

East Shore Specialty Foods

Nutritional Information

2oz Honey Wheat Pretzels

Nutrition Facts		
1 serving per container		
Serving Size 1 package (57g)		
Amount Per Serving		
Calories		230
% Daily Value*		
Total Fat	3.5g	4%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	330mg	14%
Total Carbohydrate	41g	15%
Dietary Fiber	3g	11%
Total Sugars	10g	
Includes 9g	Added Sugars	18%
Protein	5g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	4mg	20%
Potassium	120mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), WHOLE WHEAT FLOUR, SUGAR, BROWN SUGAR, VEGETABLE OIL (May Contain One Or More Of The Following: Canola, Corn, Soybean), HONEY, SALT, YEAST.

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

www.eastshorefoods.com
EAST SHORE SPECIALTY FOODS, INC.
643 CARDINAL LANE
HARTLAND, WI 53029