

East Shore Specialty Foods

Nutritional Information

4oz Sugar & Spice

Nutrition Facts

About 4 servings per container

Serving Size 10 pretzels (30g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 3g 4%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 270mg 12%

Total Carbohydrate 22g 8%

Dietary Fiber 2g 7%

Total Sugars 2g

Includes 2g Added Sugars 4%

Protein 3g

Vitamin D .2mcg 2%

Calcium 10mg 0%

Iron 1.2mg 6%

Potassium 50mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PRETZELS [UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE-B1, RIBOFLAVIN-B2, FOLIC ACID), YEAST, SOYBEAN OIL, SALT, MALT, SODA], CORN OIL, SUGAR, LESS THAN 2% OF: CINNAMON, VANILLA (WATER, CANE ALCOHOL, VANILLA BEAN EXTRACTIVES, SUGAR), NUTMEG, GROUND GINGER, OLEORESIN ROSEMARY [SOYBEAN OIL, NATURAL FLAVOR (SPICE EXTRACTIVES), CANOLA OIL].

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 6 Months

www.eastshorefoods.com
EAST SHORE SPECIALTY FOODS, INC.
643 CARDINAL LANE
HARTLAND, WI 53029