

VIRTUAL CARE



Skip the waiting room! Speak to a world class doctor, get diagnosed and prescribed medication by phone, computer or mobile app

- Coughs, colds and flu
- Sore throats
- Ear problems
- Urinary discomfort
- Minor skin conditions
- Minor injuries

COST

If you are on a GU medical insurance plan, the cost is

FREE!!

CONVENIENT CARE



Convenient Care is a great choice when you can't get in to see your regular doctor – no appointment necessary – to treat minor health issues, including:

- Coughs, colds and flu
- Sore throats
- Ear problems
- Urinary discomfort
- Minor skin conditions
- Minor injuries

COST

You can see a health care professional for about the same cost as a visit to your regular doctor.

\$

URGENT CARE (UC)



Most UC's can treat the same things as a CC, plus:

- Sprains & strains
- Possible broken bones
- Simple cuts, puncture wounds
- Minor burns
- Animal or insect bites
- Flu, strep or mono

COST

The cost is higher than the Convenient Care, but less than a visit to the ER.

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EMERGENCY ROOM (ER)



CC and UC are not substitutes for the emergency room. For serious or life-threatening problems such as many of the following, call 911 immediately!

- Severe breathing difficulty
- Chest pain
- Fast heartbeat (more than 120-150)
- Someone faints or is unresponsive
- Difficulty speaking
- Heavy bleeding
- Broken bones visible through the skin
- Drowning
- Choking
- Severe burns
- Allergic reaction with breathing difficulty
- Extremely hot or cold
- Poisoning or drug overdose
- New severe headache
- Sudden intense severe pain
- Sudden blindness/vision change

COST

For conditions that are not severe or life-threatening, the ER is your most expensive choice, with average co-pays of \$250 or more.

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OR