

East Shore Specialty Foods

Nutritional Information

5oz Waffle Pretzels

Nutrition Facts	
About 4.5 servings per container	
Serving Size About 17 pretzels (30g)	
Amount Per Serving	
Calories 120	
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate 24g	9%
Dietary Fiber <1g	3%
Total Sugars 0g	
Includes 0g	Added Sugars 0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 2mg	10%
Potassium 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:
 ENRICHED WHEAT FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), SALT, HIGH OLEIC CANOLA OIL AND/OR SOYBEAN OIL, CONTAINS LESS THAN 2% OF CORN SYRUP, BARLEY MALT EXTRACT, LEAVENING (Yeast, Sodium Bicarbonate And/Or Ammonium Bicarbonate).

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

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