

East Shore Specialty Foods

Nutritional Information

5oz Honey Wheat Pretzels

Nutrition Facts	
About 4.5 servings per container	
Serving Size About 7 pretzels (30g)	
Amount Per Serving	
Calories 120	
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 5g	Added Sugars 10%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2.1mg	10%
Potassium 60mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:
 INGREDIENTS: ENRICHED WHEAT FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), WHOLE WHEAT FLOUR, SUGAR, BROWN SUGAR, VEGETABLE OIL (May Contain One Or More Of The Following: Canola, Corn, Soybean), HONEY, SALT, YEAST.

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

www.eastshorefoods.com
 EAST SHORE SPECIALTY FOODS, INC.
 643 CARDINAL LANE
 HARTLAND, WI 53029