructions

Start Here

This Oximetry test has been ordered by your clinician to monitor your oxygen levels and heart rate while you sleep. In order to obtain a quality test, you must closely follow these instructions.

What's in the box? We enclose the PULSOX 300i. This measures your oxygen and heart rate overnight.

Get to know your device:



Tips for Testing

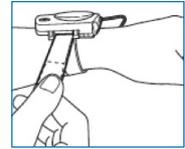
- Your provider may have you repeat the test for one or more nights. Follow the testing instructions provided for the prescribed number of nights. The oximeter must be turned OFF in the morning, and back ON when you are ready to fall asleep the next night.
- If the finger probe comes off your finger, simply put the probe back on your finger. Don't press any buttons as the machine will reset itself and continue recording your oxygen and heart rate.
- If the sensor irritates your finger, switch it to another finger.
- Try to sleep as usual.
- If you get up during the night, you can take the oximeter with you or turn the oximeter OFF and leave it by the bed. If you leave the oximeter by the bed, remember to turn it back ON when you return to bed.

Prepare Your Device

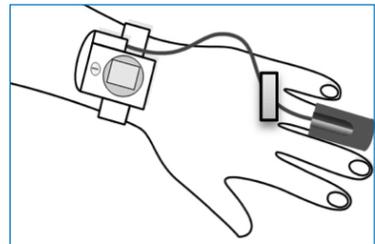
1. Once you are ready for bed, put the wrist band on your left arm. If you are left-handed, put it on your right arm.
2. Place the finger probe on one of your fingers.
3. Attach the probe cable loosely to the back of the hand with tape or a Band-Aid (as shown). If there is a cloth probe cover in your kit, put the probe on the finger first, then place the cloth probe cover over top of the probe. **DO NOT TAPE THE PROBE AROUND THE FINGER**, this could impede your circulation to the finger.



Attach PULSOX 300i to the arm by inserting your hand through the Wrist Band



Adjust the fastening position of the hook-and-loop tape to adjust the tension of the band.



Run the Test

Note: Turn the oximeter on **ONLY** when you are **IN BED** and ready to fall asleep. Please try to avoid fast movement of the hand or fingers, but don't worry if you move during sleep.

1. Press in firmly on the round power button for 5 seconds or until the display lights up. Several numbers and letters will appear in a brief sequence, then the machine starts recording heart rate and oxygen levels.
2. **Lay with your hand still for 5 minutes, then go to sleep.**
(this is important for obtaining your normal oxygen levels while you are awake)
3. In the morning:
Before getting out of bed, turn the oximeter OFF by holding down the power button until the numbers go off.
4. Return the machine the following morning or at the scheduled drop-off time.

