

East Shore Specialty Foods

Nutritional Information

10oz Honey Wheat Pretzles

Nutrition Facts

About 9 servings per container

Serving Size About 7 pretzels (30g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat	2g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	180mg	8%
Total Carbohydrate	22g	8%
Dietary Fiber	1g	4%
Total Sugars	5g	
Includes	5g	Added Sugars 10%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	2.1mg	10%
Potassium	60mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), WHOLE WHEAT FLOUR, SUGAR, BROWN SUGAR, VEGETABLE OIL (May contain one or more of the following: Canola, Corn, Soybean), HONEY, SALT, YEAST.

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

www.eastshorefoods.com
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