



Ellevate Squads Goal Worksheet

At Ellevate, helping you get the most out of the time and energy you put in - whether it's at one of our events or when meeting with your Squad - has always been a priority. In your Squad, you'll have an opportunity to network efficiently and build deep relationships; you also have an opportunity to get career advice from a diverse group of women.

We've seen that doing some self-reflection and setting goals for the time you spend with your Squad will help you get the most out of the experience.

Set aside at least 15 minutes in the weeks before your Squad's Kick Off to work through the following questions.



Introducing Yourself to your Squad

If you had to describe your life in three sentences, what would you say?

What parts of your usual elevator pitch are the most awkward, or make you uncomfortable?

How will you introduce yourself to your Squad?

Career Self-Reflection

What three adjectives would you use to describe yourself?

- 1.
- 2.
- 3.

What are your three top areas of interest?

- 1.
- 2.
- 3.

What skills do you want to use more of in your career?

What types of problems do you most like to solve?

Clarifying Your Next Steps

Do you already know what you want to do next? (Why not?)

What roadblocks do you face?

What goals could you set for the next 12 weeks?

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For each, what situation or questions might you want to bring up at your Hot Seat?

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For each, how might you measure your progress?

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