

# East Shore Specialty Foods

## Nutritional Information

### 8oz Skinny Dipping Pretzels

#### Nutrition Facts

About 8 servings per container

Serving Size About 32 pretzels (30g)

Amount Per Serving

**Calories 120**

% Daily Value\*

<b>Total Fat</b>	1g	<b>1%</b>
Saturated Fat	0g	<b>0%</b>
Trans Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	320mg	<b>14%</b>
<b>Total Carbohydrate</b>	24g	<b>9%</b>
Dietary Fiber	<1g	<b>0%</b>
Total Sugars	0g	
Includes	0g	Added Sugars <b>0%</b>
<b>Protein</b>	3g	
Vitamin D	0mcg	0%
Calcium	9mg	0%
Iron	2mg	10%
Potassium	42mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), SALT, CONTAINS LESS THAN 2% OF HIGH OLEIC CANOLA OIL AND/OR SOYBEAN OIL, LEAVENING (Yeast, Sodium Bicarbonate and/or Ammonium Bicarbonate), CORN SYRUP, BARLEY MALT EXTRACT.

**CONTAINS: WHEAT**

Shelf Life: 7 Months

www.eastshorefoods.com  
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